



Fresh, Friendly and Local – Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

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View our flyer online at
www.powellsnl.ca



\$2⁴⁹
PER LB.
\$5.49/KG.

Fresh Country Ribbon Value Pack
Whole Chicken Legs



\$7⁹⁹
PER LB.
\$17.62/KG.

Cut From AA or Higher Grades Beef
Cross Rib Oven Roast



\$3⁴⁴
PER LB.
\$7.58/KG.

Fresh Bone-In Value Pack
Pork Butt Chops



\$19⁹⁹

2kg Fully Cooked
Breaded Chicken Wings



\$3⁹⁹

450g Kraft
Cheez Whiz



\$5⁹⁹

1lb Product of Canada
Strawberries



\$3⁴⁴

500g Liberte **Mediterranee** or
650g Yoplait Source Protein **Yogurt**



\$4⁴⁴

2lt Old Dutch
Laundry Detergent



4/\$5

43-113g Idahoan
Mashed Potatoes



\$3⁹⁹

850g Parkay
Soft Margarine



2/\$15

12x355ml
Coke or Pepsi & Flavours



2/\$6⁵⁰

550-675g Villaggio Thick Sliced **Bread**
or 6-8pk Toscana **Buns**



\$3⁹⁹

3pk Product of Canada
Romaine Hearts



3/\$5

398ml Heinz
Beans or Pasta



\$1⁹⁷

375-404g
Betty Crocker
Cake Mix

PRICES ARE IN EFFECT SEPTEMBER 24 - 30, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
24	25	26	27	28	29	30



2/\$4⁸⁸

156g Burns
Flakes of Meat



\$1⁴⁴

165g Gattuso
Pizza Flour



\$6⁸⁸

946ml
Mazola
Oil



\$2⁷⁷

340-450g
Betty Crocker
Frostings



\$6⁹⁹

320-400g Black Diamond
Cheese Bars or Shreds



\$5⁸⁸

620g Apple Valley Baked
Rhubarb Strawberry Pie



\$2⁹⁹

680ml Hunt's Thick & Rich
Pasta Sauce



3/\$5

200g Kraft Dinner
Original



\$9⁹⁹

12ct Royale Double Roll
Bathroom Tissue



\$2⁷⁷

620ml Mott's
Fruitsations
Apple Sauce



2/\$5

960ml Del Monte
Orange
Juice



\$4⁷⁷

410-600ml
Classico
Pasta Sauce



\$4⁴⁴

905g Pearl Milling
Pancake Mix
or 710ml Syrup



3/\$5

110g
Mr Noodles
Bowls



\$4⁴⁴

250-510g
Old El Paso
Taco Kits



\$3⁸⁸

900g
Selected
Catelli
Pasta



\$4⁷⁷

2x120g Bonta Divina
Dessert Cups



\$2⁸⁸

900ml Campbell's
Tetra Broth



\$3⁴⁹

6-10pk
Dempster's
10" Tortilla Wraps



\$9⁹⁹

3pk Royale Tiger
Paper Towels



\$5⁸⁸

204-288g Schneiders
Breakfast Sandwiches
or Egg Bites



\$2⁷⁷

120g Kraft
Stove Top
Stuffing



2/\$4⁴⁴

354ml Carnation Regular or 2%
Evaporated Milk



\$12⁸⁸

2.6kg
Minute Rice



\$6⁸⁸

2.5kg
Robin
Hood
Flour



\$5⁸⁸

16x100g Yoplait Source
Yogurt

Powell's Supermarket *Community Corner*

COFFEE BREAK FOR A CAUSE!

During the month of September, make your coffee matter!
Enjoy your choice of tea or coffee and a baked in-store
blueberry flakie for \$5, with \$1 from every purchase
donated to the Alzheimer Society, NL.

Nan's Kitchen
Coffee Break
in support of
Alzheimer Society

\$5 PLUS TAX

Tea or Coffee &
Baked In-Store
Blueberry Flakie

\$1 from every purchase
will be donated to the
Alzheimer Society, NL



\$3²⁹

1lt Primo
Ketchup



Your Newfoundland Butcher

\$9⁹⁹
PER LB.
\$22.02/KG.



Cut From AA or Higher Grades Beef Value Pack
Boneless Stewing Beef

\$3⁹⁹
PER LB.
\$8.80/KG.



Fresh Bone-In
Pork Butt Roast

\$3⁸⁸



375g Coachman
Wieners

\$8⁹⁹



615g Schneiders
Chicken Wings

\$14⁹⁹



678g Leadbetter's
Original Burgers

\$10⁹⁹
PER LB.
\$24.23/KG.



Quality Vac Pack
Boneless Salt Beef

\$13⁸⁸



Maple Leaf
Baby Bologna

2/\$3



113g Frozen
Beef Liver

\$8⁹⁹
PER LB.
\$19.82/KG.



Cut From AA or Higher Gades Beef Value Pack
Cross Rib Marinating Steak

\$8⁹⁹
PER LB.
\$19.82/KG.



Made From Fresh or Frozen Portions Value Pack
Lean Ground Beef

\$4⁹⁹
PER LB.
\$11.00/KG.



Tray Pack Atlantic's Best
Homestyle Sliced Puddings

\$5⁴⁴



375-450g Schneiders
Juicy Jumbo

\$6⁸⁸



375g Larsen's
Boneless Ham Slices

\$6⁹⁹



650g Butcher Selection
Button Bones



Deli

\$7⁹⁹



Instore
Clubhouse Sandwich

\$4⁹⁹



150-175g Chris Brother's
Shaved Meats

\$1⁹⁹
PER 100G



Store Sliced
Golden Maple
or Harvest Creek
Chicken Breast

\$5⁴⁴



300g Dawn
Sliced Ham



From the Sea

\$8⁹⁹



11lb Comeau
Salt Cod Bits

\$9⁹⁹
PER LB.
\$22.02/KG.



Frozen Newfoundland
Cod Fillets

\$4⁹⁹



350g High Liner
Catch of the Day
Breaded Fish

\$4⁹⁹
PER LB.
\$11.00/KG.



StoreWrapped High Liner
Breaded Fish Cakes

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Fresh Produce

\$1⁹⁹



2lb Product of Canada
Yellow Onions

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of US
Green Seedless Grapes

\$5⁹⁹
HEAD



Product of Canada
Cauliflower

\$1³⁹
EACH



Product of Chile
Kiwi Fruit

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of Canada
Red Pepper

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of Canada
Green Pepper

\$3²⁹
PER LB.
\$7.25/KG.



Product of US
Bartlett Pears

\$4⁹⁹



280g
Product of Canada
Grape Tomatoes

\$2⁹⁹
BUNCH



Product of Canada
Celery Stalks

\$2²⁹
EACH



Product of Mexico
Avocadoes

\$4⁹⁹
EACH



Product of Egypt
Pomegranates

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Dairy

\$4⁹⁹



129g Black Diamond
Combos

\$4⁹⁹



240g Cracker Barrel
Natural Cheese Slices

2/\$6



500ml
Scotsburn
Coffee or Blend Cream

\$4⁸⁸



227-250g Kraft
Philadelphia
Cream Cheese

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Frozen

\$3⁷⁷



800g McCain
Red Bag Fries

\$4⁸⁸



288g Furlani Three Cheese
Texas Toast

\$9⁹⁹



600g Schneiders Original
Chicken Bites or Tenders

\$4⁸⁸



317-326g
Red Baron
Singles Deep Dish Pizza

2/\$4⁴⁴



200g
Swanson
Pot Pies

\$4⁸⁸



400g Cavendish Quick Crisp
Onion Rings

\$6⁸⁸



240g Kellogg's Eggo
Pancake Mini Chocolatey Chip

\$4⁸⁸



300g
Pogo Sticks

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Bakery



\$13⁹⁹

Chocolate
Fudge
Brownie
Cake

**Baked
In-Store**



\$8³⁹

12pk Golden Crust
Plain, Blueberry or Raisin
Tea Buns



\$5¹⁹

15pk Golden Crust
Raspberry Filled Bits

\$2⁹⁹



**Baked
In-Store**

3 Bun
Homestyle
White Bread

\$3⁶⁰



2pk Golden Crust Gracie's
Cream Donuts

\$2⁹⁹



**Baked
In-Store**

12pk
White or Whole Wheat
Circle Dinner Rolls

\$13⁹⁹



21pk Golden Crust
Variety Pack Cookies

\$2⁹⁹

**Baked
In-Store**

Sugar
Free,
Fat Free
**White
Bread**



**STARTING AT
\$6⁹⁹**

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**



More Great Deals

\$17⁸⁸



12x355ml Budweiser Zero
Non-Alcoholic Beer

\$7⁸⁸



272g
Folgers Classic Roast
Ground Coffee

2/\$4⁴⁴



90g Clover Leaf
Tuna Salad Kit

\$4⁸⁸



425g Old Dutch
French Onion Dip

\$4⁷⁷



750ml Habitant
Sliced Beets

2/\$14



12x355ml Aha
Sparkling Water

2/\$4⁸⁸



300g Voortman
Turnovers

\$5⁴⁴



340g Bird's
Custard Powder

\$3⁴⁴



132g Et Tu
Caesar Original
Salad Kit

\$5⁴⁴



450g Nestle
Coffeemate Powder

\$3⁴⁴



500g Natural Bakery
Rye Bread

\$4⁴⁴



20-24ct Selected Tetley
Specialty Tea

3/\$5



310ml Neilson
Milkshakes

\$5⁸⁸



540ml E.D. Smith
Pie Filling

\$6⁸⁸



400-500g Carnation
Hot Chocolate Can

\$2⁸⁸



295ml French's
Worcestershire Sauce

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Refreshments & Snacks

2/\$6⁵⁰



145g Christie
Crispers or
Bits & Bites

2/\$6⁵⁰



128-226g
Betty Crocker
Fruit Shapes, Rollups,
Gushers or Fruit by the Foot

2/\$7⁵⁰



260g Takis
Chips

2/\$9



6x222ml
Coke & Flavours Minis

\$3⁸⁸



200-235g
Old Dutch XXL or Ridgies
Potato Chips

\$6⁴⁴



6x340ml
Ocean Spray
Sparkling Cranberry

2/\$5



130-155g
Selected Lay's
Snacks

4/\$5



1.5lt True North
Water

\$5⁴⁴



200g Lee's
Mini Snowball

\$18⁹⁹



24x591ml Powerade
Variety Pack

59¢



30-32g Tunnocks
Caramel Log or Wafer Bar

\$3⁸⁸



175g
Old Dutch
Corn Twists

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Furry Friends

\$4⁴⁴



170g
Beggin' Strips
Dog Treats

\$6⁸⁸



1.5kg
Friskies
Chef Blend
Dry Cat Food

\$13⁸⁸



3kg Iams
Small Breed
Dog Food

\$14⁸⁸



12.7kg
Arm & Hammer
Cat Litter

88¢



100g
Pedigree
Choice Cuts
Dog Food

\$6⁹⁹



1.42kg
Meow Mix
Original
Choice
Dry Cat Food



House and Home

\$6⁴⁴



\$2⁸⁸

475ml
Murphy's Oil
Soap



400g
Easy Off
Oven Cleaner

\$3⁹⁹



2pk Mr Clean Extra Durable
Magic Eraser

\$6⁴⁴



75ct
Clorox
Scentiva
Disinfecting
Wipes

\$8⁸⁸



20ct Tide Pods
Free & Gentle

\$5⁸⁸



1ct Glade
2-in-1
Candle

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Personal Care

\$6⁴⁴



24pk Aleve
Caplets

\$3²⁹



10ct Tampax Regular
Tampons

\$1⁷⁷



95ml Colgate Regular or Winterfresh
Toothpaste



\$5⁴⁴



400pk Q-Tips
Cotton Swabs

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