CFIG FCEI

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VISIT US ON FACEBOOK @ PowellsNL

View our flyer online at
www.powellsnl.ca

Fresh, Friendly and Local – *Since 1948*

Powell's Supermarket



$3.77 PER LB. $8.31/KG.

Fresh Country Ribbon Value Pack Bone-In
Chicken Breast



$3.44 PER LB. $7.58/KG.

Fresh
Pork Side Ribs



$6.99 PER LB. $15.41/KG.

Cut From AA or Higher Grades Beef
Inside Round Oven Roast



$5.88

700-800g Watson Ridge
Breaded Chicken



4/$5

284ml
Club Supreme
Mandarin Oranges



$3.88

500g Liberte
Mediterranee Yogurt



$3.99 PER LB. $8.80/KG.

Product of Brazil
Green Seedless Grapes



4/$5

58g
Kraft
Dinner Cups



$4.99

375g Maple Leaf
Bacon



$3.99

250-510g Old El Paso
Dinner Kits



2/$9

6x710ml
Coke or **Pepsi & Flavours**



$3.88

1.54lt Minute Maid
Zero Sugar Juice



3/$5

398ml Heinz
Beans or **Pasta**



$3.99

850g Parkay
Soft Margarine



2/$4.88

340g Holiday
Luncheon Meat



$5.99

3pk Product of US
Rainbow Peppers

PRICES ARE IN EFFECT NOVEMBER 12 - 18, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
12	13	14	15	16	17	18

4/$5



200g Lady Sarah
Wafers

3/$5



113g
Maple Leaf
Vienna Sausages

$4.77



300g Hamilton
Milk Lunch Biscuits

$6.99



1lt Becel
Cooking Oil

$3.88



2lt Rougemont
Apple Juice

3/$5



110g Mr. Noodles
Bowl

2/$6



141g
Betty Crocker
Potatoes

2/$4.44



354ml Dairy Isle
Regular or 2%
Evaporated Milk

$2.77



250g Minute Rice
RTS

$6.88



8pk Royale
Double Roll
Bathroom Tissue

$5.99



7lb
Golden
Crust
Flour

$6.44



620g Apple Valley
Baked Cherry Pie

$7.99



320-400g Cracker Barrel
Cheese Bars or **Shreds**

$4.77



410-600ml Classico
Pasta Sauce

$2.77



425g
Chef Boyardee
Pasta

2/$5



200g Kraft
Macaroni Salad Mix

$3.88



290g Dare
Ultimate
Cookies

$6.88



500ml
Smucker's
Jam

$3.88



600g
Dempster's
Whole Grain Bread

$11.44



3pk Bounty SAS
Paper Towels

$9.88



144ct Tetley
Tea Bags

3/$6



2lt
Coke & Flavours

$7.99



1.5lt
Heinz
Ketchup

$4.99



2lt Old Dutch
Liquid Laundry Detergent



$19.88



2kg Frozen
Split Chicken Wings

Your Newfoundland Butcher

$8.99 PER LB. $19.82/KG.



Cut From AA or Higher Grades Beef Value Pack
Inside Round Marinating Steak

$7.99 PER LB. $17.62/KG.



Made From Fresh or Frozen Portions Value Pack
Lean Ground Beef



$9.99

500g Sunrise
Beef Burgers

$4.44



375g Maple Leaf
Wieners

$6.99 PER LB. $15.41/KG.



Quality Vac Pack
Salt Pork

$2.99



67-120g Schneiders
Lunchmates

$4.99 PER LB. $11.00/KG.



Atlantic's Best
Homestyle Puddings

$3.99



500g Country Ribbon
Chicken Livers

$3.99 PER LB. $8.80/KG.



Frozen Value Pack
Sirloin End Pork Chops

$3.99 PER LB. $8.80/KG.



Quality Vac Pack
Salt Riblets

$5.99



65-85g Maple Leaf Ready Crisp
Bacon Pieces or **Slices**

$15.99



2kg Sunrise
Bologna

$6.99



500g
Butcher Selection
Hand Cut Ribs

$4.99 PER LB. $11.00/KG.



Fresh
Pork Tenderloin

FRESH. FRIENDLY. LOCAL

Deli

$6.77



6oz Moji Sushi
Spicy or Regular
California Roll

$2.99



175g
Chris Brother's
Pizza Variety Pack

$3.49



200-250g
Main Street
Deli Sliced Meats

$2.49 PER 100G



Store Sliced Deli Classic
Montreal Smoked Meat or **Pastrami**

FRESH. FRIENDLY. LOCAL

From the Sea

$9.99



500g Appi's
Breaded Calamari Rings

2/$7



250g
High Liner
Tempura
Battered Fish

$7.99



284g
Ocean Jewel
Shrimp Ring

$8.99



400g Mirabel Cooked
Shrimp Ring Tail-Off

FRESH. FRIENDLY. LOCAL

Fresh Produce

$6.99 HEAD

Product of US
Cauliflower

$1.29 PER LB. $2.84/KG.

Product of Canada
Medium Turnip

$5.99

3lb
Product of Canada
McIntosh Apples

$1.99

2lb
Product of Canada
Yellow Onions

$1.29 EACH

Product of Chile
Kiwi Fruit

$5.99 EACH

Product of US
Cantaloupe

2/$3

Size 55's
Product of South Africa
Pink Grapefruit

$1.49 EACH

Product of US
Fresh Corn

$3.99 EACH

Product of Egypt
Pomegranate

$2.29 PER LB. $5.05/KG.

Product of Canada
Red Onions

$1.49 PER LB. $3.29/KG.

Product of Canada
Acorn Squash

FRESH. FRIENDLY. LOCAL

Dairy

$7.99

450g Kraft Velveeta
Cheese Loaf

$2.99

250g Heluva Good
Dip

$3.99

400g Becel
Original or Olive Oil
Soft Margarine

$4.44

168g Black Diamond
Marble Cheestrings

FRESH. FRIENDLY. LOCAL

Frozen

$3.44

380g
Pillsbury
Pizza Pops

$3.44

298g Furlani
Garlic Parmesan Breadsticks

$7.99

550g Bonte
Donair Kits

$9.99

1200g
McCain Bistro Extra Crispy
Onion Rings

$3.88

650g Cavendish Quick Crisp
Fries or **Potato Tots**

$10.88

695g Maple Leaf Prime
Chicken Wings

$5.44

693g Pillsbury
Pizza Bites

$5.44

269-301g Healthy Choice
Gourmet Steamers

Bakery

$3.39
Golden Crust
French Bread

$10.29
6pk Golden Crust Selected
Mini Loaves

$2.49
6pk White or Whole Wheat
Clover Rolls
Baked In-Store

$3.99
2pk Golden Crust
Raspberry Flakies

$7.79
12pk Golden Crust
Five Star Cookies

$13.99
Fudgee-O
Cake
Baked In-Store

$2.99
8pk Golden Crust
Hotdog or **Hamburger Buns**

$2.99
3 Bun Homestyle
White Bread
Baked In-Store

STARTING AT $6.99
Powell's Artisan
Sourdough Bread
Baked In-Store

FRESH. FRIENDLY. LOCAL

More Great Deals

$3.88
340g No Yolk
Egg Noodles

$2.99
6pk Dempster's
English Muffins

$3.44
1kg Robin Hood
Minute Oats

2/$3
32g Maple Leaf
Mighty Protein Stick

$5.44
400g Christies
Graham Crumbs or **Wafers**

$12.99
10ct Starbucks K-Cup
House Blend

$9.99
12x341ml Nestea
Lemon Ice Tea

$4.97
450g Christie Premium Plus
Crackers

$4.44
7-10pk Carnation
Hot Chocolate Envelopes

$3.44
250g Jamie Oliver
Rice

4/$5
25g Club House
Gravy Mix

$4.99
1lt Selected Bick's
Pickles

$6.44
1kg Jif
Peanut Butter

2/$4.44
90g Clover Leaf
Tuna Salad Kit

$3.49
6-10pk Dempster's
Tortillas

4/$5
85g Jell-O
Powder

FRESH. FRIENDLY. LOCAL

Refreshments & Snacks



$2.77



234g Act II **Popcorn**

$9.99



4x473ml Monster **Energy Drinks**

2/$4.88



105-141g Hershey **Big Box Chocolate**

2/$4.88

4lt True North **Natural Spring Water**

$8.99



16pk Kellogg's **Nutri Grain Bars**

$3.99



750ml Purity **Syrup**

$6.77



6x340ml Ocean Spray **Sparkling Juice**

$3.88



200-235g Old Dutch **XXL** or Ridgies **Potato Chips**

FRESH. FRIENDLY. LOCAL

$7.99



24x500ml Aquafina **Water**

2/$4



160g Squashies **Candy**

$3.99



142g Popcorners **Snacks**

$17.88



12x355ml Budweiser Zero **Non-Alcoholic Beer**

Furry Friends

$10.99



1.81kg Smartblend Lamb & Rice **Dry Dog Food**

$8.99



1.36kg Meow Mix Salmon & Chicken **Cat Food**

4/$5



85g Fancy Feast **Cat Food**

$2.99



450g Milk Bone **Small Dog Snacks**

$3.44



170g Friskies **Party Mix**

88¢



100g Pedigree Choice Cuts Pouch **Dog Food**

House and Home

$6.77



350g Lysol **Disinfectant Spray**

$5.99



80ct Bounce **Dryer Sheets**

$3.99



710ml Scrubbing Bubbles **Toilet Bowl Gel**

$3.29



1.27lt Clorox Original **Concentrated Bleach**

$4.44



800ml Lestoil **Household Cleaner**

$6.44



400g Easy Off **Oven Cleaner**

Personal Care

$3.29



10pk Tampax **Tampons Regular**

$6.44



16ct Advil Liqui-Gels **Migraine**

$4.99



2x106g Dove **Bar Soap**

$3.99



56ct Pampers **Sensitive Baby Wipes**