



Fresh, Friendly and Local – Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL



View our flyer online at
www.powellsnl.ca

HAPPY Thanksgiving!



5kg Average Sous Chef
Seasoned Turkey

\$23⁹⁵

\$3⁷⁷
PER LB.
\$8.31/KG.



Frozen Value Pack
Pork Butt Chops

***While Quantities Last!
Limit 2 Per Customer!**



Fresh Country
Ribbon Value
Pack Bone-In Split
**Chicken
Breast**

\$3⁹⁹
PER LB.
\$8.80/KG.

\$14⁹⁹
PER LB.
\$33.05/KG.



Cut From AA
or Higher
Grades Beef
**Prime Rib
Premium Roast**



250g Lactantia Original
Cream Cheese

\$2⁹⁹

15 lbs!



15lb Product of Canada
Russet Potatoes

\$7⁹⁹

\$9⁹⁹



12x200g Kraft Dinner
Original

**83c
Per Box**



375-500ml E.D. Smith Regular or NSA
Triple Fruit Jam

\$3⁸⁸

\$1⁹⁹

**WHILE
QUANTITIES
LAST!**



400g I Can't Believe It's Not Butter
Margarine



24x355ml **Coke & Flavours**
or Selected **Pepsi**

\$12⁴⁹

2/\$4



156g Maple Leaf
Flakes of Meat



454g Selected Primo
Pasta

4/\$5

\$4⁹⁹



3lb
Product of Canada
Cortland Apples

\$2⁹⁹



675g
Dempster's Xtra
Sandwich Bread



10x180ml
KoolAid
Jammers

2/\$6

PRICES ARE IN EFFECT OCTOBER 8 - 14, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
8	9	10	11	CLOSED	13	14



2/\$4.44

354ml Carnation Regular or 2% Evaporated Milk



\$3.77

341ml VH Dipping Sauce



\$3.99

1lt Liberty Canola Oil



\$5.44

600g Apple Valley Baked Pumpkin Pie



\$3.99

311-525g Selected Post Cereal



\$10.99

3pk Sponge Paper Towels CAS



\$5.77

500ml Miss Daisy's Sweet Mustard Pickles



2/\$4.88

398ml Hunt's Manwich Sauce



\$7.44

4lt Old Dutch Liquid Laundry Detergent



\$12.99

216ct Tetley Tea Bags



\$2.77

284g Club House Beer Batter or English Style Batter Mix



\$6.99

320-400g Black Diamond Cheese Bars or Shreds



\$5.99

7lb Golden Crust Flour



2/\$1

85g Mr Noodles



2/\$5

200g Kraft Macaroni Salad Mix



\$2.77

250g Minute Rice Ready to Serve



\$4.99

10lb Product of Canada Red Potatoes



\$1.99

341-398ml Green Giant Tin Vegetables



2/\$5

348ml Ocean Spray Cranberry Sauce



\$9.99

530g Schneider's Buffalo Chicken, Bacon & Jalapeno Popper or Four Cheese Spinach Dip



\$2.77

540ml Aylmer Stewed Tomatoes



\$1.88

1lt Allen's Fruit Punch or Peach Cocktail



\$6.88

8pk Royale Double Roll Bathroom Tissue



\$6.99

100-170g Nescafe or Encore Instant Coffee

FALL FUN FOR A WISH

POWELL'S CARBONEAR PARKING LOT 12-3PM SUNDAY OCT. 18th

Mark your calendar and join us for a fun afternoon of face painting, bouncy castles, a costume contest, pumpkin carving, games of chance, grand prize draws & more as we raise funds to help grant the wish of a local child through Make-A-Wish NL!



2/\$7

454-650g Selected McCain Superfries



Your Newfoundland Butcher

\$5⁹⁹
PER LB.
\$13.21/KG.



Fresh
Pork Tenderloin

\$3⁹⁹
PER LB.
\$8.80/KG.



Fresh Bone-In
Smoked Picnic Ham

\$7⁹⁹
PER LB.
\$17.62/KG.



Made From Fresh or
Frozen Portions Value Pack
Lean Ground Beef

\$5⁹⁹



375g Maple Leaf
Bacon

\$7⁹⁹



900g Larsen Regular or BBQ
Wieners

\$15⁹⁹
PER LB.
\$35.25/KG.



Cut From AA or Higher Grades Beef Value Pack
Prime Rib Grilling Steak

\$2⁹⁹



454g
Golden
Maple
Extra Lean
Ground Turkey

\$9⁹⁹



600g
Maple Leaf
Smoked 1/2 Hams

\$13⁹⁹



1.75kg Atlantic's Best
Salt Riblets

\$7⁹⁹



250g Maple Leaf Prepped & Ready
Chicken

\$7⁹⁹
PER LB.
\$17.62/KG.



Country Pride
Vac Pack
Salt Beef

\$5⁹⁹
PER LB.
\$13.21/KG.



By
The
Piece
Maple Leaf
Bologna

\$11⁹⁹



680g Stampede
Pork Back Ribs

\$13⁹⁹



700g Janes
Pub Style
Breaded Chicken



Deli

\$2⁹⁹



175g Chris Brother's
Pizza Variety Pack

\$1⁹⁹
PER 100G



Store Sliced
Deli Classic
Cooked Roast Beef

\$5⁴⁴



300g Dawn
Sliced Ham

\$6⁷⁷

6oz Moji
Sushi Spicy
or Regular
California Rolls



From the Sea

\$9⁹⁹
PER LB.
\$22.02/KG.



Frozen Newfoundland
Cod Fillets

\$7⁴⁹



255g Comeau
Fish Cakes

\$5⁹⁹



454g Land & Sea
Salt Fish Bits

\$9⁹⁹



700g High Liner Fish Sticks
Family Pack

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Fresh Produce

\$2⁴⁹
BUNCH



Product of Canada
Celery Stalks

\$5⁹⁹
EACH



Product of US
Cantaloupe

\$3⁴⁹
HEAD



Product of Canada
Romaine Lettuce

\$4²⁹
PER LB.
\$9.46/KG.



Product of Spain
Plums

\$1¹⁹
PER LB.
\$2.62/KG.



Product of Canada
Green Cabbage

\$1³⁹
EACH



Product of Chile
Kiwi Fruit

\$9⁹⁹



10lb Product of Canada
Yellow Onions

\$5⁹⁹



170g
Product of Peru
Blueberries

\$3⁸⁹
EACH



Product of Canada
English Cucumber

\$1⁴⁹
PER LB.
\$3.28/KG.



Product of Canada
Butternut Squash

\$3⁴⁹
PER LB.
\$7.69/KG.



Product of China
Fresh Garlic



Dairy

\$3⁹⁹



225g Kraft
Cool Whip
Aerosol

\$6⁹⁹



1.36kg
Imperial
Margarine Quarters

\$4⁸⁸



240g
Black
Diamond
Natural Cheese Slices

\$2⁹⁹



250g
Scotsburn Heluva Good!
Dip



Frozen

2/\$4



250g
Green Giant Simply Steam
Cut Broccoli & Cauliflower

\$2⁸⁸



10ct Cavendish Farm
Hashbrown Patties

\$3⁸⁸



426ml Wong Wing
Wonton Soup

\$5⁸⁸



510g McCain Deep & Delicious
Cakes

\$6⁴⁴



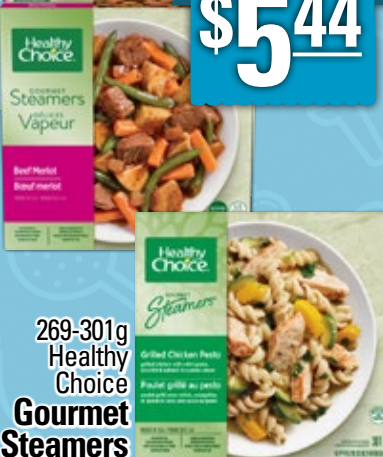
638g Furlani
Garlic Texas Toast

\$4⁸⁸



2x9
Tenderflake
Pieshells or 255g **Tart Shells**

\$5⁴⁴



269-301g
Healthy
Choice
Gourmet Steamers

3/\$5



190g Swift
Pot Pies

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Bakery

\$2⁹⁹

**Baked
In-Store**

3 Bun Homestyle
White Bread

\$3³⁹



340g Golden Crust
Bread Crumbs

\$3⁴⁹



12pk
Golden Crust
Dinner Rolls

\$4⁴⁹



600g Golden Crust
**Molasses Raisin
Pot Bread**

Starting at
\$11⁹⁹



Selected
Thanksgiving Cakes

**Baked
In-Store**

\$6⁵⁹



12pk
Golden Crust
Selected
**Gourmet
Cookies**

\$7⁹⁹



5pk
Pumpkin Spice
Whoopie Pies

**Baked
In-Store**

\$4⁹⁹



6pk Golden Crust
Hot Cross Buns

STARTING AT

\$6⁹⁹

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**

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More Great Deals

3/\$8



444-473ml
Monster
**Energy
Drink**

\$4⁴⁴



7-10pk Carnation
Hot Chocolate Envelopes

\$4⁹⁹



4pk Del Monte
Fruit Cups

\$2⁹⁹



400g
Ambrosia
Rice Pudding or Custard

\$4⁹⁷



450g Christie Premium Plus
Crackers

\$4⁹⁹



1.36lt
Heinz
**Tomato
Juice**

\$5⁴⁴



796ml E.D. Smith
Pumpkin Pie Filling

\$1⁶⁹



350g Green Barns
Yellow Split Peas

\$4⁴⁴



2x90g Bonta Divina
Dessert Cups

\$6⁹⁹



890ml Hellmann's
Mayonnaise

\$4⁸⁸



450g
Sunmaid
Cinnamon Raisin Bread

\$5⁴⁴



1.36lt Dole
Light Pineapple Juice

2/\$7⁵⁰



102-145g Lay's
Minis

\$7⁹⁹



24x500ml Ice River
Natural Spring Water

\$7⁹⁹



1.5lt
Heinz
Ketchup

\$4⁷⁷



750ml
Bick's
Sliced Beets

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Refreshments & Snacks

2/\$7⁵⁰



177-235g Lay's
XXL or Baked
Potato Chips



6x295ml Ocean Spray
Cranberry Cocktail

\$5⁹⁹

\$5⁹⁹



12x99g
Snack Pack Pudding
Family Pack



240-300g
Old Dutch Pretzel Pieces
Humpty Dumpty Cheese Snacks
or Party Mix

2/\$9

\$15⁸⁸

20ct
Kellogg's
Rice
Krispie
Squares



2/\$7⁵⁰



260g
Takis
Chips

2/\$4⁴⁴



113g Instore
Premium Popcorn

\$7⁹⁹



24x500ml Aquafina
Water

\$4⁴⁴



Selected Vachon
Cakes

\$9⁹⁹



472-576g Old Dutch
Variety Packs

\$4⁴⁴



8-10pkx200ml Minute
Maid or Five Alive
Juice Packs

2/\$8⁵⁰



190-300g
Miss Vickie's
Potato Chips
or Tostitos
Tortilla Chips

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Furry Friends



2kg
Purina
Adult or
Puppy
Chow
Dog Food



4/\$5

85g
Fancy Feast
Cat Food



\$3⁷⁷

500g
Meow Mix
Dry Cat
Food



170g
Jerky
Treats
Beef

\$2⁷⁷



2/\$4

113g
Milk Bone
Soft &
Chewy
Dog
Treats



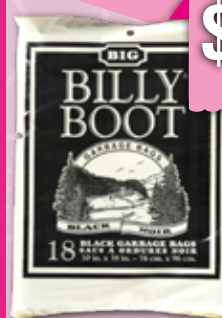
3/\$5

85g
Whiskas Temptations
Cat Treats

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House and Home



\$3⁸⁸

18pk
Billy Boot
Black
Garbage
Bags



\$3⁴⁴

709ml
Clorox
Scentiva
Toilet
Bowl
Cleaner



\$3⁹⁹

650ml
Lysol
Cleaner
Lemon
Trigger



\$3⁷⁷

226g Glade
Aerosol
Air
Freshener



\$3⁴⁴

1.65lt
Fabuloso
Multi
Purpose
Cleaner



\$4⁴⁴

1ct
Alcan
Oval Roasting Pan

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Personal Care



16ct Advil Liqui-Gels
Migraine

\$6⁴⁴



100ct Tums
Extra Strength
Tablets

\$6⁴⁴



311g Gillette
Foamy Shaving Cream

\$4⁴⁴



346ml
Herbal Essence
Shampoo &
Bodywash
Body Envoy

\$4⁴⁴

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