

BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948

Powell's Supermarket

VISIT US ON FACEBOOK  @PowellsNL



View our flyer online at www.powellsnl.ca

HAPPY *Victoria* DAY

\$6⁴⁴
PER LB.
\$14.20/KG.



Fresh Country Ribbon Value Pack
Boneless Skinless Chicken Breast

\$11⁹⁹
PER LB.
\$26.43/KG.



Cut From Canada AA or USDA Selected Grades Beef Value Pack
Striploin Grilling Steak

\$3²⁹
PER LB.
\$7.25/KG.



Frozen Value Pack
Pork Butt Chops

\$2⁹⁹



375g Maple Leaf
Wieners

\$9⁹⁹



3lt Primo
Vegetable Oil

\$4⁹⁹



10lb Product of Canada
Red Potatoes

\$4⁹⁹



890ml Kraft
Miracle Whip

\$4⁴⁴



850g Parkay
Soft Margarine

2/\$6



200-235g Old Dutch XXL, Ridgies or
 Dutch Crunch **Potato Chips**

\$3⁹⁹



410g Black Diamond
Cheese Slices

3/\$10



6x710ml Assorted
Coke & Flavours

\$3⁹⁹



1.8lt Arctic Power
Liquid Laundry Detergent

\$3⁴⁴



675g Villaggio **Thick Sliced Bread** or 6-8pk **Toscana Buns**

\$4⁹⁹
PER LB.
\$11.00/KG.



Product of Chile
Green Seedless Grapes

\$3⁹⁹



210-450g Selected Kellogg's
Cereal

PRICES ARE IN EFFECT MAY 16-22, 2024

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
16	17	18	19	20	21	22

2/\$4.44



960ml Del Monte Orange Juice

\$5.99



320-400g Black Diamond Cheese Bars or Shreds

3/\$5



43-116g Idahoan Mashed Potatoes

\$1.88



250ml Club Supreme Jam

3/\$5



455ml Kraft BBQ Sauce

2/\$5



200g Purity Cream Crisps

\$13.88



12ct Cashmere Double Roll Bathroom Tissue

\$7.49



1.125lt Heinz Picnic Pack

2/\$5



398ml Club Supreme Fruit

4/\$5



200g Lady Sarah Wafers

\$3.88



900g Selected Catelli Pasta

\$4.88



6pk Dempster's Bagels

\$6.77



2.5kg Robin-Hood White, Whole Wheat or Best for Bread Flour

2/\$4.44



354ml Carnation Regular or 2% Evaporated Milk

\$8.44



144ct Red Rose Tea Bags

\$4.88



425g Purity Jam Jams

2/\$5.50



120-206g Quaker Granola Bars

\$2.88



250g RTS Minute Rice

\$3.44



341ml VH Dipping Sauce

\$6.99



6pk McCain Pizza Pockets

2/\$4.44



156g Maple Leaf Flakes of Meat

\$4.88



425g Puritan Corned Beef Hash

\$8.88



3pk Royale Tiger Towels

\$10.88



925g Maxwell House Original Roast Coffee

\$7.99



6kg Atlantic's Best Choice Salt Beef

\$2.88



410-425g Fraser Farm Gravy & Meatballs, Puritan Stews or Beans & Wieners

Have you heard about our... **JR SHOPPER PASSPORT**

Each week in our flyer, Pepper will pop up by one of her favourite items & that's our new **STICKER OF THE WEEK**. Collect them **ALL** to earn a **PEPPER STUFFIE!**

STICKER OF THE WEEK

• Passports & stickers available at the checkout. Full promo details in store or on our Facebook page.



Your Newfoundland Butcher

\$6.99
PER LB.
\$15.41/KG.

Cut from Canada AA or
USDA Select Grades Beef
**Boneless Blade Marinating
Steak or Roast**

\$4.99
PER LB.
\$11.00/KG.

Atlantic's Best
**Homestyle
Sausage**

\$4.99
PER LB.
\$11.00/KG.

Quality Vac Pack
Scrunchions

\$13.99

2kg Sunrise
Bologna

\$25.99

5kg Frozen
Turkey Wings

\$3.99
PER LB.
\$8.80/KG.

Fresh Tray Pack
**Pork Spare
Ribs**

\$5.99

375-450g Schneider's
**Smoked Sausage or
Juicy Jumbos**

\$10.99-\$17.99

10-20ct Atlantic's Best
**Pickles Eggs or
Wieners**

\$2.99
PER LB.
\$6.59/KG.

5kg Average Sous Chef
Seasoned Turkeys

\$7.99

500g Sunrise
**Beef
Burgers**

\$13.99

1kg Watson Ridge
Jumbo Popcorn Chicken

\$119.99

18ct Frozen Vac Pack AAA
Striploin Steaks

\$13.99

780g Pinty's Bold
**Chicken Breast
Chunks**

\$5.99

65-85g Maple Leaf
Ready Crisp Bacon

FRESH. FRIENDLY. LOCAL



Deli

\$3.49

200g Chris Brothers
Sliced Ham

\$1.99
PER 100G

Store Sliced Maple Leaf
Bologna

\$10

10pc Instore Hot or Chilled
**Breaded Chicken
Fillets**

\$5.88

150-175g Maple Leaf
**Natural Selections
Sliced Meats**

FRESH. FRIENDLY. LOCAL



From the Sea

\$7.99

1.13kg High Liner
**Garlic & Herb
Breaded Shrimp**

\$7.99
PER LB.
\$17.62/KG.

Previously
Frozen
Cod Fillets

\$4.88

350g High Liner
**Catch of the Day
Breaded Fish**

\$7.99

Comeau
**SALTED
COD BITS
MORCEAUX DE
MORUE SALÉE**
KEEP REFRIGERATED • GARDER RÉFÉRIGÉRÉ
NET WEIGHT/POIDS NET:
16 oz (1 lb) 454 g
WILD CAUGHT
D'ORIGINE SAUVAGE

1lb Comeau
Salt Cod Bits

FRESH. FRIENDLY. LOCAL



Fresh Produce



3/\$3.69

Product of U.S.
Fresh Corn



\$3.79

280g Product of Canada
Grape Tomatoes

\$1.29

BUNCH



Product of U.S.
Green Onions



\$4.99

Product of Honduras
Cantaloupe



\$5.99

3lb Product of Canada
Red Delicious Apples

\$3.69



8oz Product of Canada
White Mushrooms



\$2.79

Product Of The Tropics
Mangoes

\$1.99

PER LB.
\$4.39/KG.

Product of Chile
Spanish Onions



\$1.29

PER LB.
\$2.84/KG.

Product of U.S.
Green Cabbage



\$3.99



11lb Little Potato Company
Baby Potatoes



\$7.99

600g Clamshell
Product of Chile
Kiwi Fruit

FRESH. FRIENDLY. LOCAL



Dairy

\$4.88

1 Doz Canada Grade "A"
Large White Eggs



\$3.44

427-454g Becel
Regular or Olive Oil
Margarine

\$4.44



4x100g Oikos
Greek Yogurt



\$3.44



351g Pillsbury RTB
Cinnamon Rolls w/Icing

FRESH. FRIENDLY. LOCAL



Frozen

2/\$7

650g Cavendish
Quick Crisp Fries or Potato Tots

\$4.44



300g
Pogo Sticks

\$4.88

12ct Green Giant
Mini Corn on the Cob Nibblers

2/\$11

208-232g Smucker's Hazelnut or Peanut Butter & Jam
Uncrustables

\$5.44

280-338g Swanson
TV Dinners

\$4.99

371-397g Boston Market
Frozen Entrees

\$4.88

620g Apple Valley
Baked Apple Pie

\$7.99



615g Schneider's
Chicken Wings

FRESH. FRIENDLY. LOCAL



Bakery

\$2⁹⁹

3 Bun Homestyle
White Bread

Baked In-Store

\$6⁵⁹

12pk Golden Crust
Snickerdoodle Cookies

\$2⁹⁹

12pk White or Whole Wheat
Circle Dinner Rolls

Baked In-Store

\$11⁹⁹

S'mores
Cake

Baked In-Store

STARTING AT \$6⁹⁹

Powell's Artisan
Sourdough Bread

Baked In-Store

\$2⁴⁹

610g Golden Crust
White Sliced Bread

\$5³⁹

8pk Golden Crust
Cinnamon Sugar Donuts

\$8⁹⁹

6pk Selected Golden Crust
Mini Loaves

\$2⁹⁹

8pk Golden Crust
Hotdog or Hamburger Buns

FRESH. FRIENDLY. LOCAL



PRICES ARE IN EFFECT UNTIL MAY 22, 2024

Smart Shopper

\$4⁴⁴



205-250g SunChips or Munchies
Snack Mix

2/\$3



100-142g Vidal
Strawberry Filled Gummies or Sour Pencils

\$9⁹⁹



680g Butcher Selection
Pork Tenderloin

\$5⁹⁹



765ml Windex
Blue Trigger

\$3⁴⁹



250g Sun-Maid
Raisins

2/\$5



680ml Hunt's Thick & Rich
Pasta Sauce

2/\$4⁴⁴



354ml Carnation Regular or 2%
Evaporated Milk

\$12⁹⁹



1.2kg McCain
Pizza Pockets

\$1⁷⁷



500ml Allens
White Vinegar

2/\$6



340g Litehouse
Caramel Dip

\$5⁹⁹



400-450g Carnation
Hot Chocolate

\$9⁸⁸



6's Spongetowels
Ultra CAS
Paper Towels

FRESH. FRIENDLY. LOCAL

Personal Care

2/\$6



3pk Ivory
Soap

\$6⁷⁷



230ml
Pepto Bismol

\$2⁹⁹



8pk Scotties To Go
Wallet Pack

\$5⁴⁴



30ct Aspirin
Low Dose

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks

2/\$6⁸⁸



230-295g Old Dutch Restaurant Tortilla Chips

\$1⁸⁸



120-140g Squashies Candy

4/\$5



502ml Fruit 2.0 Beverage

\$4⁴⁴



180-285g Cheetos XL Snacks

\$1⁷⁷



340ml Simply Refrigerated Juice

2/\$8



6x710ml Pepsi & Flavours

\$1⁷⁷



63-85g Selected Nestle King Size Bars

\$6⁸⁸



24x500ml Pure Life Spring Water

\$10⁹⁹



6x330ml Corona Non-Alcoholic Beer

\$3⁴⁴



100g Dare Veggie Crisps

2/\$8⁵⁰



190-200g Miss Vickies Potato Chips

\$3⁴⁴



127g Jiffy Stove Top Popcorn



Furry Friends

2/\$3



78g Meow Mix Tenders In Sauce Cat Food

2/\$6



450g Milk Bone Small Snacks

\$10⁸⁸



2kg Whiskas Dry Cat Food

\$8⁴⁴



2kg Purina Puppy Chow

\$1⁸⁸



85g Whiskas Temptations

\$21⁸⁸



7.2kg Alpo Dry Dog Food



House and Home

\$3⁴⁹



473ml Dawn Ultra Original Dish Liquid

\$2⁷⁷



34ct Gain Fabric Softener Sheets

\$4⁸⁸



650ml Shout Trigger

\$4⁸⁸



1.2lt Mr. Clean Multi-Purpose Cleaner

\$4⁴⁴



2.4lt Old Dutch Bleach

\$3⁴⁴



24ct Wooden Clothes Pins

CAMPING!

\$7⁴⁴



8.3lb Grill Time Charcoal Briqs

\$5⁹⁹



1ct Styrofoam Cooler

3/\$5



113g Maple Leaf Vienna Sausages

\$4⁸⁸



946ml Royal Oak Lighter Fluid

2/\$5



200g Kraft Macaroni Salad Mix

2/\$2²²



284ml Success Pieces & Stems Mushrooms

\$7⁹⁹



572g Waterbridge Smores Kit

\$3⁹⁹



10pk Carnation Hot Chocolate Envelopes