

BAY ROBERTS
CARBONEAR

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@PowellsNL



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www.powellsnl.ca

Powell's Supermarket

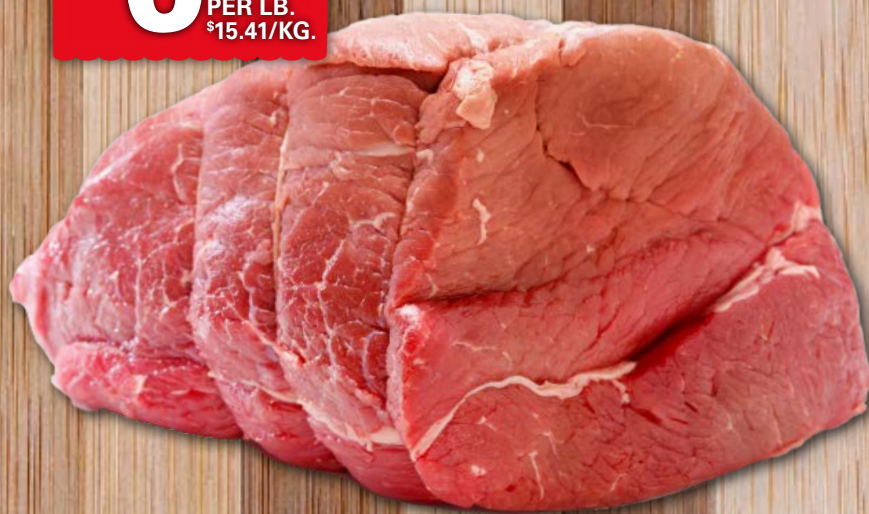
Fresh, Friendly and Local – Since 1948

\$2⁴⁹
PER LB.
\$5.49/KG.



Fresh Country/Ribbon Value Pack
Whole Chicken Legs

\$6⁹⁹
PER LB.
\$15.41/KG.



Cut From AA or Higher Grades Beef
Inside Round Oven Roast

\$2⁹⁹
PER LB.
\$6.59/KG.



Fresh Bone-In
Pork Loin Roast

\$24⁹⁹



2kg Pinehill Boneless Skinless
Chicken Breast

\$4⁹⁹



890ml Kraft
Miracle Whip

\$3⁴⁹
PER LB.
\$7.69/KG.



Product of Peru
Red Seedless Grapes

\$4⁸⁸



510g McCain
Deep & Delicious Cakes

2/\$10



650g Oikos
Pro Greek
Yogurt

3/\$5



2lt
Coke & Flavours

\$1⁹⁷



28-164g Dr. Oetker
Mousse or Pie Filling

\$5⁹⁹



850g Eversweet
Soft Margarine

\$3⁹⁹



410g Kraft Singles
Cheese Slices

\$9⁸⁸



12x113g Kozy Shack
Rice Pudding

\$2⁹⁹



675g
Dempster's Xtra
Sandwich Bread

\$3⁴⁹
HEAD



Product of US
Romaine Lettuce

\$3⁹⁹



477-664g
Red Baron
Thin or
Classic Crust
Pizza

PRICES ARE IN EFFECT FEBRUARY 19 - 25, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
19	20	21	22	23	24	25

\$9⁴⁴

140ct Red Rose Tea Bags

\$1⁸⁸

213ml Gattuso Pizza Sauce

\$2⁸⁸

250g Minute Rice RTS

\$1⁷⁷

113g Maple Leaf Vienna Sausages

\$9⁹⁹

3pk Royale Tiger Towels 3=6

\$4⁸⁸

5-6pk Selected Dempster's Regular or Signature Bagels

2/\$6⁵⁰

128-226g Betty Crocker Fruit Shapes, Rollups, Gushers or Fruit by the Foot

\$1⁷⁷

1lt Graves Apple Juice

\$5²⁹

210-405g Kellogg's Selected Cereal

\$1⁹⁹

170g Clover Leaf Skip Jack Tuna

\$4⁸⁸

355ml Flavortown Sauce

\$3⁹⁹

250g Chris Brothers Polish, Garlic or Maple Sausage

2/\$4

3pk Fleischmann's Yeast

\$6⁹⁹

750ml Hellmann's Big Squeeze Mayonnaise

2/\$9

6x710ml Pepsi & Flavours

\$3⁸⁸

900g Catelli Pasta

\$6⁹⁹

320-400g Armstrong Cheese Bars or Shreds

\$6⁴⁴

1.42-1.63lt Arm & Hammer Detergent

\$6⁸⁸

8pk Royale Double Roll Bathroom Tissue

\$1⁹⁹

354ml Dairy Isle Regular or 2% Evaporated Milk

\$4⁸⁸

1lt French's Ketchup

\$2⁸⁸

398ml Dole Pineapple

\$2⁸⁸

540ml Aylmer Stewed Tomatoes

\$5⁹⁹

7lb Golden Crust Flour

2/\$4

1.18lt Sunny D Tangy

CELEBRATING THE INDEPENDENT GROCER

At Powell's Supermarket, being independent means being deeply connected to our community. We're proud members of the Canadian Federation of Independent Grocers (CFIG), an organization that represents more than 6,000 independent grocers across Canada, stores just like ours that are rooted in the neighbourhoods they serve. Through CFIG, we work closely with fellow retailers and trusted suppliers to share ideas, strengthen relationships, and bring quality products to our shelves, including many of the brands you'll spot in this week's flyer.

As we continue to learn, grow, and collaborate with other independent grocers across the country, our focus remains the same: serving our community with outstanding products, friendly service, and the hometown care you've come to expect from Powell's Supermarket.

\$2⁸⁸

6pk Selected Hostess Snacks



Your Newfoundland Butcher



\$6.99
PER LB.
\$15.41/KG.

Made From Fresh or Frozen Portions Value Pack
Medium Ground Beef



\$3.44
PER LB.
\$7.58/KG.

Fresh Bone-In
Rib & Sirloin Pork Loin Chops



\$9.99

852g Butterball
Lean Turkey Burger



2/\$4.88

375g Mina
Chicken Wieners



\$10.99

510g Leadbetter's Mushoka
Smash Burgers



\$19.99

1.75kg
Country Best
Salt Beef



\$2.99

454g Golden Maple
Extra Lean
Ground Turkey



\$3.99
PER LB.
\$8.80/KG.

Fresh Whole
Pork Spare Ribs



\$8.99
PER LB.
\$19.82/KG.

Cut From AA or Higher Grades Beef Value Pack
Boneless Stew Beef

375g
Larsen
Boneless
Ham Slices



\$6.99



\$2.99

67-120g
Schneider's
Lunchmates



\$5.88

100-375g Selected Schneider's
Bacon



\$12.99

1.36kg MacGregor's
Italian Style Meatballs



\$4.99
PER LB.
\$11.00/KG.

Quality Vac Pack
Scrunchions



Deli

\$4.99



200-250g Main Street
Deli Sliced Meats



\$2.99

175g
Chris Brother's
Pizza Variety Pack



\$7.99

Instore
Club House Sandwich



\$2.49
PER 100G

Store Sliced
Deli Classic Cooked
Roast Beef



From the Sea

2/\$5

2/\$7



250g High Liner
Tempura Battered Fish



120g Land & Sea
Krispy Batter Mix



\$4.99

350g
Catch of the Day
Breaded Fish

\$5.99
PER LB.
\$13.21/KG.

Store Wrapped
High Liner Breaded
Fish Sticks



FRESH. FRIENDLY. LOCAL

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FRESH. FRIENDLY. LOCAL



Fresh Produce

\$5⁹⁹



3lb Product of Canada
Red Delicious Apples



\$2²⁹

2lb Product of Canada
Yellow Onions



\$3⁹⁹
PER LB.
\$8.80/KG.

Product of Chile
Nectarines



\$5⁴⁹
PER LB.
\$12.10/KG.

Product of Mexico
Red Peppers



\$3⁹⁹
EACH

Product of Peru
Mangoes



\$1³⁹
PER LB.
\$3.06/KG.

Product of Canada
Medium Turnip



\$4⁹⁹
EACH

Product of Honduras
Pineapple



\$3⁶⁹

225g Product of Canada
White Mushrooms



\$1⁸⁹
PER LB.
\$4.17/KG.

Product of Brazil
Watermelon Pieces



\$3⁹⁹
PER LB.
\$8.80/KG.

Product of Mexico
Eggplant



\$3⁹⁹
PER LB.
\$8.80/KG.

Product of Spain
Plums



Dairy

\$7⁴⁴



450g Kraft Velveeta
Cheese Loaf



\$7⁴⁴



454g Lactantia
Butter

\$3⁸⁸



425ml International Delight
Coffee Cream

\$3⁴⁴



351g Pillsbury RTB
Cinnamon Rolls with Icing



Frozen

2/\$4



250g Green Giant Simply Steam
Cut Broccoli & Cauliflower



\$3⁷⁷

625g Cavendish All Day
Hash Brown Waffles

\$34⁹⁹



2kg Maple Leaf
Mild Zinger Wings



\$5⁴⁴

693g Pillsbury
Pizza Bites



\$6⁸⁸

560-600g Giuseppe Easy Pizzi
Pizza



\$6⁹⁹

700g Watson Ridge
Chicken Donuts



\$5⁸⁸

480g Furlani
Parmesan Garlic Toast



\$3⁴⁴

750g Green Giant
Frozen Vegetables

FRESH. FRIENDLY. LOCAL

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Bakery

\$15⁹⁹

Baked In-Store



Instore
Biscoff Cake



3 Bun
Homestyle
White Bread

\$2⁹⁹

Baked In-Store



12pk
Golden Crust
Dinner Rolls

\$3⁴⁹

\$5³⁹



8pk
Golden Crust
Cinnamon Sugar Donuts

\$9⁹⁹



6pk Golden Crust
Assorted Mini Loaves

\$3⁹⁹



4pk Iced
Cinnamon Rolls

Baked In-Store



600g
Golden Crust Homestyle
Banana Bread

\$5³⁹



STARTING AT
\$6⁹⁹

Powell's Artisan
Sourdough Bread

Baked In-Store

\$3³⁹



340g
Golden Crust
Bread Crumbs

More Great Deals



120-187g
Quaker
Granola Bars

\$2⁹⁹



325ml
Hellmann's
Classic Burger Sauce

\$4⁸⁸



116-135g Werther's
Candy

\$2⁸⁸



20x8g
Schneiders
Hot Rods
Snack Pack

\$5⁹⁹



60g Lucky Elephant
Cotton Candy Tubs

\$1⁸⁸



500g Meow Mix
Dry Cat Food

\$3⁸⁸



72g
Knorr
Packets

\$3⁴⁴



1lt Pepsi & Flavours
or Aquafina **Water**

3/\$4⁵⁰



85g
Mr Noodles

2/\$1



6-8pk
Dempster's Signature
Hotdog or Hamburger Buns

\$3⁸⁸



300g Lady Sarah
Cookies

3/\$4



15-25ct
Club Supreme Medium or Large
Zipper Freezer Bags

3/\$5



100-199g Quaker
Crispy Minis or Rice Cakes

2/\$6⁵⁰



1.18lt Mazola
Oil

\$7⁴⁴



1.89lt Mott's
Clamato Original

\$4⁹⁹



35ct Lysol Wipes
Citrus Scent

\$3⁴⁴



205-300g Tostitos
Tortilla Chips

2/\$8⁵⁰

FRESH. FRIENDLY. LOCAL

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Refreshments & Snacks

2/\$4⁸⁸



4L True North Water



175g Old Dutch Popcorn Twists

\$3⁴⁹

2/\$9



210-235g Doritos XL Tortilla Chips

\$2⁷⁷



100-120g Selected Hershey Family Size Chocolate Bars

4/\$5



355ml Jones Soda

\$4⁸⁸



70g McSweeney's Beef Jerky

\$3⁴⁴



265g Vidal Belts

\$13⁴⁹



24x355ml Selected Pepsi

99¢



45g Hawkins Cheezies

4/\$5



473ml Snapple Beverage

\$3⁹⁹



250-300g Humpty Dumpty Cheese Snacks or Party Mix

2/\$7



120-142g Sensible Portions Veggie Straws

FRESH. FRIENDLY. LOCAL



Furry Friends

\$6⁸⁸



1.4kg Friskies Tender Crunchy Dry Cat Food

\$19⁹⁹



7.2kg Purina Alpo Dry Dog Food

3/\$5



75g Iams Perfect Portions Cat Food

2/\$4



75g Pupperoni Bacon Dog Treats

\$18⁹⁹



22.7kg QualiCat Extra Cat Litter

\$8⁴⁴



2kg Purina Adult Dog Chow

FRESH. FRIENDLY. LOCAL



House and Home

\$5⁸⁸



1.36L Fleecy Fabric Softener

\$2⁷⁷



591-828ml Palmolive Dish Liquid

\$3⁷⁷



226g Glade Aerosol Air Freshener

\$7⁹⁹



3.57L Clorox Bleach

\$3⁹⁹



710ml Lysol Toilet Bowl Cleaner

\$5⁸⁸



1.41L Pinesol Cleaner

FRESH. FRIENDLY. LOCAL

Personal Care

\$3⁹⁹



56ct Pampers Baby Wipes Sensitive

\$6⁸⁸



298-311g or 828ml TRESemmé Hair Products

\$6⁴⁴



325ml Dove Deep Moisture Bodywash

\$4⁸⁸



16ct Motrin Super Strength 400mg

FRESH. FRIENDLY. LOCAL

KRAFT *Heinz*

2/\$5



120g Kraft
Stove Top
Stuffing

284ml Heinz
Tomato Soup



455ml Kraft
BBQ Sauce



3/\$5

**MAPLE
LEAF**

\$9⁸⁸



1kg Sunrise
Baby Bologna

\$5⁹⁹



454g
Maple Leaf
Cooked
Ham

\$10⁹⁹



695g Maple Leaf Prime
Chicken Wings

Coca-Cola

2/\$9



6x710ml
Coke & Flavours

2/\$4



710ml
Powerade
Sport

2/\$4



473ml
Body Armour
Super Drink



THE J.M. SMUCKER Co.

\$6⁴⁴



1kg Jif
Creamy Peanut Butter

\$3⁹⁹



250ml
Smucker's
Jam

\$7⁹⁹



12ct Folgers K-Cup
Coffee

GRUPE
LACTALIS

\$5⁹⁹



320-400g Black Diamond
Cheese Bars or Shreds

\$3⁷⁷



227g Lactantia Rich & Creamy
Cream Cheese Spread

\$4⁹⁹



240g
Cracker
Barrel
Natural Cheese Slices



Good Food, Good Life
Mieux manger. Mieux vivre.

\$14⁸⁸



6x237ml Selected Boost
Meal Replacement

2/\$2²²



33-52g Selected Nestlé
Chocolate Bars

\$4⁹⁹



828-946ml Nestlé
Coffee Mate Liquid

ErieMeats
EST 1977

\$8⁹⁹



475g
Watson Ridge
Dusted Chicken
Wings

\$11⁹⁹



680g Stampede
Pork Back Ribs

\$4⁹⁹



900g
Butcher Selection Stampede
Hot Dogs



FLORA
Food Group™

\$6⁹⁹



1lt Becel
Cooking Oil

2/\$4⁸⁸



427g
I Can't Believe It's Not Butter
Margarine

\$6⁹⁹



1.36kg Imperial
Margarine Quarters



\$16⁸⁸



2kg McCain
Onion Rings

\$5⁹⁹



540-600g McCain
Beef Taco, Cheeseburger,
Ham & Cheddar or
Pizza Pockets

2/\$7



800g McCain
Red Bag Fries



88¢



100g
Pedigree
Choice Cuts
Dog Food
Pouch

88¢



85g Selected Whiskas
Cat Food Pouch

\$10⁴⁴

2kg Whiskas
Dry Cat Food



\$5⁸⁸



900g Dainty
Jasmine Rice

\$3⁴⁴



250g Jamie Oliver
Rice

\$6⁴⁴



900g Dainty
Basmati Rice



\$1⁸⁹
PER LB.
\$4.17/KG.



Product of Brazil
Watermelon Pieces

\$3⁴⁹
PER LB.
\$7.69/KG.



Product of Peru
Red Seedless Grapes

\$3⁴⁹
HEAD



Product of US
Romaine
Lettuce



\$3⁹⁹

750ml
Purity
Syrup



\$4⁸⁸



300-350g Purity
Regular or 25% Less Fat
Cream Crackers

2/\$6⁵⁰



170g Purity
Candy



\$2⁷⁷



410-425g
Fraser Farm
Gravy & Meatballs
or Puritan Stews

\$4⁸⁸



425g Puritan
Corned Beef Hash

\$2⁸⁸



425g
Puritan
Beans &
Wieners



2/\$4⁴⁴



1lt
Minute Maid
Apple Juice

\$4⁹⁹



1.54lt Selected Simply
Apple or Orange Juice

\$3⁹⁹



1.54lt
Minute Maid
Zero Sugar
Beverage



\$2⁷⁷



340-450g Betty Crocker
Frosting

\$4⁴⁴



250-465g Selected
Old El Paso
Dinner Kits

2/\$4⁸⁸



375-404g
Betty Crocker
Cake Mix