



Fresh, Friendly and Local - Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

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View our flyer online at
www.powellsnl.ca



Back to School



\$14.99
PER LB.
\$33.05/KG.



Cut From AA or Higher
Grades Beef Value Pack
Prime Rib Grilling Steak

\$3.99
PER LB.
\$8.80/KG.



Fresh Country Ribbon Value Pack
Bone-In Split Chicken Breast

\$14.88



8ct Frozen
Pork Sirloin Chops

3/\$10

375g
**Maple Leaf
Wieners**



700-800g
Watson Ridge
Breaded Chicken

\$5.99



10lb Product of Canada
New Red Potatoes

\$6.88

**NEW
CROP**



400g
**I Can't Believe It's Not Butter!
Margarine**

2/\$4.88



67-120g
Schneider's
Lunch Mates

2/\$4.44



12x200g Kraft Dinner
Original

\$9.99

**83¢
Per Box**



320-400g Armstrong
Cheese Bars or Shreds

\$5.88



12x355ml
Coke or Pepsi & Flavours

2/\$15



375-500ml
E.D. Smith Regular or NSA
Triple Fruit Jam

\$3.88



Product of US
Green Seedless Grapes

\$2.88
PER LB.
\$6.35/KG.



8pk Dempster's
Hotdog or Hamburger Buns

\$2.88



177-235g Lay's
XXL or Baked
Potato Chips

\$2.99



890ml Kraft
Miracle Whip

\$4.99

PRICES ARE IN EFFECT SEPTEMBER 3 - 9, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
3	4	5	6	CLOSED	8	9

\$1⁶⁹

350g Green Barn Yellow Split Peas

2/\$6⁵⁰

398ml Del Monte Tin Fruit

\$6⁸⁸

8pk Royale Double Roll Bathroom Tissue

2/\$6⁵⁰

550-675g Villaggio Thick Sliced Bread or 6-8pk Toscana Buns

2/\$4⁴⁴

354ml Dairy Isle Regular or 2% Evaporated Milk

\$7⁹⁹

620g Apple Valley NSA Baked Blueberry Pie

\$7⁹⁹

1.4kg Minute Rice

\$1⁹⁹

1lt Minute Maid or Fruitopia Tetra Pack Juice

\$4⁴⁴

5-6pk Dempster's Bagels

\$3⁴⁴

Selected Vachon Cakes

\$23⁹⁹

2kg Pinehill Bone-In Chicken Breast

\$1⁹⁹

341-398ml Green Giant Vegetables

\$5⁹⁹

454g Maple Leaf Cooked Ham

\$4⁹⁹

1.8lt Arctic Power Liquid Laundry Detergent

\$4⁹⁹

350g Christie Arrowroot Cookies

2/\$4⁸⁸

454g Selected Catelli Pasta

\$10⁹⁹

3lt Primo Vegetable Oil

\$4⁸⁸

475ml Kraft Sandwich Spread

\$4⁴⁴

3lb Golden Crust Bread & Roll Mix

3/\$5

2pk Cascades Tuff Econo Paper Towels

HAPPY LABOUR DAY

3/\$5

455ml Kraft BBQ Sauce

4/\$5

284ml Success Mushrooms

\$1⁸⁸

398ml Clark Tin Beans

2/\$5

200g Kraft Macaroni Salad Mix

\$6⁴⁴

1's Styrofoam Cooler

\$7⁸⁸

1.125lt Heinz Picnic Pack

\$4⁴⁴

7-10ct Carnation Hot Chocolate Envelopes

\$7⁴⁴

8.3lbs Grill Time Charcoal Briquets

3/\$4

113g Maple Leaf Vienna Sausages

\$4⁸⁸

375g Schneider's Smoked Sausages

\$4⁸⁸

946ml Royal Oak Charcoal Lighter

\$7⁴⁴

44ct Black Diamond Cheese Slices Thins



Your Newfoundland Butcher



\$8⁹⁹
PER LB.
\$19.82/KG.

Cut From AA or Higher Grades Beef
Boneless Inside Round Roast



\$3⁹⁹
PER LB.
\$8.80/KG.

Lester's Bologna



\$3⁹⁹
PER LB.
\$8.80/KG.

Fresh
Pork Side Ribs



\$5⁹⁹
PER LB.
\$13.21/KG.

Fresh Country Ribbon Value Pack
Whole Chicken Wings



\$12⁹⁹

1kg Butcher Selection Stamped
Beef Burgers



\$7⁹⁹
PER LB.
\$17.62/KG.

Made From Fresh or Frozen Portions Value Pack
Medium Ground Beef



\$5⁹⁹
PER LB.
\$13.21/KG.

Fresh
Pork Tenderloin



\$9⁹⁹
PER LB.
\$22.02/KG.

Cut From AA or Higher Grades Beef Value Pack
Stewing Beef



\$12⁹⁹

1.75kg
Atlantic's Best
Salt Riblets



\$5⁹⁹

20pk
Schneider's
Hot Rods
Snack Pack



\$3⁹⁹
PER LB.
\$8.80/KG.

Tray Pack Frozen
Turkey Wings



\$5⁴⁴

375g Mere Michel
Bacon



\$6⁹⁹

650g Butcher Selection
Button Bones



\$9⁹⁹

568-700g Selected Maple Leaf Prime
Chicken

FRESH. FRIENDLY. LOCAL



Deli



\$4⁹⁹

200-250g Main Street
Deli Smoked Meats



\$1⁸⁹
PER 100G

Store Sliced
Maple Leaf
Toupie Ham



\$2⁹⁹

175g Chris Brother's
Pizza Variety Pack



\$4⁹⁹

100-175g
Fantino & Mondello
Deli Meats

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From the Sea



\$3⁴⁹

330g
Land & Sea
Fish Cakes



\$10⁹⁹
PER LB.
\$24.23/KG.

Frozen
Atlantic
Salmon Fillets



\$9⁹⁹

700g
High Liner
Family Pack
Fish Sticks



\$5⁹⁹

Salt Fish Bits
Poisson Salée Morceaux



454g Land & Sea
Salt Fish Bits

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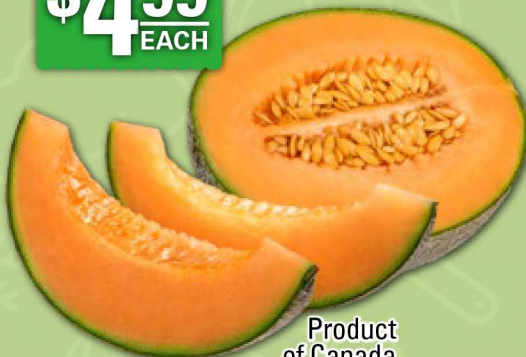
Fresh Produce

\$4⁶⁹
BUNCH



Product of Canada
Broccoli

\$4⁹⁹
EACH



Product of Canada
Cantaloupe

\$2⁴⁹



2lb
Product of Canada
Carrots

\$1⁸⁸
HEAD



Product of Canada
Iceberg Lettuce

\$5⁴⁹
EACH



Product of Honduras
Pineapple

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of US
Bartlett Pears

\$1⁹⁹
PER LB.
\$4.39/KG.



Product of Canada
Green Peppers

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of US
Plums

69¢
EACH



Product of Canada
Fresh Corn

\$3⁴⁹
PER LB.
\$7.69/KG.



Product of Peru
Minneola/Tangerines

\$2⁷⁹
PER LB.
\$6.15/KG.



Product of Canada
Zucchini



Dairy

\$2⁸⁸



250ml Scotsburn
Sour Cream

\$2⁸⁸



125g
Lactantia
Butter Stick

\$13⁹⁹



1.61kg
Becel Original
Margarine

\$2⁹⁹

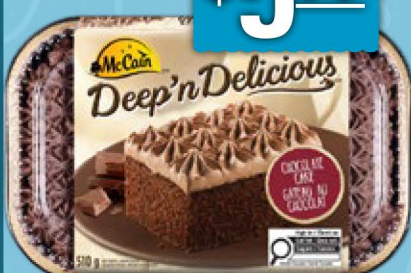


391g
Pillsbury RTB
Pizza Crust



Frozen

\$5⁷⁷



510g McCain Deep & Delicious
Cakes

\$4⁸⁸



16ct Kellogg's Family Size
Eggo's

\$4⁴⁴



477-664g
Red Baron
Classic or
Thin Crust
Pizza

\$6⁴⁴



638g Furlani
Garlic Texas Toast

\$11⁸⁸



1.19kg Swanson
Skillet Meals

\$4⁴⁴



2x90g Bonta Divina
Dessert Cups

\$3⁴⁴



750g Cavendish
Crispy Coat Fries

\$3⁴⁴



400-500g
Green Giant Valley Selection
Frozen Vegetables

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Bakery

\$3⁴⁹



12pk Golden Crust
Dinner Rolls



12pk Golden Crust
Touton Balls

\$4⁹⁹

\$8⁹⁹



Lemon Meringue
Pie

**Baked
In-Store**

\$2⁹⁹



3 Bun Homestyle
White Bread

**Baked
In-Store**

\$4⁹⁹



10pk Golden Crust
Cake Donuts

\$4⁶⁹



6pk Golden Crust Plain, Raisin,
Blueberry or Coconut Mandarin
Tea Buns

\$12⁹⁹



S'mores
Cake

**Baked
In-Store**

\$7⁷⁹



12pk Golden Crust Variety Pack
Cookies



STARTING AT

\$6⁹⁹

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**

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More Great Deals



2/\$5

591ml
Glaceau
**Vitamin
Water**



\$8⁹⁹

18x19g Nescafe
Sweet & Creamy
Sachets



\$4⁹⁹

110g
Pam
**Cooking
Spray**



2/\$4⁸⁸

128-142g Fresh Gourmet
Croutons



\$3⁸⁸

180g Selected Christie
Ritz Crackers



\$1⁷⁷

170g Dutch Baby
Thick Cream



\$16⁸⁸

1.5kg Family Pack
Pogo Sticks



2/\$14

12x355ml Aha
Sparkling Water



3/\$4

28g French's
Marinade Mix



\$2⁷⁷

400g Kraft Jet Puffed
Marshmallows



\$4⁸⁸

120g Clover Leaf
Crab Meat



2/\$3

50-55g
Kellogg's
Cereal In A Cup



\$4⁴⁴

76g Degree
Men's Antiperspirant



\$6⁹⁹

12ct Advil Extra Strength
Liqui-Gels



\$6⁸⁸

298-311g or 828ml Tresemmé
Hair Products



\$6⁸⁸

532ml
Old Spice
Bodywash

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Refreshments & Snacks

4/\$1



25g Voortman Turnover Singles

\$3.99



250-300g Humpty Dumpty Cheese Snacks or Party Mix

\$7.99



24x250ml True North Spring Water

\$5.88



456-492g Orville Redenbacher Popcorn Bowls

\$19.99



24x591ml Powerade Variety Pack

2/\$6.50



120-210g General Mills Cereal Bars or Nature Valley Bars

2/\$6.50



100-199g Quaker Crispy Minis or Rice Cakes

2/\$4



1.18lt Sunny D Tangy

2/\$8.50



205-300g Tostitos Tortilla Chips

\$17.88



12x355ml Budweiser Non-Alcoholic Beer

\$3.99



240g Old Dutch Pretzel Pieces

\$4.44



234g Sara Lee Little Bites Muffins

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Furry Friends

\$4.99



737g Pedigree MarroBone

\$6.88



6.4kg Arm & Hammer Cat Litter

\$19.99



7.2kg Alpo Dry Dog Food

88¢



85g Whiskas Pouch Cat Food

\$8.99



1.36kg Meow Mix Salmon & Chicken Dry Cat Food

88¢



100g Pedigree Choice Cuts Dog Food

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House and Home

\$3.77



7g Glade Small Room Freshener

\$4.44



1.2lt Lysol Multi Purpose Cleaner

\$6.44



828ml Palmolive Dish Liquid Pump

\$4.99



2.4lt Old Dutch Bleach

\$3.29



10pk SOS Pads

\$4.99



8ct Septo Bac

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Back to School

\$3.88



176g Kellogg's Rice Krispie Bars

\$7.99



24x500ml Aquafina Water

\$6.44



12pk Pringles Snack Pack

\$4.44



8-10pk x 200ml Minute Maid or Five Alive Juice Pack

2/\$4.88



4pk Snack Pack Puddings or Gels

\$4.44



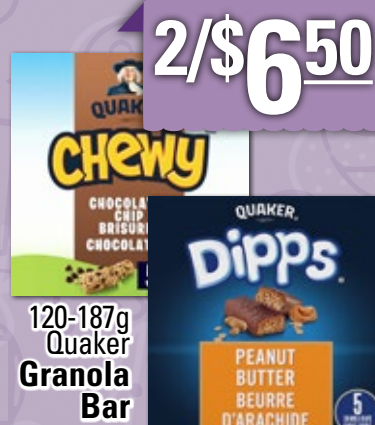
8pk Black Diamond Marble Cheestrings

2/\$6.50



128-226g Betty Crocker Fruit Shapes, Gushers, Roll Ups or Fruit By The Foot

2/\$6.50



120-187g Quaker Granola Bar

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