



Fresh, Friendly and Local - Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL



View our flyer online at
www.powellsnl.ca



\$8⁹⁹
PER LB.
\$19.82/KG.

Cut From AA or Higher Grades Beef Value Pack
Top Sirloin Grilling Steak or Oven Roast



\$5⁹⁹
PER LB.
\$13.21/KG.

Fresh Country Ribbon Value Pack Boneless Skinless
Chicken Breast

\$3⁴⁴
PER LB.
\$7.58/KG.



Fresh
Pork Side Ribs

While
Quantities
Last!



\$2⁸⁸

375g Carver's Choice
Bacon

3/\$5



200g Jacob's
Cream Crackers

\$5⁹⁹



10lb Product of Canada
White Potatoes

2/\$5



8x56g Yoplait **Yogurt Tubes**
or 6x60g **Minigo Yogurt**

\$7⁹⁷



1.5lt Kraft
Miracle Whip

3/\$5



126-153g Knorr
Sidekicks

\$13⁴⁹



24x355ml **Coke & Flavours**
or Selected **Pepsi**

\$1⁸⁸



425ml Campbell's
SpaghettiOs

\$2⁸⁸



227g Kraft Philadelphia
Dips

2/\$4⁸⁸



340g Holiday
Luncheon Meat

\$5⁸⁸



800g Eversweet
Soft Margarine

\$3⁷⁷



450g Armstrong
Cheese Melts

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of US
Red Seedless Grapes

PRICES ARE IN EFFECT SEPTEMBER 17 - 23, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
17	18	19	20	21	22	23



\$4⁸⁸

355ml Flavortown Sauce



\$8⁹⁹

1.18lt Mazola Corn, Canola or Vegetable Oil



\$14⁸⁸

10kg Robin Hood Flour



\$10⁹⁹

3pk Sponge Paper Towels Ultra CAS



\$7⁹⁹

320-400g Cracker Barrel Cheese Bars or Shreds



2/\$4⁸⁸

2lt Fruite Drink



\$2⁷⁷

350g Minute Rice



\$6⁹⁹

500ml Smucker's Jam



2/\$5

4pk Cashmere Bathroom Tissue



\$4⁸⁸

4pk Dole Fruit Cups



2/\$6

600ml Catelli Garden Select Pasta Sauce



\$6⁴⁴

1.42-1.63lt Arm & Hammer Liquid Laundry Detergent



\$2⁹⁹

67-120g Schneider's Lunchmates



\$23⁹⁹

2kg Pinehill Chicken Wings



3/\$4

113g Maple Leaf Vienna Sausages



2/\$4⁴⁴

354ml Dairy Isle Regular or 2% Evaporated Milk



2/\$6

141g Betty Crocker Scalloped or Au Gratin Potatoes



\$2⁹⁹

675g Dempsters Xtra Sandwich Bread or 6pk English Muffins



\$3⁸⁸

340g No Yolks Noodles



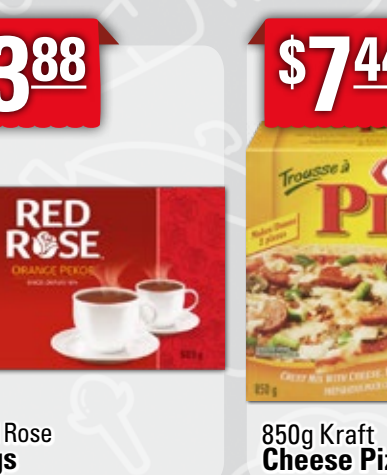
\$3⁷⁷

340g Litehouse Dips



\$6⁴⁴

620g Apple Valley Baked Blueberry Pie



\$13⁸⁸

210ct Red Rose Tea Bags



\$7⁴⁴

850g Kraft Cheese Pizza Kit



\$6⁴⁴

1kg Jif Creamy Peanut Butter

Powell's Supermarket Community Corner

BACK TO SCHOOL IS HERE!

Wishing all of the students, teachers and staff in our communities a wonderful start to another school year! And for our junior shoppers, the back-to-school fun is just getting started at Powell's!

Welcome Back To School Parents, Teachers & Staff

Hey Jr. Shoppers - You could be our next... BACK TO SCHOOL SUPERSTAR

Visit Powell's, hop in the school bus with Pepper, snap a photo and send it to our Facebook page with your name and age to enter! One winner each week from September 11th to October 2nd will receive their very own Pepper and a \$25 Entertainment Centre gift card!

\$3⁸⁸

Strawberry Banana Cheerios

Cheerios

au miel et aux noix

Cheerios

317-430g Selected General Mills Cereal



Your Newfoundland Butcher

\$9⁹⁹
PER LB.
\$22.02/KG.



Cut From AA or Higher Grades Beef Value Pack
Boneless Stewing Beef

\$4⁹⁹
PER LB.
\$11.00/KG.



Tray Pack Frozen
Chicken Hearts

\$12⁹⁹
PER LB.
\$28.64/KG.



Quality Vac Pack Bone In
Salt Beef

\$6⁹⁹
PER LB.
\$15.41/KG.



Country
Pride
Vac Pack
Salt Pork

\$6⁹⁹



500g Selected Johnsonville
Sausages

\$7⁹⁹
PER LB.
\$17.62/KG.



Made From Fresh or
Frozen Portions Value Pack
Medium Ground Beef

\$15⁹⁹



2kg
Sunrise
Bologna

\$3⁹⁹
PER LB.
\$8.80/KG.



Tray Pack Frozen
Turkey Drumsticks

\$3⁹⁹



375g Maple Leaf
Wieners

\$10⁹⁹



595g 44th Street
Honey Garlic or Maplewood Smoked
Pork Back Ribs

\$9⁹⁹
PER LB.
\$22.02/KG.



Cut From AA or Higher
Grades Beef Value Pack
Top Sirloin Cap Steak

\$9⁹⁹



500g Sunrise
Beef Burgers

\$4⁸⁸



375g Sunrise
Sliced Bologna

\$5⁴⁴



375g Schneider's
Mini-Sizzlers or Rounds
Breakfast Sausages

FRESH. FRIENDLY. LOCAL



Deli

\$3⁴⁹



200-250g
Main Street
Deli Sliced Meats

\$3⁴⁹



250g
Chris Brothers
Deli Combo

\$7⁹⁹-\$11⁹⁹



Instore Regular or Deluxe
Cold Plates

\$2⁴⁹
PER 100G



Store Sliced Deli Classic
Montreal Smoked Meat or Pastrami



From the Sea

\$6⁹⁹



340g Ocean Jewel
Breaded Popcorn Shrimp

\$7⁹⁹



550g
High Liner
English Style
Chips & Fish

\$6⁹⁹



454g Land & Sea
Salt Fish Bits

\$10⁹⁹



375g
Frozen
Cod Nuggets

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Fresh Produce

\$6⁹⁹



5lb
Product of Canada
Small Turnip

\$4⁹⁹
EACH



Product of US
Cantaloupe

69¢
EACH



Product of Canada
Fresh Corn

99¢
EACH



Size 88's
Product of Argentina
Lemons

\$1⁹⁹



2lb
Product of Canada
Carrot

\$4⁶⁹
BUNCH



Product of Canada
Broccoli

\$1¹⁹
PER LB.
\$2.62/KG.



Product of US
Watermelon Pieces

\$3⁴⁹
HEAD



Product of Canada
Iceberg Lettuce

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of Argentina
Clementines

\$3²⁹
PER LB.
\$7.25/KG.



Product of Canada
Roma Tomatoes

\$1⁹⁹
PER LB.
\$4.39/KG.



Product of Mexico
Cactus Pears



Dairy

\$7⁴⁴



800-828ml Starbucks
Liquid Coffee Enhancer

\$4⁴⁴



256-424g
Jell-O NSA Refrigerated
or **Strawberry Cheesecake**

\$6⁸⁸



16ct
Black Diamond
Cheestrings

\$3⁹⁹



383g
Pillsbury RTB
Apple Turnovers



Frozen

\$8⁹⁹



475g Watson Ridge
Chicken Wings

\$9⁹⁹



568-700g
Selected Maple Leaf Prime
Chicken

\$5⁹⁹



540-600g
McCain
**Beef Taco,
Cheeseburger
or Pizza Pockets**

\$3⁴⁴



750g Green Giant
Frozen Vegetables

\$3⁹⁹



227g Furlani
Garlic Knots

\$4⁹⁹



20pk Cavendish Gold
Hashbrown Patties

\$6⁹⁹



560-600g Giuseppe Easy Pizzi
Pizza

\$2⁹⁹



800g Cavendish Farm
Fries

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Bakery

\$2⁹⁹



3 Bun Homestyle
White Bread

**Baked
In-Store**

\$6⁹⁹



6pk Assorted
Cupcakes

**Baked
In-Store**

\$17⁹⁹



2.5lb
Golden Crust Assorted
Ring Cakes

\$5⁹⁹



8pk Golden Crust
Fancy Cake Donuts

\$10²⁹



6pk Golden Crust Assorted
Mini Loaves

\$3⁶⁹



12pk
Golden Crust
Garlic Pull Apart Rolls



Peanut Butter Chocolate Deluxe
Cake

\$13⁹⁹

**Baked
In-Store**

\$2⁴⁹



Golden Crust Assorted
Flips Singles



**STARTING AT
\$6⁹⁹**

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**

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More Great Deals

2/\$4



225g Family Brand
Drink Crystals

2/\$3



400g Lady Sarah
Social Tea Biscuits

\$6⁸⁸



1.5lt Shaw's
Ice Cream

2/\$6⁵⁰



120-142g Sensible Portions
Veggie Straws

\$11⁸⁸-\$12⁸⁸



404-502g
**Piatto@Home
Pizza**

\$3⁸⁸



2lt
Rougemont
Apple Juice

2/\$3



32g
Maple Leaf
BBQ or
Original
**Mighty Protein
Stick**

\$10⁹⁹



6x355ml Michelob Ultra Zero
Non-Alcoholic Beer

\$2⁸⁸



99g
Fresh Gourmet
Toppings

\$2⁹⁹



100ct Sweet'N Low
Sweetener

2/\$4



80g
Clover Leaf
**Flaked
Salmon**

3/\$4



3.5oz El Nacho
**Grande Cheese Cup
or 3oz Nacho Chips**

\$7⁴⁴



6ct Royale 2ply
Facial Tissues

\$4⁸⁸



200g Armstrong
Cheese Nibblers

\$6⁸⁸



500g Vim
Skim Milk Powder

\$1⁹⁹



227ml
Clark
Beans

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Refreshments & Snacks

\$3⁹⁹



200-295g
Old Dutch
Restaurante, Arriba or Dutch Crunch
Potato Chips

\$3⁹⁹



168g Betty Crocker
Dunkaroos

99¢



29-49g
Selected
Kit Kat Bars

2/\$11⁵⁰



6x591ml
Gatorade

2/\$4



710ml
**Powerade
Sport**

2/\$8⁵⁰



177-235g
Lay's XXL or Baked
Potato Chips

\$5⁴⁴



12x500ml Ice River
Natural Spring Water

\$1⁴⁴



503ml Sparkling Ice
Beverage

2/\$4⁴⁴



28g McSweeney's
Steak Strip

2/\$7⁵⁰



260g
**Taki's
Chips**

\$2⁸⁸



276g Tang
Crystals

\$2⁹⁹



116-135g
Selected
**Werther's
Candy**

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Furry Friends

\$11⁹⁹



1.9kg
Pedigree
Marrobone

\$3³⁹



48g
Whiskas
**Temptations
Puree**

\$24⁹⁹



8kg
Purina
**Adult
Dog
Chow**

\$19⁴⁴



4kg
Whiskas
Meaty
Selections
**Dry Cat
Food**

\$28⁹⁹



8kg
Pedigree
Healthy
Vitality
**Dry Dog
Food**

3/\$5

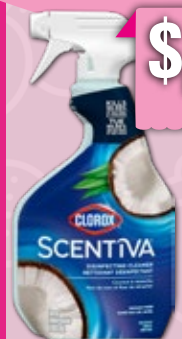


75g Iams
Perfect
Portions
**Cat
Food**



House and Home

\$5⁴⁴



\$4⁸⁸

709ml Clorox
Scentiva
**Disinfecting
Cleaner**



10-90ct
Selected Ziploc Sandwich,
Freezer, Snack or Storage
Bags

\$7⁸⁸



16ct
Cascade
Platinum
Lemon
Scented
**Dishwasher
Tabs**



\$4⁸⁸

80ct Fleecy
Dryer Sheets

\$3⁴⁴



500ml Vim
**Cream
Cleaner**

\$3⁹⁹



710ml Lysol
**Toilet Bowl
Cleaner**

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Personal Care

\$3⁴⁴



100g Vaseline
Regular

\$4⁸⁸



24pk Tylenol Extra Strength
Tablets or Caplets

\$11⁴⁴



591ml
Dove
**Body
Wash**

\$10⁹⁹



1ct Gillette Mach 3
Razor with Blade

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