CFIG FCEI

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

VISIT US ON FACEBOOK @ PowellsNL

View our flyer online at
www.powellsnl.ca

Fresh, Friendly and Local – *Since 1948*

Powell's Supermarket

HAPPY ANNIVERSARY!

Proudly Serving You For 79 Years!



$7.99 PER LB. $17.62/KG.

Cut From AA or Higher Grades Beef
Cross Rib Pot Roast



$3.44 PER LB. $7.58/KG.

Fresh Bone-In
Pork Butt Roast

$11.99



Maple Leaf
Baby Bologna

$1.88



198g Heinz
Bagel Bites
Pizza Snacks

$2.77 PER LB. $6.11/KG.



Fresh Country Ribbon Value Pack
Chicken Thighs or **Drumsticks**

$4.88

650g Oikos Pro
Protein Yogurt

$17.99

30pk Cashmere Jumbo Roll
Bathroom Tissue

$7.44

15lb Product of Canada
Russet Potatoes

$12.88

850g Frozen
Chicken Fritters

$1.88



398ml Bush's
Baked Beans

$2.88



280-330g Kellogg's
Eggos or **Pancakes**

$9.99 83¢ Per Box



12x200g Kraft Dinner
Original

$12.49



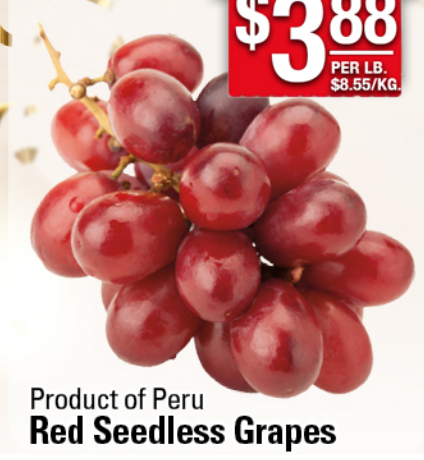
24x355ml **Coke & Flavours**
or Selected **Pepsi**

$2.99



177-235g Lays XXL or Baked
Potato Chips

$3.88 PER LB. $8.55/KG.



Product of Peru
Red Seedless Grapes

3/$5



250g Dare Breaktime
Cookies

$2.99



570g
Dempster's Holsum
Sliced Bread

PRICES ARE IN EFFECT NOVEMBER 19 - 25, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
19	20	21	22	23	24	25

$2.77



900g Primo
Pasta

$10.99



3pk Sponge Towels
Ultra CAS Double Roll
Paper Towels

$6.88



1.42-1.63lt Arm & Hammer
Laundry Detergent

$2.99



900ml Campbell's
Broth

2/$4.88



2lt Fruite
Drinks

$2.77



350g
Minute Rice

2/$6.50



138-226g
Betty Crocker
Fruit Shapes, Rollups, Gushers
or **Fruit By The Foot**

$6.99



890ml Hellmann's
Mayonnaise

$2.88



166-240g Betty Crocker
Hamburger Helper

$3.99



500g
Nuts
About
Barbour
Smooth
Peanut
Butter

2/$4.44



170g Clover Leaf Skip Jack
Tuna

$14.88



4x142g Boost
Pudding

2/$6.50



100-199g Quaker
Crispy Minis or **Rice Cakes**

$10.99



3lt Primo
Vegetable Oil

$3.77



36ct Tetley
Tea Bags

$4.29



1lt Grand Pre
Milk

$2.77



398ml Dole
Pineapple

$4.88



1lt French's
Ketchup

$1.88



1lt Minute Maid
Apple Juice

$2.99



680ml Hunt's Thick & Rich
Pasta Sauce

$4.44



340g
Klik or Kam
Luncheon Meat

2/$4



126-153g Knorr
Sidekicks

$7.44



850g Kraft
Cheese Pizza Mix

2/$4.88



156g Burn's
Flakes of Meat



$3.99



311-525g Selected Post
Cereal

Your Newfoundland Butcher



$3.99 PER LB. $8.80/KG.

Fresh Value Pack Bone-In
Pork Butt Chops



$8.99 PER LB. $19.82/KG.

Cut From AA or Higher Grades Beef Value Pack
Cross Rib Marinating Steak



$10.99 PER LB. $24.23/KG.

Quality Vac Pack
Diced Salt Beef



$3.99 PER LB. $8.80/KG.

Cook's
Smoked Picnic Ham



$6.88

375g Larsen Boneless
Ham Slices



2/$6

375g
Coachman
Wieners



$4.99 PER LB. $11.00/KG.

Atlantic's Best
Homestyle Sausage



$9.99 PER LB. $22.02/KG.

Cut From AA or Higher Grades Beef Value Pack
Stewing Beef



$6.99 PER LB. $15.41/KG.

Made From Fresh or Frozen Portions Value Pack
Medium Ground Beef



$6.99 PER LB. $15.41/KG.

Country Pride
Vac Pack
Salt Pork



$13.99

700g Janes Pub Style
Breaded Chicken



$5.99

375g Schneider's
Bacon



$5.44

375-450g Schneider's
Juicy Jumbos



$11.99

680g Stampede
Pork Back Ribs

FRESH. FRIENDLY. LOCAL

Deli



$5.99

175g Maple Leaf Natural Selections
Deli Meats



$3.49

250g Chris Brother's
Deli Combo



$1.99 PER 100G

Store Sliced
Maple Leaf
Bologna



$7.88

425g Hormel
Pepperoni or Honey Ham
Snack Tray

FRESH. FRIENDLY. LOCAL

From the Sea



$8.99

1lb Comeau
Salt Cod Bits



$9.99

700g High Liner
Breaded Fish Sticks
Family Size



$10.99 PER LB. $24.23/KG.

Frozen Atlantic
Salmon Fillets



$5.99

4oz Quinlan's
Crab Au Gratin

FRESH. FRIENDLY. LOCAL

Fresh Produce



$5.99
3lb
Product of Canada
Gala Apples



$1.19 PER LB. $2.62/KG.
Product of Canada
Green Cabbage



$4.49 PER LB. $9.90/KG.
Product of Spain
Plums



$3.69
225g
Product of Canada
White Mushrooms



$2.99 PER LB. $6.59/KG.
Product of US
Anjou Pears



$5.49
1lb
Product of Canada
Parsnip



$2.99 EACH
Product of Brazil
Mangoes



$1.19 EACH
Size 88's
Product of Argentina
Lemons



$1.99 BUNCH
Product of Mexico
Green Onions



$10.99
10lb
Product of Canada
Yellow Onions



$1.99 EACH
Product of Mexico
Avocadoes

FRESH. FRIENDLY. LOCAL

Dairy



$3.99
225g
Kraft
Cool Whip
Aerosol



$3.77
227g Lactantia
Rich & Creamy
Cream Cheese Spread



$2.88
250ml Scotsburn
Sour Cream



2/$4.88
226g
Pillsbury Ready To Bake
Crescent Rolls

FRESH. FRIENDLY. LOCAL

Frozen



$3.44
750g Green Giant
Frozen Vegetables

$3.44
326g Pillsbury
Toaster Strudels



$6.44
400-500g
Wong Wing
Frozen Entrees

$6.44
638g Furlani
Garlic Texas Toast



$3.88
317g Giuseppe
Garlic Fingers



$26.99
2kg Pinehill
Boneless Skinless
Chicken Breast



$12.88
404-488g Piatto@Home
Pizza



$5.88
204-288g Schneider's
Breakfast Sandwich
or **Egg Bites**

FRESH. FRIENDLY. LOCAL

Bakery

$2.99



Baked In-Store

3 Bun Homestyle
White Bread

$6.25



540g Golden Crust
Assorted Pies

$4.49



2pk Golden Crust
Cream Horns

$15.99



Baked In-Store

Chocolate Fudge Brownie
Cake

$4.49



600g Golden Crust
Molasses Raisin Pot Bread

$5.19



15pk Golden Crust
Raspberry Filled Bits

$2.49



Baked In-Store

6pk White or Whole Wheat
Clover Rolls

$4.99



12pk Golden Crust
Touton Balls

STARTING AT $6.99



More Great Deals

$4.97



454g Christie Toppable
Crackers

3/$5



65g Charleston Chew
Bars

$4.44



675g Crosby Fancy or Family Cooking
Molasses

2/$4.44



3x8g Fleischmann's
Yeast

$2.88



284ml Cordon Bleu
Beef Gravy

2/$4



1.18lt Sunny D
Tangy

$13.88



6x237ml Boost
Meal Replacement

$19.88



12x100pk Scotties Multi-Pack
Facial Tissues

$11.88



1.19kg Swanson
Skillet Meal

$5.44



70g McSweeneys
Beef Jerky

$3.29



300ml Dairy Isle Sweetened Condensed
Milk

$3.29



142g Nerds
Gummy Clusters

$7.88



12pk Activia
Yogurt

$7.99



375g Billy Bee
Liquid Honey Bear

$2.88



10pk Cavendish
Hashbrown Patties

$2.99



116-135g Werther's Original
Candy

Refreshments & Snacks



2/$6.50

145g Christie
Crispers or **Bits & Bites**



$3.88

175g Old Dutch
Popcorn Twists



$7.99

24x500ml Ice River
Natural Spring Water



99¢

45g Hawkins
Cheezies



3/$4.50

1lt **Pepsi & Flavours**
or Aquafina **Water**



$1.88

60g Lucky Elephant
Cotton Candy



$3.88

200-235g Old Dutch **XXL**
or Ridgies **Potato Chips**



2/$3

355ml Jones
Soda

FRESH. FRIENDLY. LOCAL



4/$5

43-58g Selected Hershey
Chocolate Bars



2/$6.50

120-142g
Sensible Portions
Veggie Straws



$3.44

265g Vidal
Watermelon or Strawberry
Belts



$4.44

1.54lt
Simply Refrigerated
Lemonade

Furry Friends



$6.88

1.4kg
Friskies
Grill Crunch
Dry Cat Food



$4.44

170g Purina
Beggin Strips
Dog Treats



$1.77

100g
Cesar
Dog Food



3/$5

75g Iams
Perfect Portions
Cat Food



$6.99

1.42kg
Meow Mix
Original
Choice
Dry Cat Food



$29.99

6.8kg
Iams
Mature
Adult
Dog Food

FRESH. FRIENDLY. LOCAL

House and Home



$2.99

591-828ml
Palmolive
Dish Liquid



$2.99

34ct Gain
Fabric Softener Sheets



$5.88

10-90ct
Ziploc
Sandwich, Freezer or Storage
Bags



$4.77

230g
Febreze
Air Freshener



$4.88

709ml
Clorox Scentiva
Disinfecting Cleaner



$3.29

700ml Vim
Bathroom Spray

FRESH. FRIENDLY. LOCAL

Personal Care



$4.44

10ct Eno
Antacid Foil Packets



$11.44

591ml Dove
Bodywash



$1.88

221ml
Soft Soap
Hand Soap



$4.99

400ml
Johnson & Johnson
Baby Shampoo

GROUPE LACTALIS

$6.77



1.28kg Parkay
Soft Margarine

$5.99



320-400g Black Diamond
Cheese Bars or **Shreds**

$3.77



410g Black Diamond
Cheese Slices

General Mills

$6.44



317-455g General Mills
Protein Cereal

$3.44



380g Pillsbury
Pizza Pops

2/$6.50



175-210g
Nature Valley
Granola Bars

McCain

$5.88



510g McCain
Deep'n Delicious
Cake

$3.77



800g McCain
Red Bag Fries

$16.88



2kg McCain
Onion Rings

Erie Meats
EST 1977

$7.99



750g Butcher Selection
Cooked Ham

$8.99



475g Watson Ridge
Chicken Wings

$6.99



800g Watson Ridge
Chicken Balls

BIMBO CANADA

2/$6



6pk Selected Hostess
Snacks

$2.99



8pk Dempster's
Hotdog or **Hamburger Buns**

$3.88



8-10pk Dempster's
7" Tortilla Wraps

Nestlé
Good Food, Good Life
Mieux manger. Mieux vivre.

$4.88



828-946ml
Nestle Coffee Mate
Liquid Coffee Cream

$8.99



16-18x19g Nescafe
Sweet & Creamy
Sachets

99¢



33-52g Selected Nestle
Chocolate Bars

ConAgra Foods
Food you love

$2.99



425g
Fraser Farm
Gravy & Meatballs

$4.29



341ml VH Cooking
Sauces

$3.99



341ml
VH Dipping
Sauces

GROUPE • GROUP
courchesne larose

$4.49 PER LB. $9.90/KG.



Product
of Spain
Plums

$2.99 PER LB. $6.59/KG.



Product of US
Anjou Pears

$1.99 BUNCH



Product
of Mexico
Green Onions

THE J.M. SMUCKER Co

$6.44



2.5kg Robin Hood White, Whole Wheat or Best For Bread
Flour

2/$4.88



170ml Fussell's
Cream

$7.99



12pk Folgers K-Cup
Coffee

Purity

$4.88



425g Purity
Jam Jams

$4.88



400g Purity
Lemon Cream Biscuits

$5.44



200g Lee's
Mini Snowballs

MARS

$4.99



737g Pedigree Marrobone
Biscuits

$9.44



2kg Pedigree Healthy Vitality
Original Dog Food

3/$5



85g Whiskas Temptations
Cat Treats

FLORA Food Group™

2/$4.88



400g
I Can't Believe It's Not Butter
Margarine

$6.77



800g Becel
Regular or Olive Oil
Soft Margarine

$6.99



1.36kg Imperial
Margarine Quarters

KRAFT Heinz

$3.88



10x180ml Kool-Aid
Jammers

$4.97



1lt
Heinz
Ketchup

$4.88



475ml Kraft
Sandwich Spread

MAPLE LEAF

$6.99



300g Maple Leaf Fully Cooked
Sausage Links or **Rounds**

$5.99



20pk JMS Hot Rods
Snack Pack

$5.44



300g
Dawn
Sliced Ham

Coca-Cola

$19.99



24x591ml Powerade
Variety Pack

2/$8



414ml Core Power
Protein Shake

3/$4



695ml
Peace
Tea

Atlantic's Best

$5.44



5-6ct Atlantic's Best
Pickled Eggs or **Wieners**

$12.99



1.75kg Atlantic's Best
Salt Riblets

2/$5



2ct
Atlantic's Best
Lean Frying Ham