



BAY ROBERTS
CARBONEAR

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@PowellsNL



View our flyer online at
www.powellsnl.ca

Fresh, Friendly and Local – Since 1948

Powell's Supermarket



\$3.44
PER LB.
\$7.58/KG.

Fresh Country Ribbon Value Pack
Chicken Thighs or Drumsticks



\$7.99
PER LB.
\$17.62/KG.

Cut From AA or Higher
Grades Beef Value Pack
Inside Round Marinating Steak or Oven Roast



\$2.99
PER LB.
\$6.59/KG.

Fresh Boneless
Pork Loin



\$18.88

2kg Frozen Split
Chicken Wings



\$3.99

410g Kraft Singles
Cheese Slices



\$4.99

3lb Product of Canada
Gala Apples



2/\$4.88

340g Holiday
Luncheon Meat



\$2.88

600ml Catelli
Pasta Sauce



3/\$5

250g Dare
Breaktime
Cookies



2/\$4.88

400g Imperial
Soft Margarine



\$2.77

800g Cavendish Farm
Fries



\$3.99
PER LB.
\$8.80/KG.

Product of US
Green Seedless Grapes



2/\$6.50

550-675g Villaggio Thick Sliced **Bread**
or 6-8pk Toscana **Buns**



2/\$16

12x355ml
Pepsi & Flavours or Bubly Water



3/\$5

200g Jacob's
Cream Crackers

PRICES ARE IN EFFECT OCTOBER 15 - 21, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
15	16	17	18	19	20	21



\$4⁸⁸

475ml Kraft Sandwich Spread



\$7⁹⁹

8pk Cashmere Bathroom Tissue



\$3⁸⁸

2lt Rougemont Apple Juice



\$8⁹⁹

16-18x19g Nescafe Sweet & Creamy Sachets



\$4⁹⁹

425g Puritan Corned Beef Hash



2/\$6⁵⁰

398ml Delmonte Tin Fruit



2/\$4⁴⁴

354ml Dairy Isle Regular or 2% Evaporated Milk



\$6⁹⁹

1.42-1.63lt Arm & Hammer Liquid Laundry Detergent



\$3⁹⁹

250ml Smuckers Jam



\$6⁴⁴

620g Apple Valley NSA Baked Apple Pie



\$2⁹⁹

67-120g Schneider's Lunch Mates



\$4⁴⁴

5-6pk Dempster's Bagels



\$5⁹⁹

2.5kg Robin Hood White, Whole Wheat or Best For Bread Flour



\$2⁹⁹

796ml Aylmer Tomatoes



\$7⁴⁴

750ml Hellmann's Big Squeeze Mayonnaise



\$1⁸⁸

58g Kraft Dinner Cup



2/\$4

2lt Coke & Flavours



\$11⁹⁹

3lt Unico Vegetable Oil



\$11⁴⁴

3pk Bounty SAS Paper Towels



2/\$4

284ml Franco American Gravy



\$1⁸⁸

398ml Clark Beans



\$7⁹⁹

320-400g Cracker Barrel Cheese Bars or Shreds



\$2⁷⁷

350g Minute Rice



\$8⁹⁹

24pk Old Dutch or Humpty Dumpty Snacks

Powell's Supermarket

FALL FUN FOR A WISH

In support of **Make-A-Wish CANADA**

Fall Fun for a Wish returns to **Powell's Carbonear** on **Sunday, October 18 from 12-3 p.m.!** Join us for an afternoon of family fun featuring bouncy castles, face painting, balloon twisting, carnival games, a mini petting zoo, costume contest, pumpkin carving, music, food and more. Tickets are \$2 at the door, with cash, credit and debit accepted!

\$3⁷⁷

142-184g Kraft Shake'n Bake Coating Mix



Your Newfoundland Butcher

\$9⁹⁹
PER LB.
\$22.02/KG.



Cut From AA or Higher Grades Beef Value Pack
Stewing Beef



\$15⁹⁹

2kg
Sunrise
Bologna

Sunrise
BEEF BURGERS
BURGERS DE BŒUF

\$9⁹⁹

500g Sunrise
Beef Burgers



\$10⁹⁹
PER LB.
\$24.23/KG.

Quality Vac Pack
Diced Salt Beef



\$7⁹⁹
PER LB.
\$17.62/KG.

Made From Fresh or
Frozen Portions Value Pack
Medium Ground Beef



\$16⁹⁹

700-720g Pinty's
Chicken Wings



\$4⁹⁹
PER LB.
\$11.00/KG.

Atlantic Best Homestyle
Puddings



\$6⁴⁴

375g Mere Michel
Bacon



\$6⁹⁹
PER LB.
\$15.41/KG.

Quality Vac Pack
Salt Pork



\$10⁹⁹

595g 44th Street Honey Garlic
or Maplewood Smoked
Back Ribs



\$3⁹⁹
PER LB.
\$8.80/KG.

Fresh Boneless
Pork Loin Chops



\$17⁹⁹

575g 44th Street Slow Cooked
Beef Pot Roast



\$3⁹⁹
PER LB.
\$8.80/KG.

Frozen Tray Pack
Turkey Wings



Deli

\$3⁹⁹



200g Chris Brother's
Sliced Ham



\$3⁴⁹

200-250g Main Street
Deli Sliced Meats

\$12⁹⁹

Hot or Chilled
Rotisserie Chicken



\$2⁴⁹
PER 100G



Store Sliced Deli Classic
Montreal Smoked Meat
or Pastrami



From the Sea

\$8⁹⁹



400g Mirabel
Cooked Shrimp Tail Off



\$6⁹⁹
PER LB.
\$15.41/KG.

Store Wrapped High Liner
Breaded Fish Sticks



2/\$7

250g High Liner
Tempura
Battered Fish



\$5⁹⁹

4oz Quinlan's
Crab Au Gratin



Fresh Produce

\$4.49
PER LB.
\$9.90/KG.



Product of Canada
Hot House Tomatoes

3/\$2.69



Size 88's
Product of Egypt
Oranges

\$5.79



1lb
Product of Canada
Parsnip

\$3.69
EACH



Product of Brazil
Mangoes

\$5.99



3pk Product of Canada
Romaine Hearts

\$3.29
PER LB.
\$7.25/KG.



Product of US
Anjou Pears

\$1.99



2lb
Product of Canada
Carrots

\$3.49
PER LB.
\$7.69/KG.



Product of Argentina
Clementines

\$2.99
BUNCH



Product of Canada
Celery Stalks

99¢
PER LB.
\$2.18/KG.



Product of Nicaragua
Bananas

\$1.49
PER LB.
\$3.28/KG.



Product of Canada
Spaghetti Squash



Dairy

\$7.44



454g Lactantia Original or Unsalted
Butter

\$7.99



450g Kraft Velveeta
Cheese Loaf

\$4.44



468g Pillsbury RTB
Chocolatey Chip Cookie Dough

\$2.99



1lt Scotsburn
Chocolate Milk



Frozen

\$4.99



371-397g
Boston Market
Frozen Entrees

\$9.99



1200g
McCain Bristro Extra Crispy
Onion Rings

\$7.44



775g
Red Baron
Rising Crust
Pepperoni Pizza

\$10.88



695g Maple Leaf Prime
Chicken Wings

\$3.88



208-232g Smucker's
Uncrustables

\$4.99



20pk Cavendish
Gold Hashbrown Patties

\$3.44



750g Green Giant
Frozen Vegetables

\$4.88



288g Furlani Three Cheese
Texas Toast

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Bakery

\$15⁹⁹

**Baked
In-Store**

Biscoff
Cake



\$7⁷⁹-\$8⁹⁹

12pk Golden Crust
**Variety Pack
Cookies**



\$5³⁹

600g
Golden Crust Homestyle
Banana Bread



\$4⁹⁹

12pk Golden Crust
Touton Balls



\$3⁹⁹

2pk Golden Crust
Assorted Danishes



\$2⁹⁹

**Baked
In-Store**

3 Bun
Homestyle
White Bread



\$2⁴⁹

6pk White or
Whole Wheat
Clover Rolls

**Baked
In-Store**



\$5⁹⁹

6pk Golden Crust
Raspberry Filled Busters



STARTING AT

\$6⁹⁹

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**



More Great Deals

\$4⁹⁹



110g Pam
Cooking Spray

\$3⁸⁸



600g Dempster's
Whole Grain Bread

\$4⁶⁹



170g French's
Crisp Fried Onions

\$4⁴⁴



240-344g
Quaker RTS
Oatmeal

2/\$5



128-142g
Fresh Gourmet
Croutons

\$12⁹⁹



10ct Starbucks
K-Cups

\$3⁴⁴



946ml Ilios
Organic Broth

\$3⁸⁸



340g Barilla
Gluten Free Pasta

\$3⁴⁴



326g Pillsbury
Toaster Strudels

\$3⁴⁴



340g Mario's
Chopped Ham

2/\$4



80g Clover Leaf
Flaked Salmon

\$5⁷⁷



280-338g Swanson
TV Dinners

3/\$5



284ml
Pantry Shelf P&S
Mushrooms

\$1⁷⁷



199-284ml Green Giant
Cream Style or Corn Niblets

\$5⁴⁴



400g
Christie
Graham Crumbs or Wafers

\$5⁸⁸



314g Kraft Jell-O
No Bake Cheesecake

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Refreshments & Snacks

2/\$8⁵⁰



190-200g
Miss Vickie's
Potato Chips



12x500ml Ice River
Natural Spring Water

\$5⁴⁴

\$18⁹⁹



24x591ml Powerade
Variety Pack

\$9⁹⁹



472-576g Old Dutch
Variety Packs

4/\$5



502ml Fruit 2.0
Beverage

\$16⁸⁸



18x28g Sensible Portions
Veggie Straws

2/\$9



180-285g Cheetos XL or
Doritos Tortilla Chips

\$2⁹⁹



176-384g
Kellogg's Poptarts or
Rice Krispie Squares

2/\$9



240-300g Old Dutch
Pretzel Pieces, Humpty Dumpty
Cheese Snacks or Party Mix

2/\$11⁵⁰



6x591ml
Gatorade

2/\$6⁵⁰



100-199g Quaker
Crispy Minis or Rice Cakes

2/\$4⁸⁸



340ml Simply
Refrigerated Juice

FRESH. FRIENDLY. LOCAL



Furry Friends

\$1⁷⁷



100g
Cesar
Dog Food

\$10⁴⁴



2kg Whiskas
Dry Cat Food

\$2⁹⁹



450g
Milk Bone
Small Dog
Snacks

88¢



85g Whiskas
Pouch Cat Food

\$39⁹⁹



14kg
Pedigree
Dry Dog
Food

\$17⁸⁸



9.1kg
Arm & Hammer Slide Multicat
Cat Litter

FRESH. FRIENDLY. LOCAL



House and Home

\$6⁸⁸



1.21lt
Mr Clean
Platinum
Liquid
Cleaner

\$8⁴⁴



15ct Cascade Complete
Fresh Scent
Dishwasher Tabs

\$3⁹⁹



900ml
Drano
Liquid

\$7⁸⁸



650ml
Spray Nine
Trigger

\$1⁷⁷



70g Glade
Gel Air Freshener

\$2⁹⁹



34ct Bounce Dryer Sheets
Outdoor Fresh

FRESH. FRIENDLY. LOCAL

Personal Care

\$2⁸⁸



170ct Q-Tips
Cotton Swabs

\$6⁸⁸



370ml
Head & Shoulders
Shampoo

\$7⁴⁴



230ml
Pepto Bismol

\$5⁴⁴



30ct Aspirin
Low Dose 81mg

FRESH. FRIENDLY. LOCAL