



Fresh, Friendly and Local – Since 1948

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

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View our flyer online at
www.powellsnl.ca

Powell's Supermarket



\$13⁹⁹
PER LB.
\$30.84/KG.

Cut From AA or Higher Grades Beef Value Pack
Striploin Grilling Steak

\$2⁹⁹
PER LB.
\$6.59/KG.

Fresh
Country
Ribbon
**Whole
Bagged
Chicken**



\$2⁹⁹
PER LB.
\$6.59/KG.

Fresh Boneless
Pork Loin



WHOLE
\$35⁹⁹

HALF
\$17⁹⁹



Maple Leaf
Whole or Half
**Big Stick
Bologna**

\$1⁸⁸



398ml Bush's
Baked Beans

\$2⁴⁹
HEAD



Product of Canada
Romaine Lettuce

\$4⁷⁷



375g Mère Michel
Bacon

\$3⁹⁹



410g Kraft Singles
Cheese Slices

3/\$5



250g Dare
Breaktime Cookies

2/\$4



156g Maple Leaf
Flakes of Meat

\$2⁹⁹



570g
Dempster's
Holsum or
675g Xtra
**Sandwich
Bread**

2/\$15



12x355ml
Coke & Flavours

\$6⁴⁴



1.28kg Parkay
Soft Margarine

2/\$4⁸⁸



198g Heinz
**Bagel Bites
Pizza Snacks**

3/\$1⁹⁹



Size 88's Product of Egypt
Oranges

\$18⁸⁸



2kg Frozen Split
Chicken Wings

PRICES ARE IN EFFECT SEPTEMBER 10 - 16, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
10	11	12	13	14	15	16



250g Minute Rice
RTS



680ml Primo
Pasta Sauce



620g Apple Valley
Baked Cherry Pie



1lt
Minute Maid
Apple Juice



320-400g Black Diamond
Cheese Bars or Shreds



398ml Dole
Pineapple



250ml Smuckers
Jam



1lt Liberty
Canola Oil



480-600g
Selected Kellogg's
Cereal



354ml Carnation
Regular or 2%
Evaporated Milk



100-170g Nescafe
Instant Coffee



3pk Bounty SAS
Paper Towels



1.89lt Ocean Spray
Cranberry Cocktail



375-500g Catelli
Lasagna Noodles



340ml Heinz Garlic
Smoky Bacon or Real
Mayonnaise



1lt French's
Ketchup



4lt Old Dutch
Liquid Laundry Detergent



8roll
Charmin
Triple Roll
Bathroom Tissue



85g
Mr. Noodles



450g Christie Premium Plus
Crackers



425g Puritan
Beans &
Wieners



142-184g Kraft Shake N' Bake
Coating Mix



454g Swift
Premium Cooked Ham



284ml
Franco
American
Gravy



28-164g Dr Oetker
Pie Filling or Mousse

Powell's Supermarket Community Corner

BACK TO SCHOOL SUPERSTAR!

Calling all Junior Shoppers! Hop in the bus with Pepper on your next visit to Powell's, snap a photo, and send it to our Facebook page with your name and age for a chance to become a Back to School Superstar!

Hey Jr. Shoppers - You could be our next... BACK TO SCHOOL SUPERSTAR

WIN A PEPPER & A \$25 GIFT CARD FROM Powell's Supermarket

One winner each week from September 11th to October 2nd will win their very own Pepper and a \$25 Entertainment Centre gift card! A big thank you to Entertainment Centre Bay Roberts for partnering with us again this year!



6x710ml
Pepsi &
Flavours



Your Newfoundland Butcher

\$10⁸⁸



695g Maple Leaf Prime Chicken Wings



Tray Pack Frozen Turkey Necks

\$3⁹⁹
PER LB.
\$8.80/KG.



Quality Vac Pack Salt Pork

\$6⁹⁹
PER LB.
\$15.41/KG.



Fresh Boneless Pork Loin Chops

\$3⁹⁹
PER LB.
\$8.80/KG.

\$2⁹⁹

454g Golden Maple Extra Lean Ground Turkey



375g Coachman Wieners

\$3⁸⁸



375g Maple Leaf Bacon

\$5⁹⁹



700g Janes Pub Style Breaded Chicken

\$13⁹⁹



375g Butterball Regular or Salt Reduced Turkey Bacon

\$5⁹⁹



Atlantic's Best Homestyle Sausage

\$4⁹⁹
PER LB.
\$11.00/KG.

250g Maple Leaf Prepped & Ready Chicken



\$7⁹⁹



Made From Fresh or Frozen Portions Value Pack Lean Ground Beef

\$8⁹⁹
PER LB.
\$19.82/KG.



680g Stampede Pork Back Ribs

\$11⁹⁹



250-375g Schneiders Pepperettes

\$6⁷⁷



Deli



200g Chris Brother's Sliced Ham

\$3⁹⁹



Store Sliced Olymel Mock Chicken

\$1⁴⁹
PER 100G



Store Sliced Deli Classic Cooked Roast Beef

\$1⁹⁹
PER 100G



\$7⁸⁸

425g Hormel Honey Ham or Pepperoni Snack Tray



From the Sea



250g High Liner Tempura Battered Fish

\$3⁴⁴



815g 40 Fathoms Breaded Cod Fillets

\$13⁹⁹



Store Wrapped High Liner Battered Fish Sticks

\$6⁹⁹
PER LB.
\$15.41/KG.



220g Land & Sea Cod au Gratin

\$4⁹⁹

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Fresh Produce

\$6⁹⁹



3pk
Product of Canada
Rainbow Peppers



\$8⁹⁹
EACH

Product of US
Honeydew Melon



\$2⁶⁹
BUNCH

Product of Canada
Celery

\$1⁹⁹



2lb
Product of Canada
Yellow Onions

\$5⁹⁹



3lb
Product of Canada
McIntosh Apples

\$1⁵⁹
BUNCH



Product of Canada
Green Onions

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of US
Peaches

\$1³⁹
EACH



Product of Chile
Kiwi Fruit

\$3⁶⁹



8oz
Product of Canada
White Mushrooms

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of US
Green Seedless Grapes

99¢
PER LB.
\$2.18/KG.



Product of Nicaragua
Bananas



Dairy

\$3⁷⁷



227g Lactantia Rich & Creamy
Cream Cheese Spread

\$4⁹⁹



828-946ml Nestle
Coffee Mate Liquid

\$7⁸⁸



800g Becel
Original or Olive Oil
Soft Margarine

\$5⁸⁸



500g Scotsburn
Cottage Cheese



Frozen

\$5⁸⁸



1.5kg McCain
Red Bag Fries

\$9⁹⁹



530g Schneiders
Buffalo Chicken or Four Cheese Spinach
Dip

\$2⁸⁸



298g Furlani Garlic Parmesan
Breadsticks

3/\$5



190g Swift
Pot Pies

\$3⁸⁸



317g Giuseppe
Garlic Fingers

\$4⁷⁷



1lt Kraft
Cool Whip Topping

\$3⁷⁷



625g Cavendish Farms All Day
Hash Brown Waffles

\$6⁸⁸



775g Red Baron
Rising Crust
Pepperoni Pizza

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Bakery

\$2⁴⁹

6pk
White or Whole Wheat
Clover Rolls

**Baked
In-Store**

\$6⁵⁹

6pk
Golden Crust Assorted
Pastry Squares

\$4⁴⁹

600g Golden Crust
Molasses Raisin Pot Bread

\$12⁹⁹

Oreo
Cake

**Baked
In-Store**

\$8²⁹

6pk Golden Crust
Chocolate Dipped Cream Puffs



\$2⁹⁹

8pk Golden Crust
Hotdog or Hamburger Buns

\$2⁹⁹

**Baked
In-Store**

3 Bun
Homestyle
White Bread

\$6⁵⁹

300g Golden Crust
Eat More Bites

STARTING AT

\$6⁹⁹

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**

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More Great Deals

2/\$14



12x355ml Aha
Sparkling Water

\$3²⁹



1kg Robin Hood
Flour

\$3⁷⁷



454g Fleischmann's
Corn Starch

\$2⁹⁹



250g Scotsburn
Heluva Good Dip!

\$3⁴⁴



380ml VH
Soya Sauce

\$3⁴⁴



250g
Jamie
Oliver
Rice

\$5⁷⁷



1lt
Selected Bick's
Pickles

\$1⁸⁸



375ml Heinz
**Upside Down
Mustard**

\$4²⁹



796ml
Habitant
Pea Soup

\$3⁷⁷



42g Gerber
Graduates Puffs

\$2⁹⁹



300ml Dairy Isle
**Sweetened
Condensed Milk**

2/\$7



8-10pk
Dempster's
7" Tortillas

\$4⁹⁹



269-301g
Healthy Choice
Gourmet Steamers

\$3⁸⁸



454g Central Dairies
Soft Margarine

2/\$4⁸⁸



398ml M'Lord
Whole
Miniature Corn Cobs

\$2⁸⁸



690ml Belgusto
Strained Tomatoes

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Refreshments & Snacks

2/\$4



2L
Coke &
Flavours



234g Sara Lee
Little Bites Muffins

\$4.44



45g
Hawkins
Cheezies

99¢



160g Squashies
Candy

2/\$4

2/\$8.50



180-200g
Ruffles XL
Potato Chips



500ml
Sunny D

\$1.44



210-235g
Doritos XL
Tortilla Chips

2/\$9



24x500ml Ice River
Natural Spring Water

\$7.99



185g
Belino
Mini Cream Croissants

\$3.77



1L
Pepsi & Flavours
or Aquafina Water

3/\$4.50



Selected Vachon Cakes
or Hostess Craze

\$3.44



250-300g
Humpty Dumpty
Cheese Snacks
or Party Mix

\$3.99

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Furry Friends



\$9.44

2kg
Pedigree
Healthy
Vitality
Dog Food



85g Whiskas
Temptations
Cat Treats

3/\$5



75g
Whiskas
Perfect Portions
Cat Food

4/\$5



113g Milk Bone Soft & Chewy
Dog Snacks

2/\$4



\$4.88

800-900g
Milk Bone
Dog Biscuits



1.36kg
Meow Mix
Gravy Burst
Chicken
Dry Cat Food

\$9.99

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House and Home



\$4.44

800ml
Lestoil
Multi
Purpose
Cleaner



\$6.44

650ml
Resolve
Fabric
Pre-Treat
Oxi Action



\$2.99

591-828ml
Palmolive
Dish
Liquid



\$2.88

34ct Gain Fabric Softener
Sheets



\$12.99

3.4kg
Cascade
Complete
Dishwasher
Gel



\$6.59

765ml
Windex
Trigger

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Personal Care



\$8.99

74g Dove
Advanced Care
Anti-Perspirant



621ml
Ivory
Body
Wash

\$6.44



24ct Advil
Tablets or Caplets

\$5.29



96ct Polident
Daily Care

\$11.88

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