

Fresh, Friendly and Local – Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

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View our flyer online at
www.powellsnl.ca



\$6⁹⁹
PER LB.
\$15.41/KG.

Cut From AA or Higher
Grades Beef Boneless Blade
Marinating Steak or Roast



\$2⁹⁹
PER LB.
\$6.59/KG.

Fresh Country Ribbon
Whole Bagged Chicken



\$3⁹⁹
PER LB.
\$8.80/KG.

Fresh
Pork Tenderloin



\$24⁹⁹

2kg Pinehill
Boneless Skinless
Chicken Breast



\$3⁸⁸

375-500ml
E.D. Smith
Regular or NSA
Triple Fruit Jam



\$4⁷⁸
PER LB.
\$10.54/KG.

Product of Chile
Red Seedless Grapes



\$7⁹⁷

1.5lt Kraft
Miracle Whip



\$1⁸⁸

425ml Campbell's **Spaghetti-O's**
or 284ml Franco American **Gravy**



\$12⁴⁹

24x355ml
Coke & Flavours
or Selected **Pepsi**



\$1⁸⁸

28-164g Dr. Oetker
Mousse or Pie Fillings



2/\$6

550-675g
Villaggio Thick Sliced **Bread**
or 6-8pk Toscana **Buns**



2/\$4⁸⁸

427g I Can't Believe It's Not Butter
Margarine



\$4⁹⁷

1lt Heinz
Ketchup



\$5⁷⁸

10lb Product of Canada
Red Potatoes



\$3⁹⁹

210-405g
Selected Kellogg's
Cereal

PRICES ARE IN EFFECT JUNE 5-11, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
5	6	7	8	9	10	11

\$9.99



144ct Tetley Tea Bags

\$7.99



1.2-1.4kg Minute Rice

\$2.99



389g Idahoan Mashed Potatoes

\$4.88



475ml Kraft Sandwich Spread

\$8.88



3pk Royale Tiger Towels

\$5.88



320-400g Armstrong Cheese Bars or Shreds

2/\$4



398ml Bush's Baked Beans

\$4.88



400g Cavendish Quick Crisp Onion Rings

\$4.97



400g Purity Lemon Cream Biscuits

3/\$5



284ml Heinz Tomato Soup

\$1.88



454g Thompson's White Pea Beans

\$4.88



425ml Bullseye BBQ Sauce

\$4.44



1.89lt Ocean Spray Cranberry Cocktail

3/\$10



247-391g Town House Crackers

\$3.99



3lb Golden Crust Bread & Roll Mix

\$4.88



453-500g Selected Christie Cookies

\$4.44



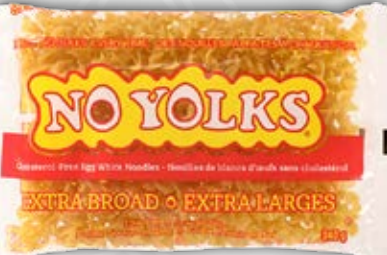
1.8lt Arctic Power Laundry Detergent

\$12.88



8 Roll Charmin Triple Roll Bathroom Tissue

\$3.77



340g No Yolks Egg Noodles

\$2.88



796ml Aylmer Tomatoes

\$4.99



12ct Scotsburn Twin Ice Pops

\$4.44



425ml Kraft Dressings

\$6.99



1.18lt Crisco Vegetable or Canola Oil

\$5.88



1kg Kraft Peanut Butter

Powell's Supermarket

Community Corner



HOW TO PICK A GREAT STEAK!

SOME TIPS: The meat should have good colour and appear moist but not wet. Any cut edge should be even, not ragged. The steak should feel firm and cold to the touch.

Tender Steak: Tenderloin is the top choice if tenderness is your goal. For special occasions, tenderloin, t-bone and prime rib steaks are your go-to.

Cuts For Grilling: Many cuts fit the bill, like t-bone, tenderloin and prime rib. Sirloin steak is another good choice, though it can dry out quickly if overcooked.

Did you know that the meat department at your local Powell's is ready to help you find that perfect steak? If you're not sure what to get, our knowledgeable and friendly team can provide suggestions or do a custom cut!

2/\$5



250ml Scotsburn Sour Cream



Your Newfoundland Butcher



\$6⁹⁹
PER LB.
\$15.41/KG.

Made From Fresh or Frozen Portions Value Pack

Lean Ground Beef

\$79⁹⁹

6kg
Atlantic's Best
Choice Salt Beef



\$4⁴⁴

375g Maple Leaf
Wieners

\$3⁹⁹
PER LB.
\$8.80/KG.



Frozen AGD Tray Pack
Turkey Wings



\$4⁹⁹
PER LB.
\$11.00/KG.

Fresh
Pork Belly



\$6⁹⁹
PER LB.
\$15.41/KG.

Quality Vac Pack
Salt Pork Fat Back

\$29⁹⁹



16ct
Outlaw
Beef Burgers



\$5⁹⁹

500g
Selected Johnsonville
Sausages



375g
Maple Leaf
Bacon

\$6⁹⁹

\$9⁹⁹



1kg
Sunrise
Baby Bologna

\$4⁹⁹-\$17⁹⁹



5-20ct
Atlantic's Best
Pickled Eggs or Wieners



67-120g JMS
Lunchmates

2/\$5

\$9⁹⁹



695g Maple Leaf Prime
Chicken Wings



\$11⁹⁹

680g
Stampede
Pork Back Ribs



Deli



\$4⁹⁹

200-250g
Main Street Deli
Sliced Meats

\$2⁹⁹



250g
Chris Brother's
Sandwich Pack

\$1⁹⁹
PER 100G



Store Sliced Levesque
Cooked Ham

\$12⁹⁹



Instore
Hot or Chilled
Rotisserie Chicken



From the Sea



\$9⁹⁹

700g High Liner
Family Pack
Fish Sticks

\$9⁹⁹
PER LB.
\$22.02/KG.



Frozen Atlantic
Salmon Fillets

\$9⁸⁸



375g Frozen
Cod Nuggets

\$13⁹⁹



454g Land & Sea
Cod Tongues

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Fresh Produce



21lb
Product of Canada
Yellow Onions

\$2⁴⁹



Product of Chile
Bartlett Pears

\$2⁶⁹
PER LB.
\$5.93/KG.



Product of Canada
Medium Turnip

\$1⁶⁹
PER LB.
\$3.73/KG.



Product of Mexico/US
Watermelon Pieces

\$1⁴⁹
PER LB.
\$3.28/KG.



Product of Canada
English Cucumber

\$1⁹⁹
EACH



Product of South Africa
Granny Smith Apples

\$2⁹⁹
PER LB.
\$6.59/KG.



280g
Product of Canada
Cherry Tomatoes

\$4⁷⁹



1pint
Product of Mexico
Blueberries

\$6⁹⁹



Product of Mexico
Green Onions

99¢
BUNCH



1lb Product of Mexico/US
Strawberries

\$5⁹⁹



Product of Mexico/Canada
Red Peppers

\$5⁴⁹
PER LB.
\$12.10/KG.



Dairy



410g
Black Diamond
Cheese Slices

\$4⁸⁸



351g Pillsbury RTB
Cinnamon Rolls With Icing

\$3⁴⁴



1.7kg
Becel
Soft Margarine

\$13⁸⁸



828ml
Starbucks
Caramel
Macchiato
Coffee Cream

\$7⁴⁴



Frozen



200g
Swanson
Pot Pies

2/\$4⁴⁴



560-600g
Giuseppe Easy Pizzi
Pizzas

\$6⁸⁸



750g Cavendish
Crispy Coat Fries

\$3⁴⁴



368g Furlani
Garlic Texas Toast or
638g **Garlic Parmesan Toast**

\$5⁸⁸



907g
Cheemo
Perogies

\$3⁸⁸



350g Authentic Asia
Curry Chicken or
Wonton Shrimp Soup

\$5⁴⁴



16ct Kellogg's
Family Size
Regular or
Blueberry
Eggo's

\$4⁸⁸



620g Apple Valley
Rhubarb Strawberry
Baked Pie

\$5⁸⁸

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Bakery

\$4⁸⁸



8pk Golden Crust
Brioche Buns

\$11⁹⁹

**Baked
In-Store**



Chocolate Fudge Brownie
Cake

\$7⁹⁹



2pk Cinnamon
Bread

**Baked
In-Store**

\$5³⁹



6pk
Golden Crust NSA Plain or Raisin
Tea Buns

\$6⁹⁹



4pk
Selected Golden Crust
Muffins

\$8⁹⁹



6pk
Golden Crust Red Velvet
Whoopie Pies

\$7⁹⁹



Lemon Meringue
Pie

**Baked
In-Store**

STARTING AT
\$6⁹⁹

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**



\$2⁹⁹

**Baked
In-Store**



3 Bun Homestyle
White Bread

\$

Smart Shopper

\$5⁴⁴



350-400g Christie
Arrowroot, Honey Maid
Graham Crumbs or Wafers

\$4⁸⁸



1.36lt
Heinz
Tomato Juice

2/\$6⁵⁰



120-142g Sensible Portions
Veggie Straws

\$3⁸⁸



1kg Robin Hood
Minute Oats

\$4⁴⁴



177-235g Lays XXL or Oven Baked
Potato Chips

2/\$6



680ml Hunt's
Thick & Rich
Pasta Sauce

2/\$6



340g
Lighthouse
Caramel Tub

\$3⁸⁸



Selected
Vachon
Cakes

\$8⁹⁹



672-860g
Old Dutch
Variety Packs

\$9⁸⁸



600g
Schneider's
**Chicken
Tenders or Bites**

\$5⁹⁹



1.41lt Pinesol
Household Cleaner

\$3⁹⁹



1lt
Grand Pre
Milk

PRICES ARE IN EFFECT UNTIL JUNE 18, 2025

Personal Care

\$2⁹⁹



250ml Scope
Mouthwash

\$1⁷⁷



221ml
Soft Soap
Hand Pump

\$4⁸⁸



24ct Tylenol
Caplets or Tablets

\$6⁸⁸



6pk
Royale
Facial Tissues

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Refreshments & Snacks

2/\$2²²



43-58g
Selected
Hershey
Chocolate Bars

99¢



37-39g
Pringles
Mini Cans

\$3⁹⁹



8x200ml Oasis
Juice Packs

\$4⁴⁴



311-400g Twizzlers
Pink Lemonade or Wild Berry Twist

\$4⁹⁹



12x500ml Ice River
Natural Spring Water

\$3⁹⁹



750ml
Purity
Syrup

\$5⁸⁸



12x99g Snack
Pack Family Size
Pudding

\$3⁹⁹



710ml Monster Mega
Energy Drink

\$17⁸⁸



24x591ml Powerade
Variety Pack

2/\$1



15g
Pop N Top
Popcorn Seasoning

\$3⁹⁹



142g
Popcorners
Corn Snacks

2/\$7⁵⁰



200-235g
Old Dutch
XXL or Ridgies Potato Chips

FRESH. FRIENDLY. LOCAL



Furry Friends

2/\$3



100g Iams
Perfect Portions
Cat Food

\$12⁸⁸



1.9kg
Pedigree
MarroBone

\$3⁸⁸



630g
Pedigree
Dog Food

\$10⁴⁴



2kg Purina
Cat Chow
For All Cats

\$14⁸⁸



12.7kg
Arm & Hammer
Cat Litter

\$29⁹⁹



7kg
Smartblend
Lamb & Rice
Dry Dog
Food

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House and Home

\$4⁷⁷



946ml Clorox
Greenworks
All Purpose
Cleaner

\$3²⁹



2pk
Mr Clean
Magic
Eraser

\$4⁸⁸



141-150g Downy or Gain
Scent Booster Beads

\$4⁹⁹



8ct
Septo Bac

\$4⁸⁸



10-90ct
Ziploc
Freezer, Storage or Sandwich
Bags

\$4⁸⁸



3.6lt
Springtime
Bleach

FRESH. FRIENDLY. LOCAL

More Great Deals

\$3⁴⁹



800g McCain
Diced Hashbrowns

3/\$5



227g
Rice A Roni

\$2⁷⁷



340-450g
Betty Crocker
Frosting

2/\$6⁸⁸



10pk 7"
Dempster's
Tortilla Wraps

2/\$6



85g Kraft
Dream Whip

\$8⁹⁹



18x19g
Nescafe Sweet & Creamy
Sachets

2/\$4⁸⁸



200g Purity
Cream Crisps

\$3⁸⁸



750g
Green
Giant
Frozen Vegetables

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