



Fresh, Friendly and Local - Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONAR 709.596.6644

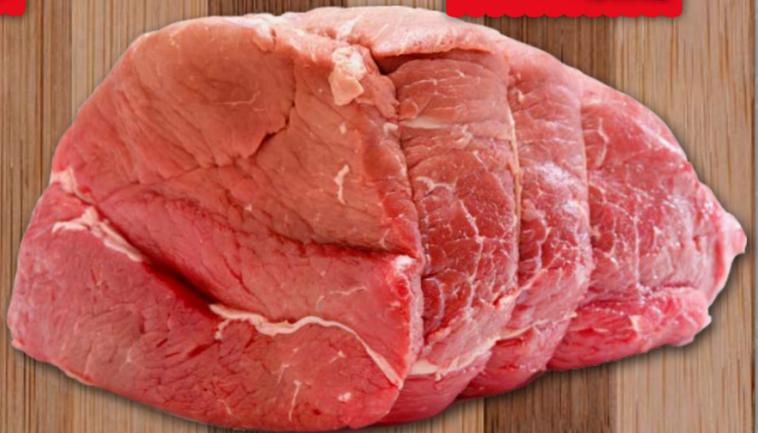
VISIT US ON FACEBOOK @PowellsNL

View our flyer online at www.powellsnl.ca



\$2⁴⁹
PER LB.
\$5.49/KG.

Fresh Country Ribbon Value Pack
Whole Chicken Legs



\$6⁹⁹
PER LB.
\$15.41/KG.

Cut From AA or Higher Grades Beef
Boneless Inside Round Roast



\$5⁷⁷
PER LB.
\$12.72/KG.

Made From Fresh or Frozen Portions Value Pack
Medium Ground Beef



\$4⁷⁷

375g Leadbetter's
Naturally Smoked Bacon



3/\$5

398ml Heinz
Beans or Pasta



10/\$5⁹⁹

Size 88's Product of Egypt
Navel Oranges



\$3⁷⁷

311-525g Selected
Post Cereal



\$2⁸⁸

280-330g Kellogg's
Eggo's or Pancakes



\$4⁹⁹

1.42-1.63lt Arm & Hammer
Liquid Laundry Detergent



\$1⁹⁷

375-404g Betty Crocker
Cake Mixes



\$12⁴⁹

24x355ml
Coke & Flavours



\$4⁹⁹

1lb Product of US
Strawberries



2/\$6⁵⁰

550-675g
Bread Buns



\$6⁴⁴

1.28kg Imperial
Soft Margarine



\$4⁹⁷

1lt Heinz
Ketchup

PRICES ARE IN EFFECT MARCH 19 - 25, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
19	20	21	22	23	24	25



\$129

284ml Club Supreme Mandarins



\$344

125-295g Kellogg's Nutri Grain Bars or Special K Fruit Crisps



\$119

284ml Success P&S Mushrooms



2/\$650

425ml Sweet Baby Rays BBQ Sauce



\$388

341ml VH Dipping Sauce



\$744

850g Kraft Cheese Pizza Mix



2/\$6

141g Betty Crocker Potatoes



\$599

454g Maple Leaf Cooked Ham



\$1099

3pk Sponge Towels Ultra CAS Double Roll



\$497

450g Premium Plus Crackers



\$699

320-400g Black Diamond Cheese Bars or Shreds



\$599

7lb Golden Crust Flour



\$444

340g Klik or Kam Luncheon Meat



\$788

1.18lt Crisco Oil



\$444

283g Christie Fig Newtons



\$799

1.4kg Minute Rice



\$177

1lt Graves Apple Juice



\$1899

30ct Folgers K-Cups



2/\$9

6x710ml Pepsi & Flavours



2/\$3

284ml Aylmer Tomato Soup



2/\$488

454g Selected Catelli Pasta



\$888

8pk Cashmere Bathroom Tissue



\$277

340-450g Betty Crocker Frosting



\$488

520g Apple Valley Baked Lemon Meringue Pie

Powell's Supermarket Community Corner

WE DID IT CBN!

In December, we committed that with every Kraft Heinz purchase, Powell's Supermarket in partnership with Kraft Heinz would donate the equivalent back to local food banks up to an amazing \$25,000!

We delivered these donations at the beginning of March right when our food banks needed them the most. Thank you to our loyal customers for choosing **POWELL'S SUPERMARKET AND KRAFT HEINZ.**

Watson Ridge

CLASSIC RECIPE

CHICKEN BURGER

CLASSIC RECIPE

CHICKEN STRIPS

CLASSIC RECIPE

POPCORN CHICKEN

CLASSIC RECIPE

CHICKEN NUGGETS

CLASSIC RECIPE

800g Watson Ridge Nuggets, Burgers, Strips, Popcorn Chicken or Dino Nuggets

\$699



Your Newfoundland Butcher



Cut From AA or Higher Grades Beef Value Pack

Inside Round Marinating Steak

\$8.99
PER LB.
\$19.82/KG.



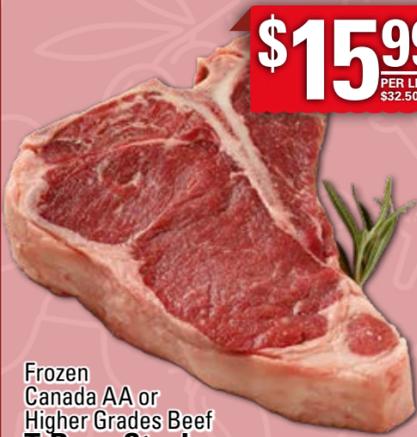
\$9.88

1kg Sunrise Baby Bologna



\$24.99

5kg Frozen Country Ribbon Miscut Bone In Chicken Breast



Frozen Canada AA or Higher Grades Beef T-Bone Steak

\$15.99
PER LB.
\$32.50/KG.



\$3.88

375g Coachman Wieners



\$3.99
PER LB.
\$8.80/KG.

Quality Vac Pack Salt Riblets



\$9.99

852g Butterball Lean Turkey Burgers



\$4.99
PER LB.
\$11.00/KG.

Fresh Pork Belly



Fresh Boneless Pork Sirloin Roast

\$3.99
PER LB.
\$8.80/KG.



\$8.99

475g Watson Ridge Chicken Wings



\$10.88

300g Schneiders Bacon Crumbles



67-120g Schneiders Lunchmates

\$2.99



\$4.99

250g Sunrise Salami or Pepperoni Sticks



\$11.99

680g Stampede Pork Back Ribs

FRESH. FRIENDLY. LOCAL



Deli



175g Chris Brothers Pizza Variety Pack

\$2.99

\$1.99
PER 100G



Store Sliced All White Turkey Roll

\$17



16pc Instore Hot or Chilled Breaded Chicken Wings



200-250g Main Street Deli Sliced Meats

\$4.99

FRESH. FRIENDLY. LOCAL



From the Sea



375g Frozen Cod Nuggets

\$9.99



Fresh Atlantic Salmon Fillets

\$12.99
PER LB.
\$28.64/KG.



\$8.99

500g High Liner English Style Fish in Batter



340g Ocean Jewel Breaded Popcorn Shrimp

\$6.99

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$5.99



3lb Product of Canada
McIntosh Apples

\$3.69



225g Product of Canada
White Mushrooms

\$4.99
BUNCH



Product of US
Broccoli

\$5.99
EACH



Product of Honduras
Cantaloupe

\$1.39
PER LB.
\$3.06/KG.



Product of Canada
Medium Turnip

\$3.99
PER LB.
\$8.80/KG.



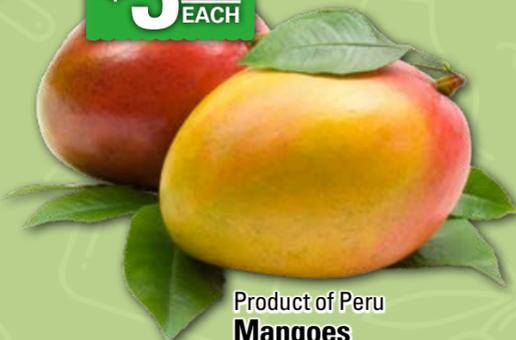
Product of South Africa
Plums

\$3.99



3lb
Product of Canada
Carrots

\$3.49
EACH



Product of Peru
Mangoes

\$5.49



1lb
Product of Canada
Parsnip

99¢
EACH



Size 95's
Product of US
Lemons

\$2.99



5lb Product of Canada
Red Potatoes



FRESH. FRIENDLY. LOCAL



Dairy

\$2.99



391g Pillsbury RTB
Pizza Crust

\$6.99



300-400g
Armstrong
**Cheese Bars
or Shreds**

2/\$4



227g Lactantia
Garlic Butter

\$4.99



828-946ml Nestle
Coffee Mate Liquid

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Frozen

\$14.99



907g M&M
Cabbage Rolls

2/\$5



128-284g
Michelina
Frozen Entrees

\$3.77



800g McCain
Red Bag Fries

\$6.88



775g Red Baron Rising Crust
Pizza

\$4.88



400g
Cavendish Quick Crisp
Onion Rings

\$5.88



638g Furlani
Garlic Texas Toast

\$6.88



400-500g
Wong Wing
Frozen Entrees

2/\$4



250g
Green Giant Simply Steam
Cut Broccoli & Cauliflower

FRESH. FRIENDLY. LOCAL



Bakery

\$5.99



8pk Golden Crust Fancy Cake Donuts

Baked In-Store



Lemon Meringue Pie

\$8.99

\$2.49



570g Golden Crust White Sliced Bread

\$2.99



3 Bun Homestyle White Bread

Baked In-Store

\$3.99



4pk Rich's Croissants

Baked In-Store

\$3.99



2pk Golden Crust Assorted Danishes

\$12.99



Fudgee-O Cake

Baked In-Store

STARTING AT

\$6.99



Powell's Artisan Sourdough Bread

Baked In-Store

\$8.49



450g Selected Golden Crust Jelly Rolls

FRESH. FRIENDLY. LOCAL

More Great Deals

\$4.77



410-600ml Classico Pasta Sauce

\$5.44



450g Nestle Coffeemate Powder

2/\$6



340g Litehouse Caramel Tub

\$3.44



650g Cavendish Hash Brown Sticks

2/\$6.50



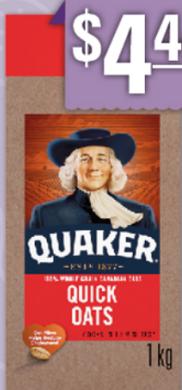
120-187g Quaker Granola Bars

\$4.88



500ml Scotsburn Whipping Cream

\$4.44



1kg Quaker Quick Oats

\$2.88



276g Tang Crystals

\$5.29



70ct Red Rose Tea Bags

\$2.88



85g Kraft Dream Whip

\$4.88



450ml Dave's Famous Wing Sauce

2/\$3



500g Arm & Hammer Baking Soda

FRESH. FRIENDLY. LOCAL

\$2.88



99g Fresh Gourmet Toppings

2/\$6.50



170g Purity Candy

\$1.88



85g Clover Leaf Smoked Oysters or Mussels

\$4.88



227-250g Kraft Philadelphia Cream Cheese



Refreshments & Snacks

4/\$5



1.5lt True North Water

\$3.99



230-295g Old Dutch Restaurante or Arriba Tortilla Chips

2/\$4.88



2lt Fruite Drinks

2/\$5



130-155g Selected Lay's Snacks

2/\$7.50



102-145g Lay's Mini Snacks

\$3.99



750ml Purity Syrup

\$4.44



234g Sara Lee Little Bites Muffins

2/\$7



120-142g Sensible Portions Veggie Straws

\$4.88



430ml Old Dutch Restaurante Salsa

2/\$4.88



105-141g Hershey Big Box Chocolate

\$2.77



148-156g Pringles Potato Chips

\$17.99



24x591ml Powerade Variety Pack

FRESH. FRIENDLY. LOCAL



Furry Friends

\$3.88



500g Meow Mix Dry Cat Food

88¢



100g Pedigree Choice Cuts Dog Food Pouch

\$11.99



1.9kg Pedigree MarroBone

3/\$5



85g Whiskas Temptations Cat Treats

\$23.99



8kg Purina Adult Dog Chow

2/\$2.22



78g Meow Mix Cat Food

FRESH. FRIENDLY. LOCAL



House and Home

\$4.44



800ml Lestoil Household Cleaner

\$3.99



710ml Lysol Toilet Bowl Cleaner

\$3.99



946ml Clorox All Purpose Cleaner

\$6.44



16ct Gain Flings

\$6.59



765ml Windex Trigger

\$4.88



3.6lt Old Dutch All Purpose Bleach

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Personal Care

\$3.29



3pk Ivory Bar Soap

\$4.88



24ct Tylenol Extra Strength Tablets or Caplets

\$6.44



18ct Tampax Pearl Tampons

\$5.88



473ml Axe Bodywash

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