

Fresh, Friendly and Local - Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL

View our flyer online at www.powellsnl.ca



\$4.44
PER LB.
\$9.79/KG.

Fresh Country Ribbon Value Pack
Whole Chicken Wings



\$3.44
PER LB.
\$7.58/KG.

Fresh
Pork Side Ribs



\$6.99
PER LB.
\$15.41/KG.

Cut From AA or Higher Grades Beef Boneless
Cross Rib Roast



3/\$5

156g Maple Leaf
Flakes of Meat



\$3.99

477-664g
Red Baron Thin or Classic Crust
Pizza



\$4.99
PER LB.
\$11.00/KG.

Product of Peru
Green Seedless Grapes



\$5.44

650g Oikos
Pro Protein
Yogurt



\$5.99

800g
Watson Ridge
Nuggets, Burgers, Strips,
Popcorn Chicken or Dino Nuggets



2/\$4.88

198g Heinz
Bagel Bites
Snacks



\$3.88

311-525g
Selected Post
Cereal



\$13.49

24x355ml
Coke & Flavours
or Selected Pepsi



\$1.99

427g Parkay
Soft Margarine



\$2.99

675g Dempster's Xtra
Sandwich Bread



\$8.99

3lt
Primo
Vegetable Oil



\$5.99

3pk Product of US
Romaine Hearts



\$4.97

1lt Heinz
Ketchup



\$2.77

800g Cavendish Farm
Fries

PRICES ARE IN EFFECT APRIL 23 - 29, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
23	24	25	26	27	28	29



3/\$5

113g Maple Leaf Vienna Sausages



\$4.44

3lb Golden Crust Bread & Roll Mix



\$3.88

341ml VH Cooking Sauce



\$6.99

320-400g Black Diamond Cheese Bars or Shreds



\$1.29

284ml Club Supreme Mandarins



\$4.49

750ml Bick's Sliced Beets



\$4.88

375g Purity Chocolate Chip Cookies



\$4.44

1.8l Arctic Power Liquid Laundry Detergent



2/\$4.44

354ml Carnation Regular or 2% Evaporated Milk



\$6.99

100-170g Nescafe Instant Coffee



2/\$4.44

1l Minute Maid Apple Juice



\$3.99

350g Kraft Velveeta Shells & Cheese



\$1.88

250ml Club Supreme Jam



\$3.88

600g Dempster's Whole Grain Bread



\$4.88

425g Puritan Corned Beef Hash



2/\$5

4pk Cashmere Bathroom Tissue



3/\$5

284ml Pantry Shelf Pieces & Stems Mushrooms



\$4.44

905g Pearl Milling Pancake Mix



\$26.99

2kg Pinehill Boneless Skinless Chicken Breast



\$4.77

410-600ml Classico Pasta Sauce



\$10.99

3pk Sponge Towels Ultra CAS Double Roll



2/\$4.88

454g Selected Catelli Pasta



\$5.44

678g Apple Valley Baked Apple Crisp Pie



2/\$4

398ml Bush's Baked Beans

Powell's Supermarket Community Corner

Attention Gardeners

Seeds have arrived!

The calendar says that spring has arrived and that means it's time to think about garden prep! You'll find a large selection of seeds at BOTH Powell's Supermarket locations right now to help you get started.

As the temperatures warm up, our garden supplies will expand as well. Keep an eye out for soil, perennials, and more coming soon!

2/\$6

475ml Kraft Miracle Whip



Your Newfoundland Butcher

\$14.99



1.36kg MacGregors Italian Meatballs



Tray Pack Frozen Turkey Tails

\$3.29 PER LB. \$7.25/KG.

\$7.99 PER LB. \$17.62/KG.



Cut From AA or Higher Grades Beef Value Pack Cross Rib Marinating Steak

2/\$4.88



375g Mina Chicken Wieners

\$9.99



852g Butterball Lean Turkey Burgers

\$6.44



375g Maple Leaf Bacon

\$8.99 PER LB. \$19.82/KG.



Cut From AA or Higher Grades Beef Value Pack Boneless Stewing Beef

\$21.99



1.75kg Country Pride Choice Salt Beef

\$7.99



250g Maple Leaf Prepped & Ready Chicken

2/\$3



113g Frozen Beef Liver

\$5.88



375g Butterball Turkey Bacon

\$9.99



500g Sunrise Beef Burgers

\$5.88



375g Schneider's Smoked Sausages

\$10.99



595g 44th Street Honey Garlic or Maplewood Smoked Back Ribs

FRESH. FRIENDLY. LOCAL



Deli

\$1.99 PER 100G

Store Sliced All White Turkey Roll



\$7.99-\$11.99

\$1.99 PER 100G



Store Sliced Maple Leaf Bologna

\$3.49



Store Made Regular or Deluxe Cold Plates

250g Chris Brother's Deli Combo

FRESH. FRIENDLY. LOCAL



From the Sea

\$15.99



340g Land & Sea Cod Tongues

\$10.99 PER LB. \$24.23/KG.



Frozen Atlantic Salmon Fillets

\$6.99



255g Comeau Fish Cakes

\$6.49 PER LB. \$14.31/KG.



Store Wrapped High Liner Fish Sticks

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$4²⁹



3lb Product of Canada/Mexico
Carrots

\$6⁹⁹



3lb Product of Egypt
Oranges

\$1⁵⁹
PER LB.
\$3.51/KG.



Product of Canada
Medium Turnip

\$6⁴⁹
EACH



Product of Guatemala
Cantaloupe

\$5⁹⁹



3lb Product of Canada
Red Delicious Apples

\$1⁸⁹
BUNCH



Product of US
Green Onions

\$5⁷⁹



142g Product of US
Baby Spinach

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of Morocco
Clementines

\$4⁶⁹
BUNCH



Product of US
Celery Stalks

\$5⁹⁹
EACH



Product of Peru
Pomegranate

\$3⁹⁹



225g Product of Canada
Cremini Mushrooms



Dairy

\$2⁸⁸



125g Lactantia
Salted Butter Stick

\$5⁸⁸



500g Scotsburn
Cottage Cheese

\$4⁸⁸



227-250g Kraft
Philadelphia
Cream Cheese

\$4⁴⁴



168g Black Diamond
Marble Cheestrings



Frozen

\$4⁹⁹



269-306g Healthy Choice
Gourmet Steamers

3/\$5



190g Swift
Pot Pies

\$12⁸⁸



1.2kg McCain
Pizza Pockets

\$3⁴⁴



650g Cavendish
Hash Brown Sticks

\$5⁹⁹



250g M&M Spinach & Artichoke
Dip

2/\$4⁸⁸



284g Furlani
Garlic Bread

\$10⁸⁸



695g Maple Leaf Prime
Chicken Wings

\$3⁴⁴



326g Pillsbury
Toaster Strudels

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Bakery

\$14⁹⁹

Raspberry Cream Cheese **Cake**

Baked In-Store

\$4⁹⁹

10pk Golden Crust **Cake Donuts**

\$8⁹⁹

Baked In-Store

2pk **Cinnamon Bread**

\$2⁹⁹

3 Bun Homestyle **White Bread**

8pk Golden Crust **Hotdog or Hamburger Buns**

\$9⁹⁹

6pk Golden Crust **Selected Mini Loaves**

Baked In-Store

\$13⁹⁹

21pk Golden Crust **Variety Pack Cookies**

STARTING AT \$6⁹⁹ Powell's Artisan **Sourdough Bread**

Baked In-Store

\$3⁴⁹

12pk Golden Crust **Dinner Rolls**

FRESH. FRIENDLY. LOCAL

More Great Deals

\$4⁸⁸



240g Black Diamond **Natural Cheese Slices**

\$7⁸⁸



5lb McCain **Symphony Fries**

2/\$4⁸⁸



128-142g Fresh Gourmet **Croutons**

\$4⁸⁸



650g Activia **Yogurt**

\$4⁸⁸



450g Sunmaid **Cinnamon Raisin Bread**

\$2⁴⁹



400ml French's **Yellow Mustard**

\$5⁴⁴



540ml Lucky Leaf **Pie Filling**

\$4⁹⁹



350g Christie Arrowroot **Cookies**

\$7⁹⁹



1.4kg **Minute Rice**

2/\$4⁸⁸



200g Purity **Cream Crisps**

2/\$4⁸⁸



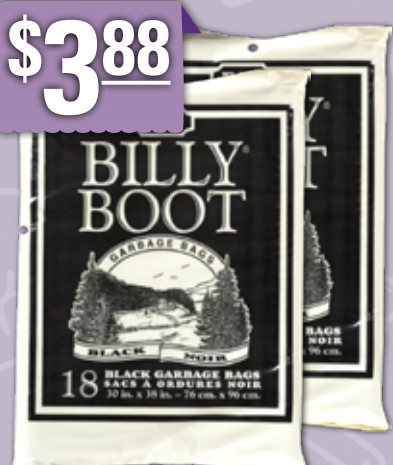
398ml M'Lord **Mini Corn on the Cobs**

\$2⁷⁷



355ml Pearl Milling **Pancake Syrup**

\$3⁸⁸



18pk Billy Boot **Black Garbage Bags**

\$10⁹⁹



450g Paraffin **Wax Bars**

4/\$5



695ml Peace Tea **Beverage**

2/\$4⁴⁴



99g Clover Leaf **Hummus Snacks**

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks



6x340ml Ocean Spray Sparkling Cranberry Juice

\$6.44



6pk Selected Hostess Snacks

\$2.88



6x222ml Coke & Flavours Minis

\$3.99



560-640g Old Dutch Club Pack Chips

\$6.99



200g Old Dutch Veggie Crisps or Dutch Crunch Potato Chips

\$3.99



\$3.44

6pk Litehouse Caramel Dip



148-156g Pringles Potato Chips

\$2.77



33-52g Selected Nestle Bars

4/\$5



2lt Fruite Drinks

2/\$4.88



180-200g Ruffles XL Potato Chips

2/\$8.50



250g Whippet Snacks

\$4.44



24x500ml Ice River Natural Spring Water

\$7.99

FRESH. FRIENDLY. LOCAL



Furry Friends



170g Beggin' Strips Dog Treats

\$4.44



156g Friskies Cat Food

4/\$5



4kg Whiskas Meaty Selections Dry Cat Food

\$19.44



375g Pedigree Dog Food

\$1.88



15lb IAMS Lamb With Rice Dry Dog Food

\$29.99



22.7kg QualiCat Cat Litter

\$18.99

FRESH. FRIENDLY. LOCAL



House and Home



80ct Bounce Dryer Sheets

\$5.99



400g Comet Powder With Bleach

\$1.77



226g Glade Aerosol Spray

\$3.77



16ct Cascade Platinum Lemon Scent Dishwasher Tabs

\$7.88



3.6lt Springtime Bleach

\$4.88



650ml Lysol Cleaner Trigger Lemon

\$3.99

FRESH. FRIENDLY. LOCAL

Personal Care



170ct Q-Tips Cotton Swabs

\$2.88



20ct Gravol Natural Source Antinauseant

\$6.88

88¢



60ml Colgate Toothpaste Regular



24ct Tylenol Arthritis Pain

\$5.88



24 Caplets Arthritis Pain

FRESH. FRIENDLY. LOCAL