



Fresh, Friendly and Local - Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL

View our flyer online at www.powellsnl.ca



\$3.77
PER LB.
\$8.31/KG.

Fresh Country Ribbon Value Pack Bone-In Split Chicken Breast



\$13.99
PER LB.
\$30.85/KG.

Cut From AA or Higher Grades Beef Value Pack T-Bone Grilling Steak



\$3.99
PER LB.
\$8.80/KG.

Fresh Pork Side Ribs



\$2.79
PER LB.
\$6.15/KG.

5kg Average Sous Chef Seasoned Turkey



500ml Diana Sauce



Product of Canada Romaine Lettuce



375-500ml E.D. Smith Regular or NSA Triple Fruit Jam



12x355ml Coke or Pepsi & Flavours, AHA, Dasani or Bubly Water



1.28kg Imperial Soft Margarine



398ml Bush's Baked Beans



600ml Catelli Garden Select Pasta Sauce



570g Dempster's Holsum Bread Buns or 8pk Hotdog or Hamburger



Product of US Cherries



300-380g Selected General Mills Cereal



3lt Unico Vegetable Oil

PRICES ARE IN EFFECT JULY 3-9, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
3	4	5	6	7	8	9

\$2⁹⁹

67-120g JMS Lunchmates

\$4⁸⁸

350g Purity Tea Vees

\$6⁸⁸

8x93ml Danino Drinkable Yogurt

\$5⁸⁸

454g Swift Premium Cooked Ham

\$11⁸⁸

4roll Bounty Paper Towels 4-6

\$3⁸⁸

900g Catelli Pasta

\$12⁸⁸

404-502g Piatto@Home Pizza

\$6⁸⁸

890ml Hellmann's Mayonnaise

\$7⁸⁸

320-400g Cracker Barrel Cheese Bars or Shreds

\$7⁴⁴

850g Kraft Cheese Pizza Mix

2/\$6⁵⁰

180g Selected Christie Ritz Crackers

2/\$4⁸⁸

398ml Hunt's Manwich Sauce

3/\$5

1lt Graves Apple Juice

\$2⁹⁹

398ml Delmonte Fruit

\$2⁸⁸

250g Minue Rice RTS

\$1⁸⁸

354ml Dairy Isle Regular or 2% Evaporated Milk

\$4⁴⁴

1.8lt Arctic Power Laundry Detergent

\$14⁸⁸

10kg Robin Hood Flour

\$5⁸⁸

1.5lt Scotsburn Family Favourites Ice Cream or 12ct Ice Cream Sandwiches

\$4⁹⁹

828-946ml Nestle Coffee Mate Liquid

\$5⁸⁸

72ct Tetley Tea Bags

\$4⁸⁸

475ml Kraft Sandwich Spread

\$9⁹⁹

12ct Royale Bathroom Tissue Double Roll

2/\$4⁴⁴

156g Maple Leaf Flakes of Meat

Powell's Supermarket Community Corner

We sell & fill helium balloons!

Did you know that Powell's Bay Roberts sells and fills helium balloons?! We have a large selection of balloons for special occasions including birthdays, anniversaries, showers and so much more! Ask us about our big "number" balloons and our balloon bouquets.

We are your one-stop party shop! Grab your cake, greeting cards and balloons at your local Powell's!

2/\$5

6pk Selected Hostess Snacks



Your Newfoundland Butcher

\$7⁹⁹
PER LB.
\$17.62/KG.



Cut From AA or Higher Grades Beef Value Pack Boneless
Inside Round Marinating Steak

\$7⁹⁹



900g Larsen
Wieners

\$3⁹⁹
PER LB.
\$8.80/KG.



Tray Pack Frozen
Turkey Wings

\$3⁹⁹
PER LB.
\$8.80/KG.



Fresh Boneless
Pork Sirloin Chops

\$9⁹⁹



1kg Sunrise
Baby Bologna

\$12⁹⁹



1.75kg Atlantic's Best
Salt Riblets

\$10⁹⁹



510g Leadbetter's Muskoka
Smash Burger

\$4⁹⁹
PER LB.
\$11.00/KG.



Tray Pack Atlantic's Best
Homestyle Puddings

\$7⁹⁹
PER LB.
\$17.62/KG.



Made From Fresh
or Frozen Portions Value Pack
Lean Ground Beef

2/\$3



113g
Frozen
Beef Liver

\$9⁹⁹



695g Maple Leaf Prime
Chicken Wings

\$5⁹⁷



375g
Maple Leaf
Bacon

\$4⁹⁹



250g Sunrise
Salami or Pepperoni Stick

\$6⁷⁷



300g
Maple Leaf
Fully Cooked
Sausage Rounds or Links

FRESH. FRIENDLY. LOCAL



Deli

\$3⁹⁹



250g Chris Brothers
Polish, Garlic or Maple Sausage

\$2⁴⁹
PER 100G



Store Sliced Deli Classic
Cooked Roast Beef

\$2⁹⁹



250g Chris Brothers
Sandwich Pack

\$12⁴⁹



1200g Instore Family Size
Picnic Combo Salad

FRESH. FRIENDLY. LOCAL



From the Sea

\$5⁹⁹

4oz Quinlan
Crab Au Gratin



\$12⁹⁹
PER LB.
\$28.64/KG.



Fresh Atlantic
Salmon Fillets

\$8⁹⁹



400g Mirabel
Cooked Shrimp

\$9⁹⁹



700g
High Liner
Family Pack
Fish Sticks

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$6⁹⁹
HEAD



Product of Canada
Cauliflower



\$3⁹⁹
PER LB.
\$8.80/KG.

Product of US
Nectarines



\$3⁹⁹
PER LB.
\$8.80/KG.

Product of Canada
Red Pepper

\$4⁹⁹
PER LB.
\$11.00/KG.



Product of US
Plums

\$1²⁹
BUNCH



Product of Mexico
Green Onions

\$1³⁹
PER LB.
\$3.06/KG.



Product of US
Watermelon Pieces



\$5⁹⁹



3lb Product of Canada
Red Delicious Apples

\$6⁹⁹
PER LB.
\$15.41/KG.



Product of Canada
White Mushrooms

\$2⁶⁹



2lb Product of Canada
Yellow Onions

\$6⁹⁹



3lb Product of Egypt
Oranges

\$2⁷⁹
PER LB.
\$6.15/KG.



Product of Canada
Hot House Tomatoes

FRESH. FRIENDLY. LOCAL



Dairy

\$3⁸⁸



225g Cool Whip
Aerosol

2/**\$4⁸⁸**



226g Pillsbury
Crescent Rolls

\$4⁹⁹



129g Black Diamond
Combos

\$5⁷⁷



180g Armstrong
Combos

FRESH. FRIENDLY. LOCAL



Frozen

\$3⁴⁴



750g Cavendish
Crispy Coat Fries

\$7⁸⁸



620g Apple Valley NSA
Baked Blueberry Pie

2/**\$3**



295g Minute Maid
or Fruitopia
Frozen Punch

\$3⁸⁸



227g Furlani
Garlic Knots

FRESH. FRIENDLY. LOCAL

\$15⁸⁸



48ct Kellogg's Family Size
Eggo's

\$5⁸⁸



280-338g Swanson
TV Dinners

\$3⁸⁸



250g Giuseppe
Paninis

\$5⁹⁹



540-600g McCain
Beef Taco, Cheeseburger or Pizza Pockets



Bakery

\$11⁹⁹

Baked In-Store

Watermelon Cake



\$2⁹⁹

Sugar Free, Fat Free White Bread



Baked In-Store

\$3⁶⁰



2pk Golden Crust Gracie's Cream Donuts

\$6⁴⁹

6pk Assorted Cupcakes

Baked In-Store



\$16⁹⁹

2.5lb Golden Crust Ring Cakes



Baked In-Store

Baked In-Store

\$2⁹⁹

3 Bun Homestyle White Bread



\$3⁶⁹

6pk Golden Crust Kaiser Rolls



STARTING AT

\$6⁹⁹

Powell's Artisan Sourdough Bread



Powell's Artisan

\$4⁶⁹

6pk Golden Crust Plain, Raisin, Blueberry or Coconut Mandarin Tea Buns



FRESH. FRIENDLY. LOCAL

\$

PRICES ARE IN EFFECT UNTIL JULY 16, 2025

Smart Shopper

\$3⁴⁹



1lt Fairlee Pineapple Juice

\$4⁹⁷



450g Christie Premium Plus Crackers

\$5⁸⁸



340g Birds Custard Powder

2/\$7



341ml VH Cooking Sauce

\$2⁸⁸



170ml Fussell's Cream

\$7⁹⁹



1.2-1.4kg Minute Rice

\$4⁷⁷



6pk Dempster's Bagels

3/\$5



591ml Dasani Water

\$1⁸⁸



284ml Heinz Tomato Soup

\$3⁹⁹



317g Giuseppe Garlic Fingers

2/\$6



295ml French's Worcestershire Sauce

\$1⁸⁸



126ct Scotties Tissues

FRESH. FRIENDLY. LOCAL

Personal Care

\$3⁹⁹



346ml Herbal Envy Shampoo & Bodywash

\$5⁸⁸



621ml Ivory Bodywash

\$5²⁹



24ct Advil Tablets or Caplets Regular Strength

\$6⁸⁸



20ct Gravol Natural Source Antinauseant

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks

\$3.88



48ml Mio, Kool Aid or Tang Water Enhancer

2/\$8.50



190-200g Miss Vickie's Potato Chips

99¢



473ml Snapple Beverage

3/\$5



62-85g Selected Hershey King Size Bars

\$4.44



8x295g Kellogg's Nutri-Grain Bars

2/\$4.88



2lt Fruite Drinks

2/\$4.88



120g Mike & Ike Candy

\$3.44



200-235g Old Dutch XXL or Ridgies Potato Chips

\$5.49



6x591ml Gatorade

2/\$4



99g Clover Leaf Snacks

\$3.99



142g Popcorners Snacks

2/\$4.88



4lt True North Water

FRESH. FRIENDLY. LOCAL



Furry Friends

\$13.88



7lb Iams Mini Chunks With Chicken Adult Dry Dog Food

\$8.99



1.36kg Meow Mix Salmon & Chicken Cat Food

4/\$5



156g Friskies Cat Food

\$1.99



196g Smucker's Snausages Dog Treats

2/\$7



630g Pedigree Dog Food

\$3.44



170g Friskies Party Mix

FRESH. FRIENDLY. LOCAL



House and Home

\$4.44



1.2lt Lysol Multi Purpose Cleaner

\$1.99



30m Glad Cling Wrap

\$12.99



26ct Cascade Platinum Dishwasher Tabs

\$5.88



385-946ml Scrubbing Bubbles Easy Peasy Multi-Purpose Cleaner

\$4.77



1.36lt Fleecy Fabric Softener

\$2.88



35ct Clorox Wipes Lemon Fresh

FRESH. FRIENDLY. LOCAL

More Great Deals

\$1.88



213ml Gattuso Pizza Sauce

\$3.97



600g Dempster's Whole Grain Bread

\$4.88



946ml Royal Oak Lighter Fluid

\$3.44



72g Knorr Packets

\$6.99



8.3lb Grill Time Charcoal

\$11.88



10ct Starbucks K-Cups

\$2.77



400g Ambrosia Custard or Rice Pudding

\$5.88



180g Purity Salt Fish Can

FRESH. FRIENDLY. LOCAL