


BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948
Powell's
 Supermarket

VISIT US ON FACEBOOK  @PowellsNL

 View our flyer online at www.powellsnl.ca

\$2⁹⁹
 PER LB.
 \$6.59/KG.



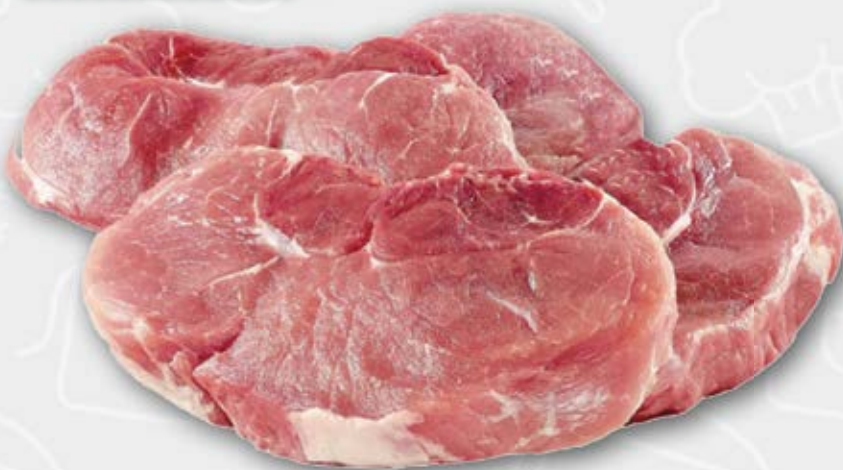
Fresh Country Ribbon
Whole Bagged Chicken

\$11⁹⁹
 PER LB.
 \$26.43/KG.



Cut From Canada AA or USDA Select Grades Beef Value Pack
Striploin Grilling Steak

\$3²⁹
 PER LB.
 \$7.25/KG.



Frozen Value Pack
Sirloin End Pork Chops

\$24⁹⁹



2kg Pinehill
Boneless Skinless Chicken Breast

\$3⁸⁸



340g Mario's
Corned Beef

\$1⁷⁷
 PER LB.
 \$3.90/KG.



Product of Florida
Large Tomatoes

\$3⁷⁷



317-430g Selected
 General Mills
Cheerios

\$1⁸⁸



425ml Campbell's
Spaghetti-O's

\$2⁸⁸



454g Central Dairies
Soft Margarine

\$1⁷⁷



28-212g Dr. Oetker
Mousse or Pie Filling

\$3⁹⁹



450g Kraft
Cheez Whiz

\$3⁴⁴



675g Villaggio
Thick Sliced Bread or 6-8pk
Toscana Buns

\$6⁷⁷



1.42-1.63lt Arm & Hammer
Liquid Laundry Detergent

5/\$3⁹⁹



Product of U.S.
Fresh Corn

3/\$5



2lt Assorted
Coke & Flavours

PRICES ARE IN EFFECT JUNE 6-12, 2024

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
6	7	8	9	10	11	12

2/\$5

680ml Hunt's Thick 'n Rich Pasta Sauce

\$3⁸⁸

2lt Rougemont Apple Juice

\$4⁴⁴

300-350g Purity Cream Crackers

\$4⁸⁸

591ml Litehouse Dressing

\$1⁷⁷

199-284ml Green Giant Corn

2/\$4

284ml Franco American Gravy

\$1⁶⁹

350g Green Barn Yellow Split Peas

\$4⁴⁴

675g Crosby Fancy or Cooking Molasses

3/\$5

284ml Aylmer Chicken Noodle, Cream of Mushroom or Vegetable Soup

\$5⁸⁸

200g Folgers Instant Coffee

\$9⁸⁸

3pk Sponge Ultra Pro Paper Towels

\$3⁴⁹

240g Furlani Garlic Toast

\$5⁸⁸

1lt Heinz Ketchup

2/\$5

398ml Dole Pineapple

2/\$4⁴⁴

354ml Dairy Isle Regular or 2% Evaporated Milk

\$3⁸⁸

73g Knorr Rice Cup

\$6⁷⁷

2.5kg Robin Hood White, Whole Wheat or Best for Bread Flour

\$13⁹⁹

24ct Royale Double Roll Bathroom Tissue

\$4⁸⁸

375g Purity Chocolate Chip Cookies

\$5⁸⁸

450g Carnation Coffee Mate Powder

\$6⁹⁹

320-400g Cracker Barrel Cheese Bars or Shreds

\$3⁹⁹

1lt Liberty Canola Oil

\$3⁴⁴

250ml Smucker's Jam (excludes raspberry)

\$2⁹⁷

12ct Armstrong Cheese Melts

Have you heard about our... **JR SHOPPER PASSPORT**

Each week in our flyer, Pepper will pop up by one of her favourite items & that's our new **STICKER OF THE WEEK**. Collect them **ALL** to earn a **PEPPER STUFFIE!**

STICKER OF THE WEEK

*STICKERS available at the checkout. Full promo details in store or on our Facebook page.

\$3⁸⁸

1.36lt Heinz Tomato Juice



Your Newfoundland Butcher

\$5.99
PER LB.
\$13.21/KG.

Made from Fresh or Frozen Portions Value Pack
Lean Ground Beef

\$8.99
PER LB.
\$19.82/KG.

Quality Vac Pack
Boneless Salt Beef

\$4.99
PER LB.
\$11.00/KG.

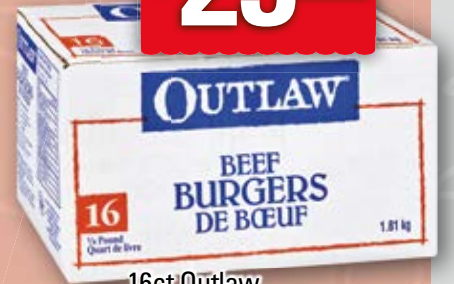


Fresh
Pork Belly

\$8.99

1kg Sunrise
Baby Bologna

\$23.88



16ct Outlaw
Beef Burgers

\$7.99
PER LB.
\$17.61/KG.

Cut from Canada AA or USDA Select Grades Beef
Cross Rib Pot Roast or Value Pack Marinating Steak

\$6.99



250g Maple Leaf Prepped & Ready
Chicken or Ham

\$2.99
PER LB.
\$6.59/KG.



Frozen Tray Pack
Turkey Necks

\$5.44

375g Mere Michel Regular or Salt Reduced
Bacon



\$4.99

5-6ct Atlantic's Best
Pickled Wieners or Eggs

\$5.99



500g Selected Johnsonville
Sausage

67-120g JMS
Lunchmates



\$2.99

\$6.99



900g Larsen Regular or BBQ
Wieners

\$10.99



680g Stampede
Pork Back Ribs

FRESH. FRIENDLY. LOCAL



Deli

\$1.99
PER 100G

Store Sliced Levesque
Cooked Ham

\$4.99



200-250g Mainstreet
Deli Sliced Meats

\$2.99



175g Chris Brothers
Pizza Variety Pack

\$11.99-\$13.99



Instore
Dinner For Two Meals

FRESH. FRIENDLY. LOCAL



From the Sea

\$9.99
PER LB.
\$22.02/KG.



Frozen
Atlantic Salmon Fillets

\$9.99

700g High Liner Family Pack
Fish Sticks



\$8.99

340g Toppits
Cooked White Shrimp



\$3.99

200g Land & Sea
Fish 'n Brewis



\$9.99
PER LB.
\$22.02/KG.

Store Wrapped FPI
Cod Nuggets



FRESH. FRIENDLY. LOCAL



Fresh Produce



\$4⁹⁹
EACH

Product of Honduras
Pineapple



\$6⁹⁹

600g Clamshell
Product of Chile
Kiwi Fruit



\$6⁹⁹
EACH

Product of U.S.
Cantaloupe



\$4⁹⁹
HEAD

Product of U.S.
Cauliflower



\$3⁹⁹
HEAD

Product of U.S.
Romaine Lettuce



\$5⁹⁹

3lb Product of Canada
Red Delicious Apples



\$1⁹⁹
EACH

Product of Canada
English Cucumbers

\$4⁹⁹
PER LB.
\$11.00/KG.

Product of U.S.
Cherries



\$1⁶⁹

6oz Product of U.S.
Red Radish



\$4⁹⁹
PER LB.
\$11.00/KG.

Product of U.S.
Nectarines



\$3⁷⁷

225g Product of Canada
White Mushrooms

FRESH. FRIENDLY. LOCAL



Dairy



\$7⁹⁹

850g Becel Regular or Olive Oil
Margarine



\$4⁸⁸

227-250g Kraft
Philadelphia
Cream Cheese



\$4⁴⁴

256-424g Jell-O RTE
NSA Jell-O, Pudding or Strawberry Cheesecake



\$4⁴⁴

4x100g Oikos
Greek Yogurt

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Frozen



\$5⁴⁴

693g Pillsbury
Pizza Bites



\$3⁹⁹

317g Giuseppe
Garlic Fingers



\$5⁴⁴

269-306g Healthy Choice
Gourmet Steamers



\$9⁹⁹

695g Maple Leaf
Prime Chicken Wings



\$2⁹⁹

800g Cavendish
Straight or Crinkle Cut Fries



\$2⁷⁷

10ct Cavendish
Hashbrown Patties



\$5⁸⁸

510g McCain
Deep 'n Delicious Cakes



\$15⁸⁸

1.5kg Family Pack
Pogo Sticks

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Bakery



\$3⁴⁹

12pk Golden Crust
Dinner Rolls



\$4⁹⁹ 12pk Golden Crust
Touton Balls



\$16⁹⁹

2.5lb Golden Crust
Ring Cakes



\$2⁹⁹

3 Bun Homestyle
White Bread

**Baked
In-Store**



\$10⁹⁹

Large
Trifle

**Baked
In-Store**



\$12⁹⁹

21pk Golden Crust
**Variety Pack
Cookies**



\$11⁹⁹

Mudslide
Cake

**Baked
In-Store**



\$3⁹⁹

2pk Black Forest or Vanilla
Mini Shortcakes

**Baked
In-Store**



\$4⁹⁹

**NATIONAL
DONUT DAY
JUNE 7TH**

10pk Golden Crust
Cake Donuts

FRESH. FRIENDLY. LOCAL



PRICES ARE IN EFFECT UNTIL JUNE 19, 2024

Smart Shopper

2/\$5



427g Parkay
**Soft
Margarine**

\$7⁹⁹



1.18lt Mazola
Corn or Vegetable Oil

\$1⁷⁷



213ml Gattuso Original
Pizza Sauce

\$4⁸⁸



900g Butcher Selection
Stampede Hotdogs

\$2⁸⁸



170ml Fussell's
Cream

\$2⁸⁸



227g Old Dutch
Sunflower Seeds

2/\$4



221ml Soft Soap Aloe Vera or
Aquarium Pump
Hand Soap

\$2⁸⁸



340g Mario's
Luncheon Meat

\$10⁸⁸



4x473ml Monster
Energy

\$3⁹⁹



900ml Drano
Liquid

\$4⁴⁴



311-440g Selected Post
Cereals

\$4⁸⁸



110g Pam
Cooking Spray

FRESH. FRIENDLY. LOCAL

Personal Care

\$5³⁹

591ml Irish Spring
Body Wash



\$5⁸⁸



18ct Tampax Pearl
Tampons

\$3⁸⁸



311g Gillette
Foamy

\$2⁹⁹



170ct Q-Tips
Cotton Swabs

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks

\$377



200-235g Old Dutch XXL or Ridgies Potato Chips

\$388



8x200ml Minute Maid Apple or Orange Juice Packs

\$399



142g Popcorners Snacks

\$18.99



24x591ml Powerade Team Pack

2/\$8



6x710ml Pepsi & Flavours

2/\$3



65g Charleston Chew Bars

\$15.99



54ct Kellogg's Rice Krispie Squares

4/\$5



502ml Fruit 2.0 Sparkling Beverage

\$344



138-141g Betty Crocker Gushers or Fruit Roll-Ups

\$6.88



24x500ml Pure Life Spring Water

4/\$5



96-180g Regal Ped Bag Candy

2/\$4



113g In Store Premium Popcorn

FRESH. FRIENDLY. LOCAL



Furry Friends

\$14.88



12.7kg Arm & Hammer Multi-Cat Litter

\$22.99



8kg Purina Adult Dog Chow

2/\$3



78g Meow Mix Tasty Layers Cat Food

\$7.44



210g Milk Bone Comfort Chews

\$3.88



500g Meow Mix Dry Cat Food

\$1.88



100g Cesar Dog Food

FRESH. FRIENDLY. LOCAL



House and Home

\$5.99



765ml Windex Trigger

\$3.44



1.65lt Fabuloso Cleaner

\$7.99



3.57lt Clorox Bleach

\$4.99



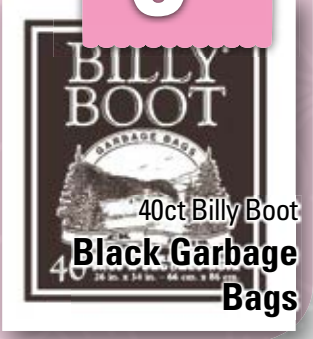
8ct Septo Bac

\$1.77



250ml Vim Lemon Cleaner

\$6.44



40ct Billy Boot Black Garbage Bags

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More Great Deals

\$2.77



175g Schneider's Smokies

\$3.49



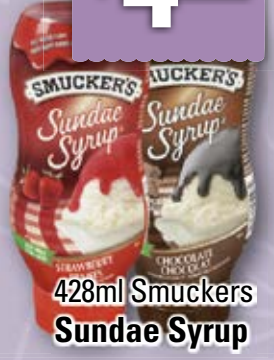
1kg Robin Hood Minute Oats

\$5.44



12x99g Snack Pack Family Pack Puddings

\$4.88



428ml Smuckers Sundaes Syrup

2/\$5



142g Fresh Gourmet Croutons

2/\$6.50



311-334g Old El Paso Tortillas

2/\$4.44



99g Clover Leaf Snacks

\$1.44



3pk Crosby's Crystals

FRESH. FRIENDLY. LOCAL



GARDEN CENTRE *is now open!*

Visit our brand new Garden Centre located at Powell's Bay Roberts, 160 Conception Bay Highway.

We have a large selection of perennials, annuals, bushes, trees, plant food, soil, mulch and so much more!

GARDEN CENTRE HOURS;

Monday-Wednesday **9am-6pm**

Thursday-Saturday **8am-7pm**

Sunday **9am-5pm**