



Fresh, Friendly and Local - Since 1948

# Powell's Supermarket

BAY ROBERTS 709.786.2101  
CARBONAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL



View our flyer online at [www.powellsnl.ca](http://www.powellsnl.ca)

**\$2.99**  
PER LB.  
\$6.59/KG.



Fresh Country Ribbon Whole Bagged Chicken

**\$6.99**  
PER LB.  
\$15.41/KG.



Cut From AA or Higher Grades Beef Boneless Cross Rib Roast

**\$2.99**  
PER LB.  
\$6.59/KG.



Fresh Boneless Pork Loin

WHOLE  
**\$35.99**

HALF  
**\$17.99**



Maple Leaf Whole or Half Bologna

**\$7.97**



1.5L Kraft Miracle Whip

**\$4.99**



10lb Product of Canada Red Potatoes

**\$1.88**



398ml Bush's Baked Beans

**\$1.77**



126-153g Knorr Sidekicks

**\$1.99**



4pk Snack Pack Puddings or Gels

**\$3.77**



317-326g Red Baron Deep Dish Singles Pizza

**\$2.88**



600ml Catelli Garden Select Pasta Sauce

**2/\$15**



12x355ml Coke & Flavours

**\$3.99**  
PER LB.  
\$8.80/KG.



Product of Peru Green Seedless Grapes

**\$1.99**



427g Parkay Soft Margarine

**\$3.49**



1.5L Parlour Ice Cream or 12pk Novelties

**2/\$6.50**



550-675g Villaggio Thick Sliced Bread or 6-8pk Toscana Buns

PRICES ARE IN EFFECT FEBRUARY 26 - MARCH 4, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
26	27	28	1	2	3	4

**\$2.77**

796ml Aylmer Tomatoes

**4/\$5**

64g Mr Noodles Cup

**\$1.99**

341-398ml Green Giant Vegetables

**\$2.77**

350g Minute Rice

**\$4.99**

500ml Diana Sauce

**\$6.44**

480-600g Selected Kellogg's Cereal

**2/\$4**

284ml Franco American Gravy

**\$4.88**

375g Purity Chocolate Chip Cookies

**2/\$5**

4pk Cashmere Bathroom Tissue

**2/\$16**

12x355ml Pepsi & Flavours or Bubly Water

**2/\$3**

400g Lady Sarah Social Tea Biscuits

**\$2.99**

400g Ambrosia Custard or Rice Pudding

**2/\$6**

6pk Mott's Fruitsations

**2/\$6.50**

398ml Del Monte Tin Fruit

**\$3.99**

1lt Liberty Canola Oil

**3/\$5**

284ml Pantry Shelf P&S Mushrooms

**\$16.88**

18x28g Sensible Portions Veggie Straws

**\$5.44**

591ml Litehouse Dressings

**\$3.88**

2lt Rougemont Apple Juice

**\$10.99**

3pk Sponge Towels Ultra Double Roll

**\$5.77**

1lt Selected Bick's Pickles

**\$4.44**

1.8lt Arctic Power Liquid Laundry Detergent

**\$9.99**

144ct Tetley Tea Bags

**\$1.88**

250ml Club Supreme Jam

**Powell's Supermarket Community Corner**

**We sell & fill helium balloons!**

Did you know that Powell's Bay Roberts sells and fills helium balloons?! We have a large selection of balloons for special occasions including birthdays, anniversaries, showers and so much more! Ask us about our big "number" balloons and our balloon bouquets.

We are your one-stop party shop! Grab your cake, greeting cards and balloons at your local Powell's!

**2/\$4**

425ml Campbell's Spaghetti-O's



### Your Newfoundland Butcher



**\$8.99**  
PER LB.  
\$19.82/KG.

Cut From AA or Higher Grades Beef Value Pack Boneless  
**Cross Rib Marinating Steak**



**2/\$3**

113g Frozen  
**Beef Liver**



**\$3.99**  
PER LB.  
\$8.80/KG.

Fresh  
Value Pack Boneless  
**Pork Loin Chops**



**\$4.99**  
PER LB.  
\$11.00/KG.

Tray Pack  
Atlantic's Best Homestyle  
**White or Blood Puddings**



**\$3.99**  
PER LB.  
\$8.80/KG.

Tray Pack AGD Frozen  
**Turkey Wings**



**\$7.99**

250g Maple Leaf Prepped & Ready  
**Chicken**



**\$13.99**

2kg  
Pinehill  
**Chicken Legs**



**\$7.99**  
PER LB.  
\$17.62/KG.

Made From Fresh or Frozen Portions Value Pack  
**Lean Ground Beef**



**\$11.99**

1.75kg  
Atlantic's Best  
**Salt Riblets**



**\$9.99**  
PER LB.  
\$22.03/KG.

Cut From AA or Higher Grades Beef  
**Boneless Stewing Beef**



**\$18.99**

575g 44th Street Slow Cooked  
**Beef Pot Roast**



**\$4.99**

65-85g Maple Leaf Ready Crisp  
**Bacon or Pieces**



**\$7.99**

900g Larsen  
**Wieners**



**\$9.44**

300g Schneiders  
**Pepperettes**

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### Deli

**\$3.29**



250g  
Chris Brother's  
**Sandwich Pack**

**\$2.49**  
PER 100G



Store Sliced Deli Classic  
**Montreal Smoked Meat or Pastrami**

200-250g Main Street  
**Deli Sliced Meats**



**\$12.95**

1200g  
Family Size  
**Picnic Combo Salad**



**\$3.49**

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### From the Sea

**\$15.99**



340g Land & Sea  
**Cod Tongues**



**2/\$7**

250g  
High Liner  
Breaded  
**Fish Burgers**



**\$7.99**

340g Ocean Jewel  
**Breaded Coconut Shrimp**



**\$4.99**  
PER LB.  
\$11.00/KG.

Store Wrapped  
High Liner  
Breaded  
**Fish Cakes**

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# Fresh Produce

**\$3.69**

225g Product of Canada  
**White Mushrooms**

**\$5.49**  
EACH

Product of Honduras  
**Cantaloupe**

**\$5.49**

1lb Product of Canada  
**Parsnip**

**\$5.99**

3lb Product of Canada  
**Gala Apples**

**\$3.99**

3lb Product of Canada  
**Carrots**

**\$9.99**

908g Clamshell Product of Chile  
**Kiwi Fruit**

**\$5.99**

280g Product of Canada  
**Grape Tomatoes**

**\$1.19**  
PER LB.  
\$2.62/KG.

Product of Canada  
**Spanish Onions**

**99¢**  
EACH

Size 42's  
Product of Mexico  
**Large Limes**

**\$1.99**  
EACH

Product of Mexico  
**Avocados**

**\$4.49**  
PER LB.  
\$9.90/KG.

Product of China  
**Fresh Ginger Root**

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# Dairy

**\$2.99**

250g Scotsburn  
**Heluva Good Dip**

**\$4.44**



256-424g  
Jell-O RTE NSA  
**Jell-O or Strawberry Cheesecake**

**\$4.44**



168g Black Diamond  
**Marble Cheestrings**

**\$4.99**

1 Doz Grade A  
**Large White Eggs**

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# Frozen

**\$5.99**

360-455g Swanson  
**Hungryman Dinners**

**\$2.99**

800g Cavendish Farm  
**Fries**

**\$4.44**

326g Furlani  
**Stuffed Mozzarella Breadsticks**

**\$5.99**

340g M&M  
**Lasagna**



520g Apple Valley  
**Lemon Meringue Pie**

**\$8.99**

1kg Cavendish Value Pack  
**Onion Rings**

**\$3.88**

317g Giuseppe  
**Garlic Fingers**

**\$15.88**

48ct Kellogg's Eggo's  
**Family Pack**

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### Bakery

**\$379**



6pk Golden Crust Assorted Bagels

**\$1199**



Lemon Delight Cake

**Baked In-Store**

**\$299**



3 Bun Homestyle White Bread

**Baked In-Store**

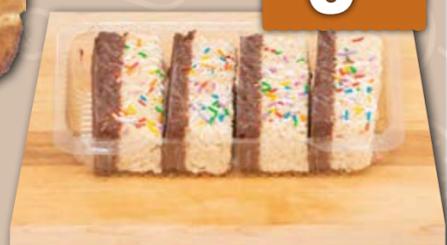
**\$899**



2pk Cinnamon Bread

**Baked In-Store**

**\$659**



4pk Golden Crust Rice Krispie Fingers

**\$519**



15pk Golden Crust Raspberry Filled Bits

**\$625**



540g Golden Crust Assorted Pies



STARTING AT **\$699** Powell's Artisan Sourdough Bread

**Baked In-Store**

**\$299**



12pk White or Whole Wheat Circle Dinner Rolls

**Baked In-Store**

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### More Great Deals

**2/\$444**



99g Clover Leaf Snacks

**2/\$5**



284ml Selected Campbell's Broth or Soup

**\$488**



4x100g Oikos Greek Yogurt

**\$329**



225g OXO In-A-Mug

**3/\$4**



40g McSweeney's Pepperoni

**\$488**



450g Sunmaid Cinnamon Raisin Bread

**\$388**



454g Fleischmann's Corn Starch

**\$599**



1.36lt Dole Light Pineapple Juice

**\$344**



375g Primo Broad Egg Noodles

**\$488**



750ml French's Ketchup Low Sodium

**99¢**



50g Werther's Original Candy Roll

**2/\$444**



650g Atlantic Bakers Pancake & Waffle Mix

**\$844**



20ct Tide Pods Free & Gentle

**4/\$5**



355ml Jones Soda

**\$588**



141g Pam Baking or Grilling Spray

**\$299**



455ml Golden Dragon Oyster or Stir Fry Sauce

**2/\$14**



12x355ml AHA Water

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### Refreshments & Snacks



**\$7<sup>99</sup>**

24x500ml Ice River Natural Spring Water



**\$3<sup>44</sup>**

175g Old Dutch Popcorn Twists



**\$1<sup>88</sup>**

79g Hershey Reese's Big Cup



**3/\$4<sup>50</sup>**

1lt Pepsi & Flavours or Aquafina Water



**\$11<sup>88</sup>**

6x330ml Corona Non-Alcoholic Sunbrew Beer



**\$5<sup>88</sup>**

420g Hawkins Cheezies



**\$3<sup>29</sup>**

265g Vidal Watermelon or Strawberry Belts



**\$3<sup>99</sup>**

168g Betty Crocker Dunkaroos



**2/\$8<sup>50</sup>**

177-235g Lay's XXL or Baked Potato Chips



**3/\$4**

3.5oz El Nacho Grande Portion Cheese Cup



**\$9<sup>88</sup>**

472-576g Old Dutch Variety Pack Snacks



**\$6<sup>44</sup>**

6x340ml Ocean Spray Sparkling Cocktail

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### Furry Friends



**\$8<sup>99</sup>**

1.36kg Meow Mix Salmon & Chicken Dry Cat Food



**\$1<sup>88</sup>**

375g Pedigree Dog Food



**\$2<sup>77</sup>**

170g Jerky Treats Beef



**3/\$5**

85g Whiskas Temptations Cat Treats



**\$8<sup>99</sup>**

6.4kg Arm & Hammer Cat Litter



**\$11<sup>88</sup>**

2kg Pedigree Small Breed Tenderbites

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### House and Home



**\$4<sup>44</sup>**

1.65lt Fabuloso Multi-Purpose Cleaner



**\$4<sup>44</sup>**

80ct Fleecy Dryer Sheets



**\$3<sup>29</sup>**

10pk SOS Pads



**\$6<sup>29</sup>**

650ml Fantastik Spray Cleaner



**\$6<sup>44</sup>**

400g Easy Off Oven Cleaner



**\$3<sup>29</sup>**

35ct Clorox Wipes Lemon Fresh

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### Personal Care



**\$2<sup>88</sup>**

170g Q-Tips Cotton Swabs



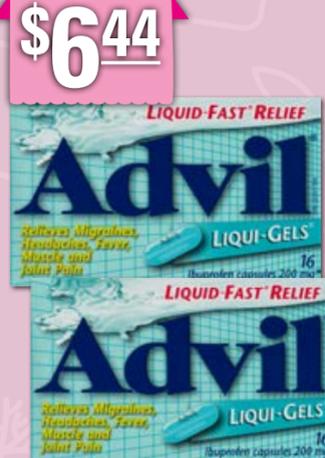
**\$5<sup>77</sup>**

300ml Dove Foaming Hand Wash



**\$2<sup>99</sup>**

100g Vaseline Regular



**\$6<sup>44</sup>**

16ct Advil Liqui-Gels Migraine

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**KRAFT Heinz**

**\$7.99**



1.5lt Heinz Ketchup



**3/\$5**

200g Kraft Dinner Original



**2/\$4.44**

398ml Catelli Meat Sauce

**MAPLE LEAF**

**\$9.99**



530g Schneiders Buffalo Chicken or Spinach Dip

**3/\$5**



190g Swift Pot Pies

**\$2.77**



340g Holiday Luncheon Meat

**Coca-Cola**

**2/\$8**



6x222ml Coke & Flavours Minis

**2/\$9**



414ml Core Power Protein Shakes

**2/\$5**



591ml Glaceau Vitamin or Smart Water

**THE J.M. SMUCKER Co**

**2/\$4.88**



170ml Fussell's Thick Cream

**2/\$4.44**



354ml Carnation Regular or 2% Evaporated Milk

**\$6.88**



2.5kg Robin Hood White, Whole Wheat or Best For Bread Flour

**GRUPE LACTALIS**

**\$6.99**



44ct Black Diamond Thin Cheese Slices

**\$7.99**



320-400g Cracker Barrel Cheese Bars or Shreds

**\$4.99**



129g Black Diamond Combos

**Nestlé**

Good Food, Good Life  
Mieux manger. Mieux vivre

**\$6.88**



400-450g Carnation Hot Chocolate Tins

**\$6.99**



100-170g Selected Nescafe Instant Coffee

**\$8.99**



18x19g Nescafe Sweet & Creamy Sachets

**Erie Meats**  
EST 1977

**\$9.99**



800g Watson Ridge Buttermilk Chicken Breast Pieces

**\$7.99**



750g Butcher Selection Cooked Ham

**\$12.99**



1kg Butcher Selection Stampede Beef Burgers

**FLORA Food Group**

**\$7.88**



850g Becel Regular or Olive Oil Soft Margarine

**\$15.99**



1.7kg Becel Regular Margarine

**\$2.77**



427g Imperial Soft Margarine

**McCain**

**\$3.99**

454-650g Selected McCain Superfries or Specialty Potatoes

**\$9.99**

1200g McCain Bistro Extra Crispy Onion Rings

**2/\$7**

800g McCain Diced Hash Browns

**MARS** Pet Nutrition | *A Better World For Pets*

**\$13.88**

3kg Iams Small Breed Dry Dog Food

**\$13.88**

7lb Iams Adult Dry Dog Food

**\$29.99**

6.8kg Iams Mature Adult Dog Food

**DAINTY**  
THE RICE COMPANY  
LA COMPAGNIE DU RIZ

**2/\$4.44**

265g Dainty Fried Rice

**\$2.77**

250g Timewise Pasta

**\$3.77**

900g Dainty Short Grain Rice

GRUPE • GROUP

**courchesne larose**

**\$1.89** PER LB. \$4.17/KG.

Product of Brazil  
**Watermelon Pieces**

**\$3.49** PER LB. \$7.69/KG.

Product of Peru  
**Red Seedless Grapes**

**\$3.99** HEAD

Product of US  
**Romaine Lettuce**

**Purity**

**\$4.77**

350-400g Selected Purity Crackers

**\$4.88**

300g Hamilton Milk Lunch Biscuits

**\$5.99**

625-725g Purity Hard or Sweet Bread

**ConAgra Foods**  
Food you love

**\$2.77**

680ml Hunt's Thick & Rich Pasta Sauce

**\$3.99**

341ml VH Cooking Sauce

**\$4.99**

269-306g Healthy Choice Gourmet Steamers

**Minute Maid**

**\$3.99**

1.54L Simply Refrigerated Lemonade

**2/\$4.44**

340ml Simply Refrigerated Juice

**\$3.99**

8-10x200ml Minute Maid Juice Packs

**General Mills**

**\$3.44**

334g Old El Paso Large Tortillas

**\$3.99**

383g Pillsbury RTB Apple Turnovers

**\$4.44**

300-437g Selected General Mills Cereal