



Fresh, Friendly and Local - Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL

View our flyer online at www.powellsnl.ca



\$2.49
PER LB.
\$5.49/KG

Fresh Country Ribbon Value Pack
Whole Chicken Legs



\$13.99
PER LB.
\$30.84/KG

Cut From AA or Higher Grades Beef Value Pack
Striploin Grilling Steak

Victoria DAY



\$4.99
PER LB.
\$11.00/KG

Fresh
Pork Back Ribs



3/\$10

375g
Maple Leaf Wieners



\$9.99 **83¢**
Per Box

12x200g Kraft Dinner
Original



\$5.79

10lb Product of Canada
Red Potatoes



\$5.99

320-400g Cracker Barrel
Cheese Bars or Shreds



\$4.88

1.42-1.63lt Arm & Hammer
Liquid Laundry Detergent



\$4.77

850g Parkay
Soft Margarine



\$3.99

410g Kraft Singles
Cheese Slices



\$1.77

126-153g Knorr
Sidekicks



\$2.88

280-330g Kellogg's
Eggo's or Pancakes



\$1.29
PER LB.
\$2.84/KG

Product of US
Watermelon Pieces



\$2.99

675g Dempster's Xtra
Sandwich Bread



\$13.49

24x355ml **Coke & Flavours**
or Selected Pepsis

PRICES ARE IN EFFECT MAY 14 - MAY 20, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
14	15	16	17	18	19	20



\$388

900g Selected Catelli Pasta



\$444

1.54lt Minute Maid Zero Sugar Juice



4/\$5

284ml Success Pieces & Stems Mushrooms



2/\$444

354ml Dairy Isle Regular or 2% Evaporated Milk



\$1488

10kg Robin Hood Flour



\$1099

3lt Unico Vegetable Oil



2/\$6

384g Kellogg's Pop Tarts or 176g Rice Krispie Squares



\$2899

12pk Paper Towels



\$444

4pk Dole Fruit Cups



\$788

620g Apple Valley NSA Baked Blueberry Pie



\$799

12ct Folgers K-Cups



\$399

304g Christie Ritz Snackwiches



\$1788

12x355ml Budweiser Zero Non-Alcoholic Beer



\$599

1kg Kraft Peanut Butter



\$277

425g Puritan Beans & Wieners



2/\$7

8-10pk Dempster's 7" Tortillas



\$344

240g Celebration Cookies



2/\$488

680ml Primo Pasta Sauce



\$999

12ct Royale Double Roll Bathroom Tissue



\$699

750ml Hellmann's Mayonnaise Big Squeeze



2/\$6

141g Betty Crocker Potatoes



2/\$4

3x8g Fleischmann's Yeast



\$488

300g Hamilton Milk Lunch Biscuits



\$277

425g Chef Boyardee Pasta



\$399-\$688

170-297g Selected Katz Gluten Free Cupcakes, Donuts or Buns

SONGS, STAGES & SEAFOOD FESTIVAL
BAY ROBERTS, NEWFOUNDLAND

THE NL FISHCAKE CHAMPIONSHIP
SPONSORED BY POWELL'S SUPERMARKET
MAY 24TH
TICKETS ARE ON SALE NOW!

\$2299

2kg Pinehill Split Chicken Wings



**GARDEN
CENTRE**

OPEN MAY 15TH

Hours of Operation

9am - 6pm

**Located at BOTH
Powell's Supermarket
locations.**



Your Newfoundland Butcher



\$7⁹⁹
PER LB.
\$17.62/KG.

Made From Fresh or Frozen Portions Value Pack
Medium Ground Beef



\$9⁹⁹

500g Sunrise Beef Burgers



\$9⁸⁸

Sunrise Baby Bologna



\$4⁹⁹
PER LB.
\$11.00/KG.

Quality Vac Pack Scrunchions



\$3⁹⁹
PER LB.
\$8.80/KG.

Tray Pack Frozen Turkey Necks



\$5⁸⁸

375g Mère Michel Regular or Salt Reduced Bacon



\$4⁹⁹
PER LB.
\$11.00/KG.

Atlantic's Best Homestyle Sausages



\$10⁹⁹

10-12ct Atlantic's Best Pickled Eggs or Wieners



\$9⁹⁹
PER LB.
\$22.02/KG.

Cut From AA or Higher Grades Beef Boneless Blade Roast or Value Pack Marinating Steak



\$21⁹⁹

1.75kg Country Pride Choice Salt Beef



\$9⁹⁹

568-700g Maple Leaf Prime Chicken



\$4⁹⁹

375g Schneider's Smoked Sausage



\$11⁹⁹

680g Stampede Pork Back Ribs



\$2⁹⁹

67-120g Schneider's Lunch Mates

FRESH. FRIENDLY. LOCAL



Deli



\$4⁹⁹

100-175g Fantino & Mondello Sliced Meats



\$3⁹⁹

250g Chris Brother's Polish, Garlic or Maple Sausage



\$12⁹⁵

In-Store Family Size Picnic Combo Salad



\$1⁹⁹
PER 100G

Store Sliced Levesque Cooked Ham

FRESH. FRIENDLY. LOCAL



From the Sea



\$9⁹⁹

500g Appi's Tempura Shrimp



\$4⁹⁹

350g High Liner Catch of the Day Fish



2/\$7

250g High Liner Tempura Battered Fish



\$8⁹⁹

1lb Comeau Salt Cod Bits

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$389



170g Product of Mexico
Blackberries

\$169
PER LB.
\$3.73/KG.



Product of US
Green Cabbage

\$649
EACH



Product of US
Honeydew Melon

\$599



3lb Product of Canada
Red Delicious Apples

\$169
PER LB.
\$3.73/KG.



Product of US
Spanish Onions

\$249
EACH



Product of Canada
English Cucumber

\$699
EACH



Product of Honduras
Pineapple

\$549



1lb Product of Canada
Parsnip

\$399
EACH



Product of Mexico
Mangoes

\$579



142g Product of US
Baby Spinach

\$249
PER LB.
\$5.49/KG.



Product of US
Minneolas

FRESH. FRIENDLY. LOCAL



Dairy

\$499



240g Cracker Barrel
Natural Cheese Slices

\$299



250g Scotsburn
Heluva Good! Dip

\$499



828-946ml
Nestle
Coffee Mate Liquid

\$399



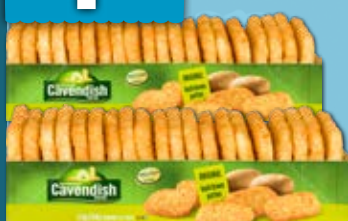
Makes 8 383g
Pillsbury RTB
Apple Turnovers

FRESH. FRIENDLY. LOCAL



Frozen

\$499



20ct Cavendish Gold
Hashbrown Patties

\$488



227g Katz
Gluten Free
Strawberry or Cinnamon Toaster Pastries

\$1199



800g Watson Ridge
Lightly Breaded
Chicken Chunks

\$1688



1.5kg Family Size
Pogo Sticks

\$344



750g Green Giant
Frozen Vegetables

\$688



775g
Red Baron
Rising Crust
Pepperoni Pizza

\$288



298g Furlani Garlic
Parmesan Breadsticks

\$377



800g McCain
Red Bag Fries

\$999



530g Schneider's
Buffalo Chicken
or Four Cheese
Dip

\$488



220g Katz Gluten Free
Texas Toast

FRESH. FRIENDLY. LOCAL



Bakery

\$13⁴⁹

S'mores
Cake



Baked
In-Store

\$4⁹⁹

12pk Golden Crust
Touton Balls



\$2⁹⁹

8pk Golden Crust
Hotdog or Hamburger Buns



\$2⁹⁹



3 Bun Homestyle
White Bread

Baked
In-Store

\$7⁴⁹



10pk Golden Crust
Boiled Raisin Slices

\$6⁹⁹

6pk Assorted
Cupcakes



Baked
In-Store

\$3⁴⁹



12pk Golden Crust
Dinner Rolls

\$5⁹⁹



8pk Golden Crust
Fancy Cake Donuts

STARTING AT

\$6⁹⁹

Powell's Artisan
Sourdough
Bread

Baked
In-Store



FRESH. FRIENDLY. LOCAL



Victoria Day

GROCERY SPECIALS!



2/\$5



200g Kraft
Macaroni
Salad Mix

\$3⁹⁹



250-300g
Humpty Dumpty
Cheese Snacks or Party Mix

\$4⁸⁸



946ml
Royal Oak BBQ
Lighter Fluid

\$2⁷⁷



400g Kraft Jet Puffed
Marshmallows

3/\$4



28g
French's
Meat
Marinade
Mix

\$5⁹⁹



1 each
Styrofoam
Coolers

2/\$5



155-163g
Lay's Stax
Potato
Chips

\$3⁸⁸



6-8pk Dempster's Signature Gold
Hotdog or Hamburger Buns

3/\$5



113g
Maple Leaf
Vienna Sausages

\$7⁸⁸



425g Hormel
Pepperoni or
Honey Ham
Snack Trays

\$7⁸⁸



1.125lt Heinz
Picnic Pack

\$6⁹⁹



8.3lb Grill Time
Charcoal Briquettes

\$1⁸⁸



455ml Kraft
BBQ Sauce

\$4⁴⁴



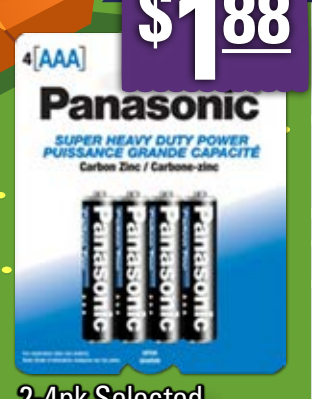
8pk Swiss Miss
Hot Chocolate

\$7⁹⁹



572g
Waterbridge
Smores Kit

\$1⁸⁸



2-4pk Selected
Panasonic Heavy Duty
Batteries

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks

\$3.99

240g Old Dutch Pretzel Pieces

3/\$5

65g Charleston Chew Bar

2/\$11.50

6x591ml Gatorade

2/\$7.50

260g Assorted Takis Tortilla Chips

3/\$8

444-473ml Monster Energy Drinks

\$7.99

24x500ml Ice River Natural Spring Water

\$1.88

80-160g Candy Dude Candy Cups

2/\$8.50

205-300g Tostitos Tortilla Chips

\$19.99

24x591ml Powerade Variety Pack

\$3.99

142-235g Lay's XXL, Baked or Popcorners Potato Chips

2/\$5

340ml Simply Refrigerated Juice

\$9.88

472-576g Old Dutch Variety Packs

FRESH. FRIENDLY. LOCAL



Furry Friends

\$39.99

14kg Pedigree Original or Beef Dry Dog Food

\$3.39

48g Whiskas Temptations Creamy Patee Cat Food

\$6.99

1.42kg Meow Mix Dry Cat Food

\$2.99

450g Milk Bone Small Dog Snacks

\$15.99

4kg Picardie Sunflower Bird Seed

4/\$5

75g Whiskas Perfect Portions Cat Food

FRESH. FRIENDLY. LOCAL



House and Home

\$4.99

227g Septo Bac

2/\$7

10ct Selected Glad Garbage Bags

\$1.44

372ml Palmolive Essentials Dish Liquid

\$6.44

16ct Gain Flings

\$6.29

650ml Fantastik Spray

\$4.77

2.4lt Old Dutch Bleach

FRESH. FRIENDLY. LOCAL

Personal Care

\$2.99

100g Vaseline Regular

\$6.88

298-311g or 828ml Selected TRESemmé Hair Product

2/\$3

95ml Colgate Regular or Winterfresh Toothpaste

\$5.29

24ct Advil Caplets or Tablets

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