

BAY ROBERTS
CARBONEAR

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@PowellsNL



View our flyer online at
www.powellsnl.ca

Fresh, Friendly and Local – Since 1948 Powell's Supermarket

\$2⁹⁹
PER LB.
\$6.59/KG.



Fresh Country Ribbon
Whole Bagged Chicken

\$6⁹⁹
PER LB.
\$15.41/KG.



Cut From AA or Higher Grades Beef
Boneless Cross Rib Roast

\$3⁴⁴
PER LB.
\$7.58/KG.



Fresh Bone-In
Pork Butt Roast

\$4⁹⁹



100-375g Schneider's
Bacon

\$3⁹⁹



210-405g
Selected Kellogg's
Cereal

\$4⁹⁹



10lb Product of Canada
Red Potatoes

\$2⁸⁸



227g Kraft Philadelphia
Dips

2/\$8⁵⁰



6x710ml
Coke or Pepsi & Flavours

\$2⁷⁷



800g Cavendish Farm
Fries

\$9⁸⁸



12x113g Kozy Shack
Rice Pudding

2/\$4⁸⁸



427g Parkay
Soft Margarine

\$7⁹⁹



4lb Product of Morocco
Clementines

\$3⁴⁴



550-675g Villaggio
Thick Sliced Bread or
6-8pk Toscana Buns

\$3⁹⁹



2lt Old Dutch
Liquid Laundry Detergent

2/\$4⁸⁸



198g Heinz
Bagel Bites
Pizza Snacks

PRICES ARE IN EFFECT JANUARY 15 - 21, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
15	16	17	18	19	20	21



\$2⁹⁹

389g Idahoan Mashed Potatoes



\$4⁸⁸

355ml Flavortown Sauce



\$3⁹⁹

905g Pearl Milling Pancake Mix or 710ml Syrup



\$6⁴⁴

2.5kg Robin Hood White, Whole Wheat or Best for Bread Flour



2/\$4⁴⁴

354ml Carnation Regular or 2% Evaporated Milk



\$3⁹⁹

250ml Smucker's Jam



\$3⁸⁸

8-10pk Dempster's 7" Tortillas



\$1¹⁹

284ml Success Pieces & Stems Mushrooms



\$6⁸⁸

500ml Bertolli Olive Oil



\$4⁹⁹

Purity Ginger, Family or Coconut Bar Cookies



2/\$5

4pk Cashmere Bathroom Tissue



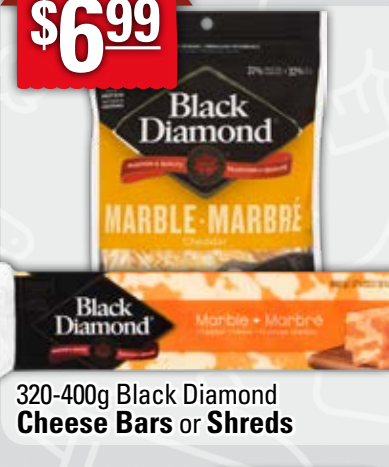
\$2⁷⁷

620ml Mott's Fruitsations Apple Sauce



\$7⁹⁹

12ct Folger's K-Cup Coffee Pods



\$6⁹⁹

320-400g Black Diamond Cheese Bars or Shreds



2/\$15

12x355ml Pepsi & Flavours or Bubly Water



\$3⁸⁸

900g Catelli Selected Pasta



3/\$5

110g Mr. Noodle Bowls



\$2⁸⁸

250g Minute Rice RTS



2/\$5

960ml Delmonte Orange Juice



\$6⁹⁹

750ml Hellmann's Big Squeeze Mayonnaise



\$10⁹⁹

3pk Sponge Towels Ultra Pro CAS Double Roll



\$4⁷⁷

350-400g Selected Purity Crackers

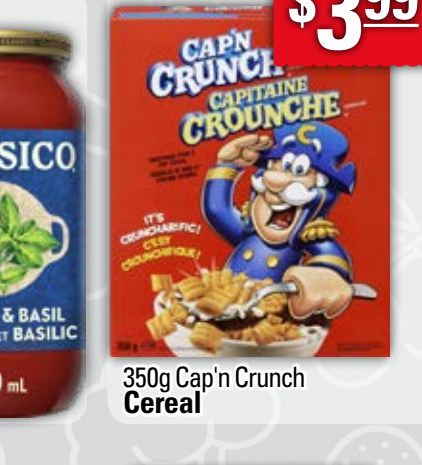
\$4⁸⁸

1lt French's Ketchup



\$4⁷⁷

410-600ml Classico Pasta Sauce



\$3⁹⁹

350g Cap'n Crunch Cereal

Powell's Supermarket Community Corner

PEPPER PATROL

Next time you find Pepper in our stores, don't forget to escort her to her snazzy new digs! A treasure trove of fun new prizes is waiting for you.

Take a pic of your Junior Shopper with Pepper and share it with us. They could be featured in a Junior Shopper spotlight!

Lunch mate

2/\$5

Summer Sausage / Saucisson d'été

Ham Jambon

67-120g JMS Lunchmates



Your Newfoundland
Butcher



\$8⁹⁹

1kg
Sunrise
Baby
Bologna



\$3⁹⁹
PER LB.
\$8.80/KG.

Bone-In
Smoked
Picnic
Ham



\$3⁹⁹
PER LB.
\$8.80/KG.

Quality Vac Pack
Salt Riblets



\$3⁹⁹
PER LB.
\$8.80/KG.

Fresh Bone-In
Pork Butt Chops



2/\$5

375g Mina
Chicken Wieners



\$4⁹⁹
PER LB.
\$11.00/KG.

Fresh Pork
Tenderloin



\$7⁹⁹

375g
Larsen
Boneless
Ham
Slices



\$7⁹⁹
PER LB.
\$17.62/KG.

Country Pride Vac Pack
Salt Beef



\$8⁹⁹
PER LB.
\$19.82/KG.

Cut From AA Or Higher Grades Beef Value Pack
Stewing Beef



\$9⁹⁹

700g Maple Leaf Prime
Chicken Strips, Nuggets, Burgers,
Popcorn Chicken, Dino Nuggets or Meatballs



\$5⁹⁹

20ct
Schneider's
Hot Rods
Snack Pack



\$7⁹⁹
PER LB.
\$17.62/KG.

Made From Fresh or
Frozen Portions Value Pack
Lean Ground Beef



\$11⁹⁹

680g Stampede
Pork Back Ribs



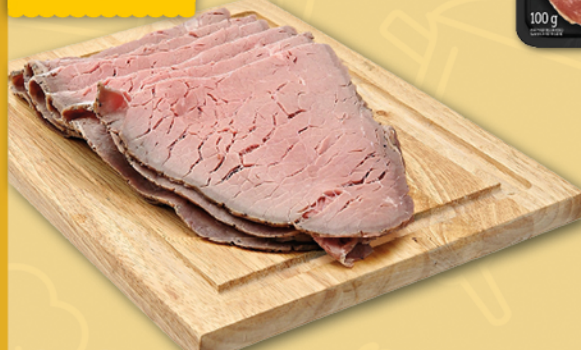
\$8⁹⁹

475g
Watson Ridge
Chicken Wings



Deli

\$2⁴⁹
PER 100G



Store Sliced
Deli Classic Cooked
Roast Beef

\$5⁴⁹



100-200g Fantino & Mondello
Sliced Meats

\$12⁹⁹

Instore Hot or Chilled
Rotisserie Chicken



\$4⁹⁹



200-250g Main Street
Deli Sliced Meats



From the Sea

\$3⁹⁹



250g High Liner
Breaded Fish Burgers



\$4⁹⁹

350g
High Liner
Breaded
Fish



\$5⁹⁹
PER LB.
\$13.21/KG.

Store Wrapped High Liner Breaded
Fish Sticks



\$5⁹⁹

454g
Land & Sea
Salt Fish Bits



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Fresh Produce

\$2⁴⁹



280g
Product of Mexico
Grape Tomatoes

\$3⁹⁹



170g
Product of Mexico
Blackberries

\$5⁹⁹



3lb
Product of Canada
McIntosh Apples

\$3⁹⁹
HEAD



Product
of US
**Iceberg
Lettuce**

\$3⁶⁹



3lb
Product
of Canada
Carrots

\$4⁹⁹
EACH



Product
of Honduras
Pineapple

99¢
PER LB.
\$2.18/KG.



Product of US
Spanish Onions

\$3⁴⁹
EACH



Product of Brazil
Mangoes

\$1³⁹
PER LB.
\$3.06/KG.



Product
of Canada
Green Cabbage

\$1²⁹
EACH



Product
of Chile
Kiwi Fruit

\$5⁹⁹
HEAD



Product of US
Cauliflower



Dairy

\$5⁴⁴



240g Cracker Barrel
Natural Cheese Slices

2/\$6

500ml
Scotsburn
**Coffee or
Blend Cream**



\$13⁸⁸

1.7kg Becel Regular
Soft Margarine



\$3⁹⁹



168g Black Diamond
Marble Cheestrings



Frozen

\$4⁴⁴



2x9" Tenderflake
Pie Shells or
255g **Tart Shells**

\$3⁸⁸



800g Cavendish
Diced Hash Browns

\$6⁸⁸



560-600g Dr. Oetker Giuseppe
Easy Pizzi Pizza

\$3⁴⁴



750g Green Giant
Frozen Vegetables

\$3⁴⁴



240g Furlani
Garlic Toast

\$26⁹⁹



2kg Pinehill
Boneless Skinless
Chicken Breast

\$9⁹⁹



1200g McCain Bistro Extra
Crispy Onion Rings

\$4⁷⁷



1lt Cool Whip
Topping

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Bakery

\$14⁹⁹



Raspberry
Cream Cheese
Cake

**Baked
In-Store**

\$3⁷⁹



6pk
Golden Crust
Assorted Bagels

\$2⁹⁹



**Baked
In-Store**

3 Bun Homestyle
White Bread

\$8²⁹



6pk Golden Crust
Assorted Danishes

\$8⁹⁹



12pk Golden Crust
Moose Farts Cookies

\$3⁸⁹



4-6pk
Golden Crust Small or Large
Sub Rolls

STARTING AT

\$6⁹⁹

**Baked
In-Store**



Powell's Artisan
**Sourdough
Bread**

\$7⁹⁹



**Baked
In-Store**

Lemon Meringue
Pie

More Great Deals

\$5⁹⁹



454g
Maple Leaf
Cooked Ham

2/\$4



3pk Fleischmann's
Yeast

\$6⁸⁸



400-450g Carnation
Hot Chocolate Can

\$1⁴⁴



398ml
Success
Beans in Tomato Sauce

\$5⁷⁷



1lt Bick's
**Ultimate Garlic
Baby Dill Pickles**

\$3⁸⁸



1kg Robin Hood
Minute Oats

\$1⁸⁸



341-398ml Green Giant
Tin Vegetables

\$4⁴⁴



170g
Blue Diamond
Almonds

\$4⁴⁴



340g
Maple Leaf
Klik or Kam
Luncheon Meat

\$2⁷⁷



400g Ambrosia
Rice Pudding or Custard

\$1²⁹



25ft
Club Supreme
Foil Wrap

\$2⁹⁹



680ml Hunt's
Tomato Sauce

3/\$5



310ml
Neilson
Shakes

3/\$4



25g
Club House
Gravy Mix

\$1⁸⁸



284ml
Selected Aylmer
Soup

\$1⁸⁸



213ml Gattuso
Pizza Sauce

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Refreshments & Snacks

\$4⁴⁴



200g Old Dutch Veggie Crisps or Dutch Crunch Potato Chips

\$5⁴⁹



6x591ml Gatorade

\$4⁹⁹



416-418ml Tostitos Salsa

\$6⁴⁴



12pk Pringles Snack Stacks

\$3⁹⁹



304g Christie Ritz Snackwiches

59¢



30-32g Tunnocks Caramel Log or Wafer Bar

\$7⁹⁹



24x250ml True North Spring Water

3/\$5



710ml Powerade Sport

4/\$5



473ml Snapple Beverage

2/\$8⁵⁰



205-300g Tostitos Tortilla Chips

2/\$6⁵⁰



100-199g Quaker Minis or Rice Cakes

\$9⁸⁸



412-576g Old Dutch Variety Pack Snacks

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Furry Friends

2/\$7



630g Pedigree Choice Cuts Dog Food

\$19⁴⁴



4kg Whiskas Dry Cat Food

\$7⁸⁸



1.8kg Nutri Choice Adult Dog Food

2/\$2²²



78g Meow Mix Cat Food

\$2⁹⁹



450g Selected Milk Bone Dog Treats

\$13⁹⁹



9.1kg Arm & Hammer Clump & Seal Multicat Litter

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House and Home

\$5⁸⁸



1.41lt Pinesol Multi Purpose Cleaner

\$3²⁹



1.27lt Clorox Original Concentrated Bleach

\$4⁹⁹



141-150g Downy or Gain Scent Booster Beads

\$10⁹⁹



3.4kg Cascade Complete Dishwasher Gel

\$1⁷⁷



400g Comet With Bleach Cleanser

\$5⁸⁸



1ct Glade 2in1 Candles

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Personal Care

2/\$3



95ml Colgate Regular or Winterfresh Tooth Paste

\$6⁴⁴



532ml Old Spice Bodywash

\$6⁹⁹



12ct Advil Extra Strength Liqui-Gels

3/\$5



4.25g Blistex Lip Balm

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