



Fresh, Friendly and Local - Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL

View our flyer online at www.powellsnl.ca



\$5.99
PER LB.
\$13.21/KG.

Fresh Country Ribbon Value Pack Boneless Skinless Chicken Breast



\$6.99
PER LB.
\$15.41/KG.

Cut From AA or Higher Grades Beef Sirloin Tip Oven Roast



\$3.44
PER LB.
\$7.58/KG.



Fresh Pork Side Ribs

\$4.99



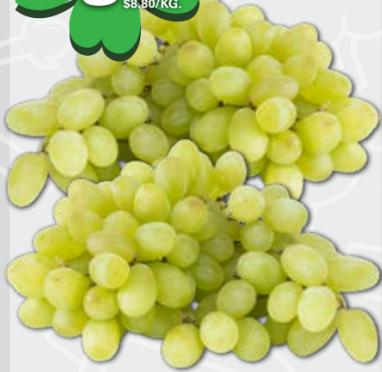
375g Maple Leaf Bacon

\$2.88



227g Kraft Philadelphia Dips

\$3.99
PER LB.
\$8.80/KG.



Product of Peru Green Seedless Grapes

2/\$5



200-235g Old Dutch XXL Potato Chips or Ridgies

99¢



284ml Campbell's Tomato, Vegetable, Chicken Noodle or Cream of Mushroom Soup

\$3.88



375-500ml E.D. Smith Regular or NSA Triple Fruit Jam

\$2.99



454g Central Dairies Soft Margarine

\$3.99



2lt Old Dutch Liquid Laundry Detergent

2/\$15



12x355ml Coke & Flavours

2/\$6



10x180ml Kool Aid Jammers

3/\$5



398ml Clark Beans

\$4.99
PER LB.
\$11.00/KG.



Product of Mexico Asparagus

\$2.99



675g Dempster's Xtra Sandwich Bread

PRICES ARE IN EFFECT MARCH 12 - 18, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
12	13	14	15	16	17	18



\$488

12x500ml Ice River Natural Spring Water



\$477

700g Minute Rice



\$999

3pk Royale Tiger Towels 3=6



\$497

454g Christie Toppables Crackers



\$799

320-400g Cracker Barrel Cheese Bars or Shreds



\$477

4pk Dole Fruit Cup



\$444

425ml Kraft Dressings



\$388

340g No Yolk Egg Noodles



2/\$5

200g Kraft Macaroni Salad Mix



\$1099

3lt Unico Vegetable Oil



\$444

1.89lt Ocean Spray Cranberry Cocktail



\$499

385-400g Purity Coconut Bar, Family or Ginger Cookies



\$444

7-10pk Carnation Hot Chocolate Envelope



\$1349

24x355ml Selected Pepsi



2/\$488

156g Maple Leaf Flakes of Meat



2/\$444

796ml Primo Tomatoes



3/\$5

110g Mr Noodles Bowl



\$1299

216ct Tetley Tea Bags



2/\$14

12x355ml AHA Sparkling Water Beverage



\$188

58g Kraft Dinner Cups



\$499

400g Purity Lemon Cream Biscuits



\$999

12ct Royale Double Roll Bathroom Tissue



2/\$444

354ml Carnation Regular or 2% Evaporated Milk



\$177

199-284ml Green Giant Corn Niblets or Cream Style Corn

Join us for **live MUSIC**

Tuesday, March 17th
POWELL'S SUPERMARKET,
CARBONEAR
 Starting at 11am
 with Mike Greeley!



\$444

620g Apple Valley Baked Apple Pie



Your Newfoundland Butcher



\$4.99
PER LB.
\$11.00/KG.

Atlantic's Best Homestyle Sausage



Bone-In Lamb Shoulder Roast or Chops

\$9.99
PER LB.
\$22.02/KG.



\$4.99

375g Maple Leaf Wieners

\$7.99
PER LB.
\$17.62/KG.



Made From Fresh or Frozen Portions Value Pack Lean Ground Beef

\$3.99
PER LB.
\$8.80/KG.



Tray Pack Frozen Turkey Necks

\$8.99
PER LB.
\$19.82/KG.



Cut From AA or Higher Grades Beef Boneless Stewing Beef



\$12.99

6pk Belmont Burgers

\$8.99
PER LB.
\$19.82/KG.



New Zealand Lamb Legs

\$19.99



1.75kg Country Best Salt Beef



\$6.88

300g Maple Leaf Fully Cooked Sausage Links or Rounds



\$8.99

615g Schneiders Chicken Wings

\$13.88



Maple Leaf Baby Bologna



\$10.99

800g Watson Ridge Jumbo Chicken Fingers or Zesty Chicken Breast



\$6.99

650g Butcher Selection Pork Button Bones

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Deli

\$2.49
PER 100G



Store Sliced Deli Classic Roast Beef

\$5.99



175g Maple Leaf Natural Selections Deli Meats



200g Chris Brother's Sliced Ham

\$3.49

\$12.99



Instore Hot or Chilled Rotisserie Chicken

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From the Sea

\$3.49



330g Land & Sea Fish Cakes



\$9.99

700g High Liner Fish Sticks



2/\$7

250g High Liner Tempura Battered Fish

\$5.99



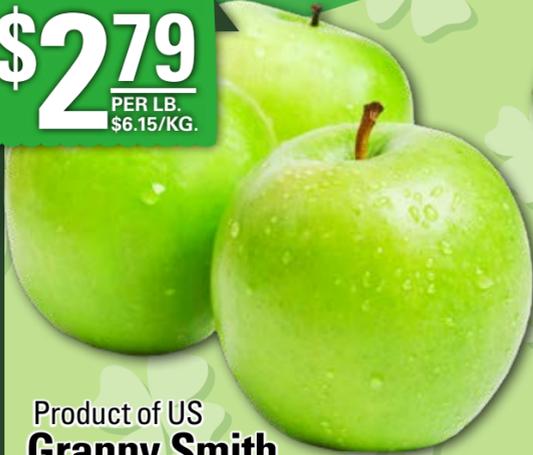
454g Land & Sea Salt Fish Bits

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Fresh Produce

\$279
PER LB.
\$6.15/KG.



Product of US
Granny Smith Apples

\$399
EACH



Product of Mexico
English Cucumbers

\$229
EACH



Product of Mexico
Avocados

\$799



3pk Product of US
Romaine Hearts

3/\$399



Product of Chile
Kiwi Fruit

\$599
BUNCH



Product of US
Celery Stalks

\$349
BUNCH



Product of Mexico
Green Onions

\$119
EACH



Size 42's
Product of Mexico
Limes

\$259
PER LB.
\$5.71/KG.



Product of US
Anjou Pears

\$599
PER LB.
\$13.21/KG.



Product of US
Jalapeno Peppers

\$479
PER LB.
\$10.56/KG.



Product of Mexico
Zucchini

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Dairy

\$477



240g
Black
Diamond
**Natural
Cheese
Slices**

\$344



468g Pillsbury RTB
Chocolatey Chip Cookie Dough

\$288



125g Lactantia
Salted Butter

2/\$6



500ml
Scotsburn
**Blend or
Coffee
Cream**

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Frozen

\$544



204-288g Schneider's
Breakfast Sandwiches

\$488



288g Furlani Three Cheese
Texas Toast

\$499



20pk Cavendish Gold
Hashbrown Patties

\$344



750g Cavendish
Crispy Coat Fries

\$344



400-500g
Green Giant Valley Selections
Vegetables

\$1288



404-502g Piatto@Home
Pizzas

\$444



300g
Pogo Sticks

\$699-\$799



1kg Selected Below Zero
Fruit

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Bakery

\$2⁹⁹



Baked In-Store

3 Bun Homestyle **White Bread**

\$6⁴⁹



Baked In-Store

6pk Assorted **Cupcakes**

Starting at **\$10⁹⁹**



Baked In-Store

Selected St. Patrick's Day **Cakes**

\$4⁶⁹



6pk Golden Crust Plain, Raisin, Blueberry or Coconut Mandarin **Tea Buns**

\$13⁹⁹



21pk Golden Crust **Variety Pack Cookies**

\$4⁴⁹



2pk Golden Crust **Cream Horns**

\$2⁴⁹



6pk White or Whole Wheat **Clover Rolls**

Baked In-Store



STARTING AT **\$6⁹⁹** Powell's Artisan **Sourdough Bread**

Baked In-Store

\$2⁹⁹



8pk Golden Crust **Hotdog or Hamburger Buns**

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More Great Deals

\$10⁸⁸



1.13kg Snoflake **Shortening**

2/\$3



50-53g Kellogg's **Cereal in a Cup**

\$4⁹⁹



1lt Bicks **Pickles**

\$3⁸⁸



6-8pk Dempster's Signature Gold **Hotdog or Hamburger Buns**

\$12⁹⁹



1.2kg McCain **Pizza Pockets**

\$3⁸⁸



180g Selected Christie **Ritz Crackers**

\$3²⁹



1kg Robin Hood **Flour**

\$3⁴⁴



300g Dare **Viva Puffs**

\$1⁸⁸



375ml Heinz **Upside Down Mustard**

\$4⁴⁴



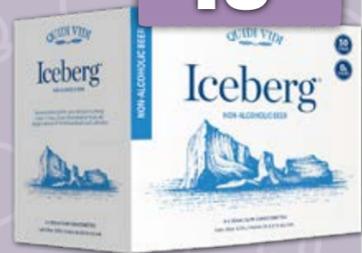
600g Robby's **Wedgies**

\$4⁸⁸



120g Clover Leaf **Crab Meat**

\$15⁹⁹



6x355ml Iceberg **Non-Alcoholic Beer**

\$2⁷⁷



243ml Old El Paso **Taco Sauce**

2/\$4⁸⁸



128-142g Fresh Gourmet **Croutons**

\$7⁴⁴



828ml Starbucks **Caramel Macchiato Coffee Cream**

2/\$7



10ct Glad **Black, Clear or Blue 74lt Garbage Bags**

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Refreshments & Snacks

3/\$5



310ml Nelson Milkshakes

\$3.77



168-200g Pepperidge Farm Goldfish Crackers

2/\$8.50



190-200g Miss Vickie's Potato Chips

\$3.88



260g Takis Chips

3/\$5



65g Charleston Chew Bars

\$4.88



517g Kool Aid Orange or Cherry Cans

2/\$8



6x222ml Coke & Flavours Minis

2/\$4.44



113g Instore Premium Popcorn

3/\$4.50



1lt Pepsi & Flavours or Aquafina Water

2/\$1



15g Pop'n Top Popcorn Seasoning

\$2.99



135-154g Maynards Candy

\$3.99



200g Old Dutch Veggie Crisps or Dutch Crunch Potato Chips

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Furry Friends

\$2.99



450g Milk Bone Small Dog Snacks

\$3.39



48g Whiskas Temptations Creamy Puree Chicken

\$23.88



5kg Nutri Choice Grainfree Dog Food

\$6.99



1.42kg Meow Mix Dry Cat Food

2/\$7



630g Pedigree Choice Cuts Dog Food

\$17.88



9.1kg Arm & Hammer Slide Multicat Cat Litter

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House and Home

\$3.29



1.27lt Clorox Bleach

\$3.99



828ml Pinesol Household Cleaner

\$5.44



10-90ct Ziploc Freezer, Storage or Sandwich Bags

\$11.88



3.4kg Cascade Complete Dishwasher Gel

\$4.99



141-150g Downy or Gain Scent Booster Beads

\$7.44



16ct Swiffer Dry Cloths Unscented

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Personal Care

2/\$3



95ml Colgate Toothpaste

\$5.29



30ct Aspirin Low Dose 81mg

\$1.88



221ml Softsoap Hand Pump

\$6.44



364ml Olay Bodywash Shea Butter

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